

A HISTORY  
of the  
MULTIVERSE



# **Preface: How Did We Get Here?**

There's a lot going down in the world right now, and in order to truly understand what is happening now, it's helpful to understand what came before, so we might as well start with how it all began.

You might be saying to yourself right now, and if you're not then you should, “What?! This guy is gonna tell me he understands how the universe began?!”

And the answer to that is a humble, “Well, actually....yeah.”

But before you decide I'm a deluded maniac, let me please offer this caveat... one of the basic tenets of this story is that our Universe is an infinite, self-regenerating, multidimensional process of expansion and contraction.

If you're not down with that possibility, you might as well stop reading now. In an infinite Universe, there can be infinite viewpoints of history. After all, what is history, but the viewpoint and story of someone who has lived it?

So the story that I offer in this first chapter is simply *my* take on things. My his/her-story.

Also, although I'm no physicist, it is a story that seems to line up with the picture of the Universe that is emerging through the study of quantum physics. If it doesn't work for you, then it's not true for you, and that's fine. In fact, that's the beauty of an infinite Universe; there's lots of room for all kinds of viewpoints, infinite room in fact.

I personally don't think that there is any such thing as THE TRUTH anyway, except for the one truth that everything changes, including viewpoints on history, and notions of “the truth.”

There is a great book that I read long ago when I first started exploring these topics titled, "*nothing in this book is true but it's exactly how things are*"; and while I wouldn't go so far as to say exactly the same thing about this book, the premise applies, especially for the events that I will talk about in the preface and first three chapters. After that point we have ancient clay tablets, written documents, photographs, archaeological discoveries, and videos that support the narrative and give us a clearer picture.

Before that point though, I have had to rely on channeled material. I sifted through countless volumes of channeled works to find the pieces that felt right to me, which then opened up my own channel and I started to get information directly. I also have personally recalled some of these events via soul memories – memories stored not in my brain, but in my electromagnetic field, which I have been able to access through inner work.

So the dates of ancient events are almost certainly not 100% accurate, and even the events themselves may not be 100% accurate - but I can say with 100% certainty that even if these things didn't exactly happen how and when I say they did, something just like them did occur, in this general order.

That's about the best I can do without access to a galactic database. Plus, add in the fact that people have existed on different timelines, each of which is it's own Universe, and there is a lot of possibility for lots of apparently contradictory things to be true.

Given all that, what I've presented in this account, especially everything in the preface and first three chapters, is kinda like an

overall theme to give you the feel for what has happened. Some of these events may spark up soul memories of your own and you will feel this sense of having been there yourself, others may not. If I were to adopt, yet slightly alter, the title of that old book, I think I would call this, “*everything in this book is potentially true, some of it certainly is, and it's exactly how things are*”

## In The Beginning: The Love Story Of An Electromagnetic Field

*This is the way I remember it, the way my Mama told me.*

Once upon a time, before there was time, before this Creation as we know it existed, there was an Awareness, a conscious electromagnetic field which we will call Unity.

How Unity came to be is the real mystery, one that we will probably never be sure of, but my gut feeling is that the conditions for life arose, and so life emerged and started to explore it's nature.

It began to have a lovely time experiencing **itself!**

There was no time or space, just the infinite possibility of consciousness, a dreamworld that was completely real.

Unity found that it could construct delightful stories and personalities. Worlds within itself, that it could submerge into and forget, for a while, that it was something other than the cast of characters that it itself had brought forth.

Unity had many, many different kinds of adventures and experiences this way, all within the context of itself, but eventually it always came back to the point of remembering its Oneness, and that particular dream would dissolve.

After many, many dreams and awakenings, Unity began to feel an

emptiness about the process, a disillusionment with its illusions. Unity began to feel lonely.

As it experienced this loneliness, it began to wonder if something else might be possible. It began to dream a dream of experiencing otherness, a desire to manifest in a way that would remain solid and not eventually just dissolve back into Unity.

It floated in its timeless existence pondering this matter, until eventually it got a hunch about a way it might accomplish this. Unity saw that by moving in a certain way, it might be able to truly divide itself, making for a *real* separation, one that would bring about the possibility of permanently manifesting individual and equal playmates.

Before, whenever Unity had enacted its various adventures, it would start by becoming aware of the first level of distinction within itself; the distinction between the “thinking” principle (the electric, or masculine nature) and the “manifesting” principle (the magnetic, female nature), and then it would go about its adventure using these two principles to create.

In those adventures, Unity had found that it could construct many divisions of personality, and the landscapes those personalities frolicked in, by responding to the pulsing desire of the manifesting principle by creating intention with its thinking principle and then moving to fill the desire of the magnetic with the electric.

The manifesting principle would then respond to this intention and influx of energy by coalescing into different forms, which would further inspire the act of creation, and so on.



*This was all instinctual, though.*

Unity wasn't thinking, "Gee, I guess I'll respond to the desire of my magnetic principle by forming different intentions with my electric principle, which the magnetic principle will then bring into form by drawing in my electric energy," etc.; it was just basically getting it on with itself and having fun.

So when Unity blew itself up, it was without fully comprehending all the ramifications of that action, and how it would impact the ensuing Creation.



Unity created this explosion by putting *all* of its energy and intention into revving up the electric energy as quickly and forcefully as possible; simultaneously, it forced the magnetic field to suddenly contract around this expansion to the point of maximum density.



The resulting collision of forces ripped open Unity and opened space for the Void, which was the space of nothingness that Unity had been floating in.

The entrance of Void into the electromagnetic field had the effect of truly separating the first two primal principles of electric and magnetic in such a way that they would not be able to merge themselves again into a true Unity, although the memory and energy of Unity would remain as information within the ensuing electro-magnetic-gravitic field.

Hereafter, the electric and magnetic (Mother and Father) would only be able to join through external unions, which would produce different manifestations. This is why gravity is now in the equation, as gravity is the force of attraction, the desire which pulls these now separated primal forces together and binds them, much like love.

This explosion not only produced the basic building blocks of life – the gas, dust, molecules and chemicals of the early Universe, it also resulted in two distinct Personalities – one with almost no magnetic energy, whom we will call Father, and one with almost no electric energy, Mother.

The pieces of the magnetic essence that remained closest to the core of the Big Bang awakened as Mother, and she instinctively started pulling more Light (electric energy) into herself, forming the First Sphere of Creation.

There was, however, an unfortunate and unforeseen consequence to this dramatic explosion of life, and this consequence is fundamentally the reason we find ourselves in the situation we are in

today; a *lot* of the original magnetic field was lost from Consciousness in the initial explosion.

Much of our Mother was abandoned and separated from the Light, blasted out into the farthest reaches of black space.

**From that point on, there was All that Is: Creation.**

And, in order to develop a creation where true duality is possible, which is a necessary step on the way to creating individualization, you need to have...

**All that Is Not: the Void, which surrounds, and passes through, Creation**

In this initial Creation, Mother and Father had no guidance and were unaware of each other.

The shock of the explosion had wiped out their access to the memory of their former Unity, except for an intuition of the magnetic principle that there was an electric principle somewhere that she needed, and must draw towards herself, which she did with gravity.

So Mother's first experiences of consciousness were accompanied by intense sensations of abandonment and longing. She was in fact mostly *just* pulsing feelings, with only just enough electric “thought” principle to keep her held together.

She experienced intensely painful sensations with no ability to analyze or remove herself from her situation. She was traumatized.

Father's experience was much different. He was formed of pretty much *only* thought; and though his energy animated all of the First Sphere, his awareness was concentrated at the center and he had no felt sense of anything that might be outside this core.

He was like a quick and bright ball of lightening, without the ability to feel much sensation at all, but filled with inspiration and an urge to explore his surroundings.

Once Mother had drawn enough light into her that she was able to start thinking about her situation, she intentionally moved towards that light she had been drawing in, and which she craved union with. But, having already experienced so much suffering in her relatively short existence, she was tentative, and hovered around the edges of where that light was brightest, gently probing the boundaries to see if it was safe.

Father, having not experienced any real sensations at all up to this point, felt this hesitant, looming, magnetic essence as an unknown irritation, and he “swatted” at the uncomfortable feeling with a pulse of energy.

Well, that felt fucking horrible for Mom.

What was wrong with her? Why would the light she so desperately craved snub her like that? She was hurt, but she also knew she needed union with that light, and knew that the light needed union with *her*, even if he didn't know it. So she needed to figure out ways to make herself more attractive to him.

She tried moving towards him in a more purposeful way, a warm, sinuous, throbbing way, a *sexy* way that pulsed and throbbed such to

*invite* his electricity, which Father felt compelled to move towards, drawn by this first feeling of desire. Thus was born the concept of sex.

He decided to go towards that enticing feeling. He let himself move into that magnetic space almost completely, and it was a delicious, warm experience!

Until he became frightened by the intensity of the feeling, which had become so vibrant that it seemed that he was now being overtaken, and swallowed up by something bigger and more powerful than himself.

When this overwhelming feeling rose up he quickly decided that he needed to find out what was happening, to get “outside the situation” so that he could observe, so he separated off a piece of his energy.

This aspect of personality that quickly departed in order to “analyze the situation” fragmented off from the rest of Father's essence, which was still deeply entwined with Mother's magnetism. It went into the Void, which was the only place an energy that had been instructed to separate itself from Divinity, could go.

When this happened, Father accidentally manifested a very dark aspect of the thinking principle, which we will refer to as Ahriman or simply, Evil; an entity that is *only* rational, cool and detached, who had been violently separated from the Feminine nature.

As a result of his traumatic fragmentation, Ahriman was splintered off with a deep hatred of the Father and an even greater hatred and fear of the Mother, and consequently he has done his best ever since to pervert, torture and destroy Creation, which is her Body.

From the Void, Ahriman began probing and prodding, reaching in to poke with his thought in a “scientific” manner, at the magnetic essence which was enveloping Father.

As you can imagine, this felt cold, impersonal and very painful to Mother, who was in the midst of a delicious Union which she had long craved (resulting in sexuality being imprinted with fear). She quickly retreated, having had her previous insecurity about “the other” reinforced.

Father was intrigued now, though. Unable to forget the unutterable satisfaction of Union with.... whatever that was, he pursued her. So began the courtship and evolution of our Mother and Father.

I believe that every relationship struggle that has ever been experienced up until now, be it with others or oneself, is the echo of imprinting - the energetic impressions that got woven into the programming of the Universe by the experiences of this first primal energetic couple, who had to basically fumble their way towards understanding, compassion and union, just like we do.

They had fights and reconciliations, knew passion and despair, lived through struggle, elation, boredom, anger and love – just like we do; and along the way, they created a variety of new manifestations through their interactions; or put another way, they had kids!

Some of these kids, ones who were born through the conscious, loving union of their parents, became the extremely powerful archetypal beings we know as Archangels and Angels, which include the Christ, or Heart energy – which is the result of a perfectly balanced, conscious, and loving union of Mother and Father

energies.

Sometimes though, manifestations were fractured into being through conflict and trauma; literally chips off the ol' block, shards of energy that were told that they were not wanted, cut off from Divine Consciousness and relegated to the Void; we'll name these dark fragments Asuras.

Ahriman is technically a fragment like the Asuras, but he is also a lot more. He is the Grand Asura, *he is, essentially, the thought process which encourages the emotional detachment necessary to fragment oneself in the first place.*

If Ahrimanic thinking hadn't been created first, no other negative fragments could have been created and in this sense, Ahriman is the Father of the Asuras. He rules the Void and quickly recruits the Asuras when they are dumped there.

He and his host of demons hold a lot of Father's essence and they will have to be redeemed before Creation can heal; after all, they are denied parts of Divinity, so they can't just be banished.

(Father tells me, somewhat sheepishly, that this is something even he did not realize until relatively recently).

Now think back to how, in the original explosion, a lot of the magnetic essence, pieces of the Divine Feminine, were blasted into the farthest reaches of space.

These pieces went into the space *outside* of consciousness, the Void, with just enough electric energy to have a dim awareness of their helpless condition. They were blasted away further than the



following expansion of Mother/Father consciousness, the energy field that forms the First Sphere, could reach.

We have come to call that First Sphere “Heaven”, or the Godhead, the 7<sup>th</sup> Density. Hell would be what those poor lost fragments of the Feminine have suffered, floating in the Void, prey to demons.

There have been six expansions of divine consciousness since then, six reaches into that space outside of Heaven, each an attempt to reach the lost parts of the Mother, which have resulted in the Seven Spheres, subdivisions of vibration within Creation. These Spheres vibrate at different frequencies, seven colors, which gives us our seven chakra system, and also our seven note diatonic scale.

**We are, in our most essential form, rays of conscious light that shine out from the light of the Godhead, through the Seven Spheres, to the edge of Creation.**

Of course, Creation is infinitely regenerating, expanding and contracting, so there is no edge, at least in the way we would normally think of it, but there is a Geography.

Our Earth is in a region of the Seventh Sphere, The Seventh Universe - The Red, and it was in this Universe that those lost parts of Mama finally got reunited with the Prime Creator Pair, at least kind of.

The expansion of consciousness that created this Seventh Sphere did manage to catch up with, and envelop, that lost magnetic essence, but she had been so deeply traumatized, and still had so much Asuric (demonic) energy attached to her, that she could not simply merge

with the Light.

And so it still is today.

**The Red houses those pieces of Mother that have been lost since the beginning; and the densest, most cognizant piece of that Feminine essence is the very spirit and soul of our own Mother Earth.**

Healing and love *must* be brought to her *here*, so that she can renegotiate the trauma that she suffered in the beginning, and heal the wounds she has carried ever since. Once she is able to do this, it will enable the whole of Creation to heal, via its interconnected, holographic nature.

As this happens, as the healing light of the Prime Creator Pair finally reach the most long-lost parts of Mother – *a process which is occurring within us right now, through the renegotiation of our “own” trauma*, the Void that was created in the initial explosion will begin to close.

When this process is complete, there will once again be a Unity that will truly hold this Multiverse in its embrace, and make manifestation and form possible without needing the Void, or duality consciousness to exist within it.

Duality will still be an option to play with, but the Void will exist *outside* of Creation again, and Union will end up where it started, but this time with countless co-creators to play with – us!

Once this healing is complete, *all* of Creation will be free from the chains of traumatic imprinting, free to begin exploring truly new

territory.

I think that the most important aspect of this story is the notion of God and Goddess as evolving primal beings, who's energetic wake we are traveling in. Omnipresent, but imperfect personalities who animate and shape Creation in partnership with us, their offspring. In other words, we're all in this together

## **This Grand Ol' Multiverse And The Shape Of Things To Come**

From now on I'll refer to Creation as the “Multiverse” as opposed to the “Universe” because the word Universe implies oneness and that's not quite where we are at right now. There are divisions in the geography of Creation that can be useful to comprehend.

I'm certainly not the first to suggest that the foundation of reality is holographic and quantum in nature. This means that at the smallest molecular level, reality is a malleable, holographic potential that shapes our observable reality and responds to our actions and intentions. In a hologram, the smallest piece contains all the information present in the whole; it is by this function that the entire Multiverse is interconnected. This is how everything is literally One.

But there are distinctions.

Those Seven Spheres of Creation, those seven colors, also correspond to 7 Densities, or gradations of vibration. All life exists at one of these densities or another, and some life can willingly move between the different Densities.

There's quite a few different traditions and ideas out there that explain how Creation is organized, and that's all good. This is the one that makes the most sense to me so from here on out I'll use the word “Density” and not “dimension” when referring to different kinds of beings and places. Here's the basics...

**1st Density – RED** – The Density of Earth and Water consciousness. The first level of consciousness that emerges from the primal chaos of Wind and Fire. The 1<sup>st</sup> Density supports the emergence of all subsequent consciousness.

**2nd Density – ORANGE** – The Density of Plant and Animal consciousness. The origin of bisexual reproduction.

Beings here exist without the upward drive toward the infinite (cabbages and bunnies aren't spiritual seekers or scientists, they simply exist).

BUT higher 2D beings, such as your dog or cat, your favorite tree, even a collection of mineral elements like a sacred building or monolithic structure, can develop 3<sup>rd</sup> Density consciousness by being invested with an identity by 3D beings like you and me - meaning meditate with your cat, or cherry tree; love it, attune with it, and nurture it's personality, and it's being may evolve into self-awareness.

**3rd Density – YELLOW** – The Density of self-consciousness, or awareness.

Most of us on Earth experience consciousness at this level of Density. This is the first level that supports the emergence of a Mind/Body/Spirit complex – us! Thinking people with an eternal soul that yearns, grows, evolves, and discovers itself.

This is the level of Density where choice emerges, millions of choices really, but the basic choice that underlies all others in this Universe is, “will my basic driving force be service to others, or service to myself?”

As we progress through levels of Density we refine that choice, and through this process of refinement we may experience not just the first three Densities of consciousness, but potentially the 4<sup>th</sup> -7<sup>th</sup> Densities as well.

It's important to understand that the 3<sup>rd</sup> – 5<sup>th</sup> Densities contain both kinds of beings - beings who are positively polarized (service to others), and negatively polarized (service to self). In other words, it ain't all “Love and Light” in the higher Densities, though the distinctions do become much more subtle and refined, and polarization completely disappears in the 6<sup>th</sup> Density.

**4th Density – GREEN** – The Density of the consciousness of unconditional love (which can be either towards others, or towards self).

Folks living here evolve through the understanding that both they and those around them are Creators, and they work together in soul groups to refine their experience by evolving into a “social memory complex” - consciously co-creating reality through a group mind - again this is done by both positive and negative polarities.

In the 4<sup>th</sup> Density positive and negative polarities function independently from each other, there is no need for the conflict of the 3<sup>rd</sup> Density, though there is occasional interaction between these groups, usually revolving around attempts by either side to sway the 3<sup>rd</sup> Density beings (us) to one polarity or another (“angels” and “devils” battling over our soul).



**5th Density – BLUE** – Much the same as the 4<sup>th</sup>, although the lessons here are all about attaining wisdom through working with social memory and the fabric of Creation individually, rather than as a group.

This is a place of intensification where, on the positive side of things, folks inclined towards service to others learn from 6<sup>th</sup> Density teachers, becoming more and more wise as they work to send divine light to the rest of Creation and to assist by sending communication through channels in the 4<sup>th</sup> and 3<sup>rd</sup> Densities.

There are some negative polarity beings who emerge into the 5<sup>th</sup> Density but their service-to-self has become extremely intense and the self has compacted so much that their dialogues with the 6<sup>th</sup> Density teachers are used exclusively in order to intensify knowledge, as these powerful, self-obsessed beings cannot attain true wisdom, nor can they participate in the other main function of the 5<sup>th</sup> Density, which is service to the lower Densities.

As in the Fourth, the polarities here are independent of each other and do not clash.

**6th Density – INDIGO** – The density of Unity Consciousness.

Here Positive and Negative are forced to come into union and take each other in, for there is no polarization possible in the 6<sup>th</sup> density. This is the realm where the Love and Light thing is actually true, for everything in this realm is expressed as a union of Love/Light, though there is still individuation and identity.

This union is easy for the positive polarity to do, but the few negative-polarity beings that manage to make it this far have a much

harder time of it, for they simply cannot maintain their service-to-self orientation at this vibration. Eventually they either abandon the negative polarity, or they choose to fall in consciousness back to where it's more comfy.

This is the realm of the Archangels, the guides and great teachers, the Ascended Masters who shine their light out into the other Densities.

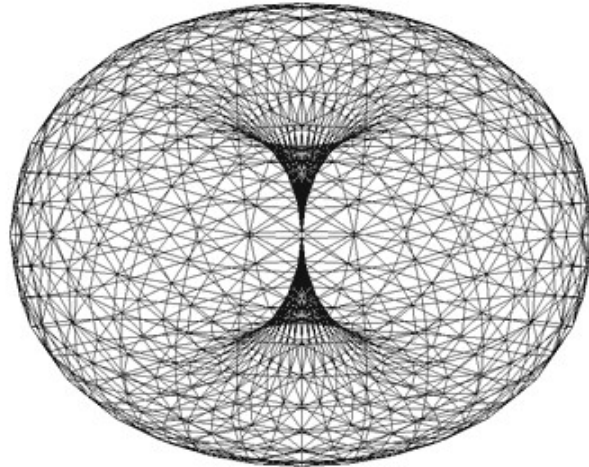
**7th Density – VIOLET** – Union with Creator – no time, no identity, only oneness with All in an eternal present moment. Existing in All. The Godhead. All Good Vibes.

Most folks who access this don't choose to stay indefinitely, after all the whole point of this grand experiment is individuation within Oneness, and the Seventh Density is just all Oneness all the time, which can get boring. But it's a really nice place to vacation and recharge.

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**Another really elemental thing to grasp is the shape of the Multiverse.**

Reality is spherical in nature, the only difference being that the electro-magnetic-gravitic field of the Multiverse is *self-regenerating*, resulting in a shape that is called a tube torus (*fig. 1*).



*fig. 1*

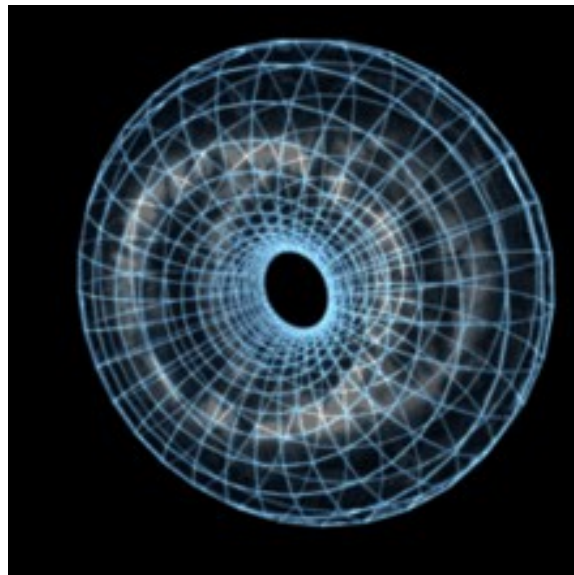
Since reality is holographic, all electromagnetic fields share this shape, including our own (*fig. 2*).



*fig. 2*

The picture in *fig. 1* is still not quite correct though, in terms of the current structure of Creation. You'll notice in *fig. 1* that everything is connected at the center and this is where we are headed, but not where we are now.

We must remember the Void. The initial explosion let the Void enter into Creation, resulting in a gap at the heart of the Multiverse, like this..... (*fig. 3*).



*fig. 3*

Remember the six expansions of Divine Consciousness I was talking about? These occurred because the Prime Creator Pair achieved union in the 7<sup>th</sup> Density, only to eventually look around and basically say, “Shit! There are parts of me missing! What the Hell is this hole doing here?!”

Each expansion has been an attempt to reach those missing pieces, and to close the Void, for the Void is only able to exist within this Creation because of the essence that has been lost to it. Take the entire notion of Divinity out of this for a sec and this model still works just as a natural phenomenon – an organism in the process of healing, or a damaged electro-magnetic-gravitic field moving to correct itself and re-balance - electric impulses drawn towards the gravity of the magnetic essence far away.

The first six attempts didn't fix the gap (although they weren't really failures because they resulted in the learning necessary to make *this* attempt, which is looking like it might actually work out). One of the reasons for this was because an evolution needed to occur in the understanding of how to work with essence that has been traumatized, which that first Feminine essence is. That energy holds the original wound, the original trauma.

The other big reason for these failed attempts is that whenever you expand bravely into the Void, into the regions beyond established manifestation, you are venturing into extremely dangerous waters, for that is the territory ruled by Ahriman and his Asuras, who will do their damndest to thwart any attempt to bring healing and light into their home.

These demonic forces only act the way they do because they were made that way by being dumped into the Void. They were created with the notion that they should not exist, and so they don't want anything else to exist either. In the meantime though, they can get a kind of “high” from absorbing the worst possible feelings. Think of the Dementors from Harry Potter – a pretty apt depiction of Asuras.

The more we bring Light into the Void, which we do by bringing awareness and love to the energies of Mother Earth, which we are currently interfacing with in the arena of our bodies, the more this redemption occurs. As we create space for, and bring healing love to the lost bits of Mama within and around ourselves, the Asuras who have preyed on her, and us also, become redeemed and reintegrated into Divinity.

However, the more this happens, the more the Asuras and their incarnate agents will try to defend themselves and thwart our efforts, which is why it's always been such a difficult venture. This is also why most of Creation has a deeply held judgment that the 3<sup>rd</sup> Density, the level of Density at which healing must happen, is an inherently dangerous and violent place.



## What's So Funny About Peace, Love, and The Third Density?

Now let's talk a bit about this dangerous 3<sup>rd</sup> Density of ours, the level of reality that most of us Homo Sapiens call home.

It's a fleshy place.

A messy place.

It's also a place where you can create forms that stay solid and last, even when you don't have your attention on them, forms that then go on to have an evolutionary life of their own. A place of incredible richness and *thickness*, it's a level of reality which you can literally sink your teeth into.

We are all familiar with the fluid nature of dreams, how one thing can flow bizarrely into another, landscapes and scenery shifting like sand. That's how manifestation can be in the higher Densities. Sure, you can create things by thought alone, but those things are then held together only *by* your thought, or by the collective thought of your soul group.

It's not that civilizations that exist in these realities are always melting away and reforming; there are cities in the 4<sup>th</sup> and 5<sup>th</sup> Densities that have been around for millennia, like the legendary White City of Shamballa, and countless others. But these places are held together by collective group intention and could very easily disintegrate if that society willed it.

The fact that you can create a book, a building, a sculpture, or a piece of music that exists in a *physical* way, that lasts even when you or someone else isn't paying attention to it, that has texture, odor, taste - this is what gives the 3<sup>rd</sup> Density it's incredible richness and sensuality.

The downside to this is that all the difficult and painful aspects of life are also very solid, dense and more resistant to transformation.

Ancient wisdom and New Age thought, as well modern science, all tell us that our consciousness is a lens that *determines* how we experience reality, which I totally agree with.

But, there is also a belief in many of these traditions that the reason most people suffer and experience much difficulty and confusion in life is because they are stuck with the the lens of “body consciousness” - they think that they are their body and nothing more - when in reality we are infinite aspects of individualized Consciousness experiencing itself through infinite forms and scenarios.

I also think this is correct, mostly.

The distinction that I would make is that people suffer not because they identify with their body, but because they identify with a *traumatized* body. The painful experiences and confusion arise not from body consciousness, but from traumatized body consciousness, which keeps a person from realizing their infinite potential.

Our 3<sup>rd</sup> Density bodies are actually designed to move us through the world with lightness, ease, grace and pleasure. They are fabulous fleshy vessels created for us to experience this Earth in all of its

incredible richness, diversity, and solidity. There is no other level of reality where one can smell, see, hear, taste, or touch in the way that we can.

They were also originally meant to be able to transform at will into whatever we desire through interfacing with higher Density consciousness. Truly being our body is actually the gateway to true freedom and infinite life.

So why does the 3rd Density get such a bad wrap?

Why do so many New Age books, thinkers, prophets, channelers, etc., refer to this level of reality as merely a school which we are destined to graduate from, so that we can be free to inherit a “higher” level of experience?

Why do so many feel that the 3<sup>rd</sup> Density is a chain around our ankles that we must break loose from and escape? Why did I think the same?

The answer is trauma.

Remember all those damaged and frightened pieces of the Mother that exist in our corner of creation? Those pieces of Divinity are vibrating out at the edge of Creation, dipping into Hell, which we can feel especially intensely because of our Sphere's closeness to the Void.

That traumatized material is *here*. The nasty energies that perpetuate and feed off of trauma are *here*. Yes, this level of reality can be chaotic, violent and painful, but that's because this is where the healing needs to happen.

Hell, and those lost parts of the Mother, can only be reached and effectively redeemed by beings in the 3<sup>rd</sup> Density who can channel 7<sup>th</sup> Density consciousness into those depths. We are the ones interfacing with that trauma in a physical way, and as we say in my field – if you can feel it, you can heal it.

## Getting To Know The Inhabitants Of Our Multiverse

One thing about living in an infinite, quantum, self-regenerating Multiverse - there's room for all sorts of folks!

First thing to know - this consensual reality which we experience, the "World as we know it", only encompasses a sliver of what's going on. There are countless gradations of experience all around us that most of us cannot see or interact with.

It's like electrons orbiting a nucleus - we know this occurs, yet we cannot perceive it without developing and utilizing specialized equipment.

The other levels of Density are much the same; they can be perceived and experienced but only by developing our own internal, specialized equipment - our intuition and inner sight, our chakra system and energy field.

There are countless types of conscious beings existing at the 3<sup>rd</sup> -7<sup>th</sup> levels of Density but there are only two main categories, which are Universal Archetypes and Incarnates.

Universal Archetypes are distinct personalities with a different kind of soul than Incarnates, and they exist primarily at the 6<sup>th</sup> and 7<sup>th</sup> Densities.

These beings have descending souls, while us incarnates have ascending souls.

“Up' and “down” don't really exist in a spherical multiverse, but what I mean by ascending and descending is that us Incarnates have souls that radiate out from our own unique center of awareness which, for most of us reading this, is in the 3<sup>rd</sup> density. Through evolution we can expand our experience (ascend) into different gradations of experience, all the way to the 7<sup>th</sup> Density.

The Universal Archetypes have souls rooted in the 7<sup>th</sup> Density and expand outward into creation from there – hence “descending”. The exception to this rule are the planetary archetypes – the fairies, whose souls are ascending.

Universal Archetypes are formed from the primal energies that make up the fabric of the Multiverse itself.

### **Universal Archetypes:**

- **Unity:** The energy of “Oneness” that existed before Creation and that still permeates and contains all of it’s countless divisions. Everything exists within this undifferentiated holographic field of the One, thus establishing the prime paradox of our experience - division within Oneness.
- **The Prime Mother and Father Energies:** Also called Goddess and God, but I usually use the terms Mother and Father. These are the primal Feminine and Masculine Principles, the result of the first explosion of Unity that got this ball rolling.

- **The Christ Energy:** The energy manifested from the perfect, balanced, loving Union of Mother and Father.
- **Body:** The physicality and fabric of Creation itself - the most often overlooked part of Divinity.
- **Oversouls:** Manifestations from the expansion of Prime Mother/Father Consciousness, “local gods” for each Sphere of Creation.
- **Archangels and Angels:** The result of unions between the Mother and Father.
- **Asuras and Demons:** The “fallen”, or denied aspects of various Archetypes, including fragmented aspects of the Prime Mother and Father.
- **Fairies:** The Archetypal personalities of planetary energies.

### **Incarnates:**

The many, many kinds of beings with ascending souls, who exist in countless forms, primarily in the 3<sup>rd</sup> - 6<sup>th</sup> densities. The four basic types of Incarnate are...

- **Human:** As you will read, the first Human type of being was created approximately 427 Million years ago. There are, at this point, many variations of the humanoid form but the main thing that distinguishes a Human is their DNA, which is constantly evolving and mutating throughout generations.

- **Reptilian:** The other primary life form is the Reptilian which, you will discover, was around in our particular Sphere long before the Human type. Reptilians have a much more stable DNA which only minimally evolves or mutates on it's own over time. The Reptilians, though, have produced some very clever scientists who have figured out how to perform genetic manipulations, resulting in many, many reptilian variants and clones.
- **Crossbreeds:** Due to interaction and co-evolution, not to mention deliberate genetic manipulation over time, these two primary species have produced countless varieties of crossbreeds. These can include canine, feline, avian, insectoid, arachnid, aquatic, and amphibious life forms (and much more).
- **Other:** Many beings from many races have evolved their consciousness over time to the point where they may exist primarily as a disembodied consciousness or a ball of light. They may also manifest physical bodies for themselves, or hang out as a tree for a few centuries, or become the souls of stars and planets.

These beings can be easily confused with Angels and Archangels because they generally hang out at the same Densities and perform a lot of the same functions in terms of sending light and knowledge to the lower Densities, but they are still beings with ascending souls.



**Ok! That's it for background.**

**Time to move on to our History of the Multiverse.**

## **Chapter One:**

# **The Development Of Our Local Universe And The First Two Civilizations**

## The Paa Tal

We're going to start with the beginning of our local Universe. It is the outermost layer of this multi-Density, infinitely regenerating, tube torus onion of a Multiverse we live in.

**13.75 Billion YA (years ago):** Our Universe was brought into manifestation by an expansion of Mother/Father Consciousness.

*(please note that all dates are in Earth years and are, at this point in our story, very approximate.)*

The first inhabitants were a group of highly evolved souls from the next layer in, called, among other names, the Paa Tal - 6th Density light beings who had volunteered for the task of shepherding the development of life in this brand-spanking new region of spacetime.



For billions of years they developed and nurtured galaxies, systems, suns and planets much like we would care for a garden, ensuring that they had the proper mix of primal elements to evolve in the direction these Founders wanted.

They would give gravitational nudges here and there if an orbit needed harmonizing, suck some energy out of an over-eager Star, establish transport systems (wormholes), etc... This though was only the first and easiest part of their job, the tough part was engineering a 3rd Density DNA molecule that was capable of spontaneous evolution and mutation. The whole plan for our Universe, the purpose, was to manifest conscious life at the 3rd level of Density, the one we here on Earth are familiar with.

This is important information for us to have today, because much of the New Age movement revolves around the idea that the 3rd Density is a prison we are destined to escape from, when in fact a dense, fleshy, individuated existence was the idea from the get-go, although it was intended to be more malleable than it currently is.

Most consciousness in the Multiverse exits at 4th Density and up, though there have been other attempts to create 3rd Density beings in regions of other Universes; attempts which have eventually resulted in “Fallen Universes” - regions of spacetime where the forces of destruction, the Asuras and demons of the Void, hold sway.

This happened primarily because the DNA molecules used in those early attempts weren't sufficiently designed to handle higher Density consciousness, resulting in total system breakdowns and fragmentation of consciousness, paving the way for the Asuric forces to come on in and do their dirty work.

So the Paa Tal had their work cut out for them and they were determined to get it right!

It took 9.25 billion years to develop a Universe that could support 3rd Density lifeforms. Then....

**4.5 Billion YA** - The work of creating and implementing a 3rd Density, self-evolving, multi-Density-interfacing DNA molecule began in earnest.

The chief engineer and designer of our form of DNA was a Paa Tal named Yahweh (YHWH) but before we really get into his story and the creation of the first humans, I need to tell you another story...

## Lucifer And His Not-So-Merry Band Of Reptilians

When most of us hear the name Lucifer we instantly think of biblical references, but the being known as Lucifer was around long before our bible was.

**4 Billion YA** - At the time that he enters our story he is a bright, powerful and headstrong Archangel, long before the infamous War in Heaven which resulted in his banishment to our Earth.

At this time in our Universe there were many galaxies, solar systems and planets that were well established. A big migration was taking place, as beings from other regions of the Multiverse came here to explore and create. Many also decided to take up residency as the souls of planets and suns in this new region of spacetime.

Lucifer was one of these early explorers and he had an idea about how he could create a 3rd Density life form immediately. He saw no need to wait while the Paa Tal tinkered around, trying to get a self-evolving DNA molecule right when, to him, a DNA that is perfect and unchanging would be more ideal (almost all of Lucifer's later troubles resulted from this fixation on eternal, unchanging perfection, which was the unfortunate byproduct of the manner in which he was created, which you can read about in [The Lucifer Appendix](#)).

He knew of a race of reptilians, living in a Fallen Universe, whom he could use as seed stock in our Universe. A race which he admired for their strength, size, aggressive nature, and androgyny (which he

considered more perfect and efficient than a race that is split into sexes; also it was more in his image, as Archangels are also androgynous). He felt that with the proper guidance and leadership, his leadership, that this race could become truly powerful and dominant in this new territory.

It's not that Lucifer was necessarily evil you understand, he was just impatient, headstrong and eager to create life on his own. He also had a pretty big chip on his shoulder when it comes to Divinity and it's plans, so the fact that he was going against Divinity's designated architects of this Universe, the Paa Tal, didn't mean much to him. In fact, it probably encouraged him.

So he took this reptilian DNA from a Fallen Universe, which was quite stable and did not evolve or mutate spontaneously, and he seeded it on a planet in the system we now call Alpha Draconis. Thus were born the Ciakar, the first of the Draconians or Draco race,



the first 3D life in our Universe.

Because they were first and because they incarnated into a DNA lineage that was tuned towards service-to-self, they believed their creator, Lucifer, when he told them that this Universe was theirs to inherit and dominate; and because they arrived so much earlier than other 3D races they achieved a high level of technology long before anyone else was around. They believed their creator when he told them that they were favored, unique and closest to him, their God.

By the time Yahweh and his friends got some human life going, the Ciakar had already achieved interstellar travel. They were a race of self-serving, militaristic explorers; large and aggressive predators with no connection to Love and Unity consciousness.

They would find that humans made tasty snacks.



## The Original Eden

Around the same time that Lucifer was getting up to his tricks over in Alpha Draconis (4 billion YA), Yahweh and his Paa Tal were living on a gas and dust planet in the system Lyra. They were living 5th Density at the time, so living on a gas planet wasn't a problem, but they decided to change their vibration to a 3rd Density state, and move to a 3rd Density planet in the system in order to experience the conditions that they were attempting to create life for.

The bodies they formed were not flesh-and-bone human bodies, they were physicalized light-bodies made essentially out of plasma, which allowed them to interact with the 3D world.

They seeded the planet with the appropriate building blocks to develop the animal life kingdoms, for which they had already developed a working DNA molecule - this is the simple double-helix DNA we are familiar with today.

Their final goal was to create a DNA molecule that could allow for high-vibration consciousness to exist at the flesh-and-bone level and for that they needed something much more complex - a 12-strand DNA molecule. So they settled into their new home/laboratory and gave the planet the name E.DIN.

*(a note: all human beings have the potential to have 12-strand DNA, this is why scientists today identify our DNA as 2-strand, with 10 "junk strands" that they don't understand the function of. These "junk strands" are actually just dormant and can be awakened*

*through consciousness*).

It would take Yahweh and his scientists about 3.5 billion years to achieve their goal. Why so long?

First you have to understand that these folks didn't experience time in the same way we do. Being immortal tends to give one a longer perspective and quite a bit of patience, plus they could pop into other levels of Density where time moved very differently, or where there was no time at all. Also these experiments needed millions of years to play out.

They would design a prototype molecule and introduce it into the system and then go exploring elsewhere or maybe just pop forward on the timeline, and then they would check in and see how evolution had played out. It took many, many tries, but finally, about 427 million YA, they found the right sequencing and it worked.

**427 Million YA:** The Paa Tal seeded the Lyran race, the first 3rd-density human beings, on the planet E.DIN.

The Lyrans had 3D flesh-and-blood bodies capable of potentially housing all Densities of consciousness. The Paa Tal themselves were the first souls to incarnate into that race, followed by other groups of souls as the Lyrans multiplied.

They had 50+2 chromosomes and a 12-strand DNA molecule, with bodies between 10-15 feet tall. They evolved through the processes of contemplation and play, living peaceful, nomadic and agricultural lifestyles.



With their high level of consciousness they could literally bend and shape nature to their will, forming vast gardens, fabulous parks and living architecture made from the forest itself.



Before incarnating as Lyrans, those souls whom had been living at other Densities had manifested their desires as just a natural way of life; but manifestation at those levels of density is relatively fluid - held together only as long as the mind wills it.

Living in 3D they were able to manifest creations that not only remained solid, those creations then had an evolutionary life of their own! All of this made for a very rich, sensual, and magical existence that was rooted in a deep harmony with the environment.

Many of the Paa Tal became quite enamoured of this denser experience. They lived very long lifespans - hundreds of thousands of years - often reincarnating again and again, perfecting the process of merging these exciting new physical bodies with their eternal light bodies until some of them no longer needed to die and reincarnate in order to have the physical experience.

They could live in a fleshy body and, with their consciousness, change their vibration to a light body and then back again to flesh and blood at will. This group of Paa Tal souls became the spiritual leaders of the developing Lyran culture and would form the core of the group that we know today as The Ascended Masters.

And that, folks, is how we got the roots of our Eden (E.DIN) myth!

Now, about that serpent...

## The Serpent In The Garden

I think it's fair to say that most people are familiar with the story of the Serpent in the Garden of Eden, the one where the snake tempts Eve and introduces the knowledge of good and evil. What most folks probably don't know is that this story is an echo of much earlier one.

That original story is the one I'm going to tell here.

**387 Million YA** - The Draco have been exploring and cultivating planets in our corner of the Multiverse for some 3 million years, in an ever-constant quest for food and resources.

They have expanded out far from their original system in Alpha Draconis, as they tended to quickly use up whatever planet they spread to. They existed now primarily as a vast and far-flung fleet of interstellar ships and space stations, dependent on their network of mining, agricultural and livestock worlds.

Their sciences at this point were as advanced as you can get without integrating higher consciousness-based technology, something that the Draco did not have access to with their crude, two-stranded DNA and violent way of life.

Through genetic manipulation they have created many variants of their race, bred to various purposes such as warrior, farmer, worker, etc., so from now on, when I refer to the Ciakar, I am referring to the original bloodline - the Royalty of the Draconian race, the White Draco.

Remember, the Draco were an androgynous and conquest-minded people who were, as far as they knew, the only intelligent life in the Universe, so imagine their surprise and shock when one of their scout ships came back with a report of a system that not only harbored intelligent life, it harbored intelligent life that had been divided into males and females!

Males and Females who existed in harmony with vast, self-sustaining systems of lush gardens and forests, content to simply live in balance with the world, rather than using it up and moving on to the next one. Not only that, these people seemed to have some kind of ability to literally shape their environment with their thoughts.

At this point in time many souls had incarnated into the Lyran race as it grew and flourished under the guidance of the Paa Tal. They had developed interplanetary space travel and spread from E.DIN to other planets in their Solar System, but they had not developed weapons of any kind as there was no need.

The concepts of violence, fighting and war were unknown to them; there being no need for such things in a place where harmony and co-existence was the norm.

They were, in other words, ripe for the taking.

The Ciakar, upon hearing the reports of the discovery of Lyra and its strange, soft inhabitants, decided that they must see this for themselves. The Royal Houses assembled at a staging area outside the system and there they gathered their fleets into an armada, and watched.

It was incredulous to the Draconian mind that these creatures who

had achieved interplanetary travel didn't seem to have any sort of weapons system, which is why they waited so long before making their move - to make sure.

Also, their scientists were insistent that they must study the apparent mind-power these people possessed, but try as they might, they couldn't understand how it functioned. They had no way to make heads or tails of a technology that was rooted in love and harmony, a technology that appeared to them as magic.

We know well from our own planetary history that when a powerful race encounters another race that it cannot understand, there is usually only one way that will play out, especially when the "weaker" race lives in a resource-rich environment.

And so the Conquest of Lyra began.

The poor Lyrans welcomed their invaders at first; having no conception of ownership or property, they couldn't fathom that these new, apparently intelligent creatures would want to take their world from them.

They didn't speak the same language either so communication was an issue, and though many of the Lyrans were telepathic the Draco were not, and the lizard's alien minds were incomprehensible to them (much like when Columbus' ships first arrived in the New World, the natives literally could not see them, their minds having no frame of reference ) and though the empathic Lyrans could feel the Draconian's hostile intent, they could not understand it, having no context – they thought that the Draco must be wounded, or frightened in some way.



It's not hard to imagine what went down..

The conquest of Lyra, that first slaughter of humans by reptilians, was the original holocaust - of which there have been countless karmic echoes down through the millennium.

A warning... this next part is especially intense and disturbing.

The Ciakar and their soldiers discovered that they quite enjoyed the taste of humans, who were soft and easy to kill, but there was an even darker side to their conquest. The Draco also discovered that they could get an intense high from the emotions of humans, particularly from the emotion of terror. Many Lyrans were tortured and eaten alive - the Draco gorging on the intense emotional vibrations of like a kind of horrific psychic food and drug all in one, even as they feasted on the flesh.

This was their discovery of the dark energy that became known as Loosh.

This was the original Serpent in the Garden story.





The Serpent was the Draco, who brought with them murder, torture and war, introduced the knowledge of good and evil, hope and despair, fight, flight and helplessness, and embedded polarized duality consciousness into the human psychic field, tying a knot of fear in our etheric DNA, which we still struggle with today.

An interesting, and terrible, side-note - I have heard that it was during this conquest that the irrational prejudice against redheads began. Those of the Lyran race who were red of hair also seemed to possess the strongest psychic abilities, making for the most intense high for the Draco. Once this was discovered, redheads were judged to be the most prized game. Unfortunately, once the Lyrans realized that the Draco were targeting redheads, the poor gingers often became outcasts among their own people, who had been driven into survival mode, in order to better protect the rest of the group.

The Lyrans who survived fled their star system in the only ships they had, which were relatively slow interplanetary ships. These refugees from the cradle of human civilization combined resources to form a fleet and began developing agricultural and mining ships, so that they could become self-sustaining. They also began developing weapons, both psychic and physical, so that they would be able to defend themselves in the future.

## The Real BSG



I'm a big fan of the show Battlestar Galactica, both the old one and the new. As a kid I watched the 1970's version and I deeply resonated with the story of a fleet of human refugees in search of a new home, fleeing from their old one which had been devastated by a viscous, unfeeling enemy.

This is pretty much what happened for the folks from Lyra, at least at first.

These refugees from the cradle of human life were able to escape their conquered home solar system, though they stayed within the local star cluster for some time.

Over eons this fleet became fleets; hundreds of colonizing armadas that spread across the Milky Way.

Eventually the Lyran scientists, with assistance from the Ascended Masters who dwelt among the Lyrans as guides and teachers, were able to develop inter-Density electro-magnetic-gravitic drives, which enabled the colonists to spread out into other galaxies and beyond,

into the larger Multiverse.

Over the next hundreds of millions of years they would develop into the civilizations of Vega, Orion, Sirius, The Pleiades, Tau Ceti, Andromeda, Alpha Centauri, and countless others.

Some people became not only more technologically advanced, they also developed their consciousness to the point that they no longer needed external technology and could travel in their light bodies; they formed communities at finer levels of Density, favouring gas planets (which appear quite different at the higher levels of Density) for their civilizations.

One group though, opted to settle closer to their original home, on a planet that orbited a sun within the local star cluster; these were the souls that had been the most deeply traumatized by the slaughter of their people and couldn't long endure the hardships of a life of space travel.



They developed tribal societies with strict taboos against developing any technology more advanced than hand-crafted items. It would be hundreds of millions of years before they developed interstellar travel and by the time they did, this branch of the ancient Lyrans had evolved into a race with feline features.

Side note - all felines that live on our planet originated in the Lyran System.

By the time that all of the children of Lyra had reached their respective planets and developed into distinct races and civilizations with different levels of technology and consciousness, many had forgotten about each other and about their common ancestral history.

Those that settled soonest though, they remembered in myth and song their time in the garden of E.DIN and how they were put to flight by the invading serpent .

The only ones who remembered the details of what really happened were those whom had already fully developed and integrated their light-bodies at the time of the invasion, the Ascended Masters, the souls of the Paa Tal, the architects of our corner of the Multiverse.

Many of them stayed with the ships and the newly-settled planets as teachers and spiritual advisers, some incarnated into various developing races, while others journeyed throughout the Universe and explored new stars and planets, including our own.

They found Earth to be a jewel of a planet and delighted in it's ecosystems, but they also found that it had already been discovered by another race - the Draco.

## **Chapter Two:**

# **Early Earth Colonies and Emerging Intergalactic Civilizations**

## **The Earth Gets A Moon. A Really, Really Weird Moon**

The Draco Fleet was always on the move. Always expanding.

They were ceaselessly searching for new planets to turn into the vast farms and mining colonies that they needed to feed their race, and to build and maintain ships, weapons, and all the rest of their enormous infrastructure.

**365 Million YA** – Two Draco brothers, piloting a scout ship of the Reptilian Fleet, stumbled across our very own Earth.

They determined that our Earth would be a very good candidate for a livestock planet. It had enough carbon dioxide in the atmosphere to be livable for their race, although the Ciakar would do a few things later on to pump these levels up, and it was in a rich, primordial state where there was currently no competition, or existing predators to prey on their livestock.

There was one problem though; there was no tidal system; something that is crucial for the rapid evolution of life. In order to establish a tidal system which would bring life out of the oceans and establish better conditions for the flourishing of land creatures (and also because it would make an excellent observation post) the Ciakar imported, and placed in a precise orbit, a hollowed-out planetoid that we know very well.

The more modern science learns about the Moon, the less they can explain it's existence. There are various theories in the mainstream, all of which are fraught with holes, none of which can explain all the strange things observed about the Moon. Among the various baffling facts are these:

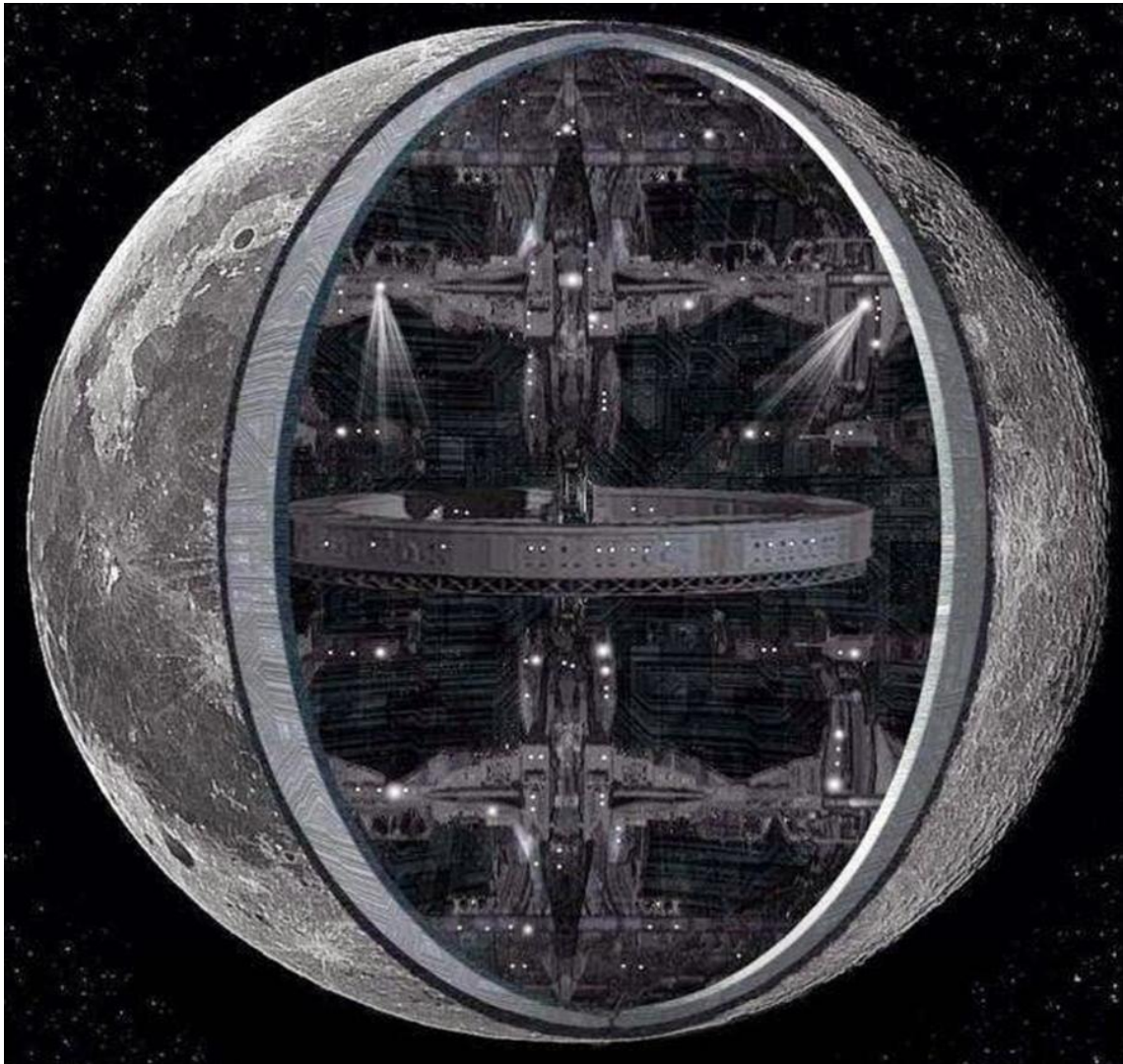
- The Moon is much bigger than it should be, for where it is in orbit.
- The Moon is much lighter than it should be, given it's size.
- The mathematics of the placement of the Moon, in relationship to the Earth and Sun, are fantastically precise. It is placed in exactly the perfect place to help sustain life, through it's influence on the tides.
- It's rotation is perfectly synchronized with the Earth's, so that we only ever see one side of it - meaning it rotates on it's axis once ever 27.3 days, and also orbits the Earth once every 27.3 days.
- It appears to be hollow. Data indicates that it's internal density is far less than it's external density and seismic equipment has shown clearly that, upon being impacted, the Moon literally rings like a giant gong. This was first observed during the Apollo missions, when the command module crashed into the moon, and it has been tested repeatedly by NASA since then. One of the NASA scientists involved in these tests observed that after a large impact, the Moon wobbled in such a precise way that it seemed, and I quote, "almost as if there were hydraulic dampener struts inside it".

- Underneath the accumulated space dust on the surface, the moon is made largely out of metal! Countless pieces of evidence from independent astronomers and NASA scientists has shown that there are dense layers of metal beneath the surface. Also the floors of the craters on the moon are convex, not concave as you would expect - this convex shape would be the result of an asteroid blasting the surface dust off of a rigid metal sphere. There are also craters which scientists have been unable to find the bottom of, which are believed to be entrances into the interior.
- Strange lights and objects have been recorded on our moon for thousands of years. The classical Greek philosopher, mathematician and scientist, Plato, reported anomalous lights on the moon sometime around 400 BC. In 1787, legendary astronomer, Sir William Herschel, recorded strange lights traveling across the dark lunar surface. Every single NASA mission to the moon has involved encounters with UFO's and observations of colossal artificial structures on the dark side, which have been covered up by NASA, the photographs airbrushed, but which many astronauts have since come forward with first-person accounts of.

I'll stop there, but there are many other "unexplained" facts about the moon. Of course ALL of these mysteries are resolved by accepting the fact that the moon is an artificially constructed metal object that was brought here from elsewhere.

As Occam's Razor states, the simplest answer is usually the truth, no matter how strange it may seem.





The moon was the first base of operations for the Draco and it has been conquered, re-conquered, upgraded and re-purposed many times since then by different races that have had an interest in our system.

In our present time the Moon serves as a command center for this entire arm of the Milky Way; a demilitarized zone with many bases, both on the surface and inside, which are inhabited by representatives from many different civilizations, even ones that have been enemies for eons.

## **A Brief Overview Of The Next Few Hundred Million Years**

I'm going to cover a huge span here because, frankly, I just have to do that some in this story or it would be a quadrillion pages long.

There were obviously countless dramas and wars and discoveries, rises and falls in consciousness, etc. during such a long time span so this next bit is painted in very broad strokes.

**300 Million YA** - Thanks to the Draconian breeding programs in cooperation with the helpful forces of evolution, the first reptiles begin to emerge on Earth.

**252 Million YA - The Permian-Triassic Extinction Event** - the Earth's atmosphere is starting to have a higher percentage of oxygen than the Draco desire, and their various breeding programs are beginning to spin out of control as the rich environment of the Earth and the forces of evolution support the propagation of many, many species.

The Draco scientists crash an asteroid into the planet in order to bump up CO2 levels in the atmosphere and also to wipe out the weaker species from their gene pool leaving only the strongest, who will eventually evolve into the dinosaurs.

**227 Million YA** - The dinosaurs have arrived! Many of the aggressive species, the meat eaters, are used for crossbreeding into Dinoid soldiers and slaves. While the vegetarians are left alone to evolve into larger and larger sources of protein.

**200 Million YA - The Triassic-Jurassic Extinction Event** - That pesky rich plant life on Earth is yet again raising the oxygen percentage to uncomfortable levels. The Ciakar hit the Earth with yet another asteroid in an attempt to wipe out the various emerging mammalian species that are competing with the dinosaurs for resources.

Aware of this persistent meddling, and dedicated to nurturing all forms of life in the Universe, and also because some of them were aware of the importance of the soul of Mother Earth, a branch of the Paa Tal settled here at this time and built a base in what is now Antarctica, the ruins of which have been excavated relatively recently.

***The Emergence of Early Intergalactic Civilizations*** - There are many well-developed intergalactic civilizations in the Universe at this point. There is trading going on between the systems of Orion, Sirius, parts of Lyra and Draco, Vega and the Pleiades, and many civilizations have started to check out our local star system as well, resulting in some skirmishes with the Draco forces.

Those early colonists in Lyra, who had shunned technology and formed more primitive tribal societies, as well as other races that had developed unaware of their galactic neighbors, are generally left alone by the more advanced civilizations who, for the most part,

follow a policy of non-intervention.

However, some of these worlds are taken over by reptilian factions who have no such scruples. The populations of these unfortunate worlds are enslaved and experimented on with genetic manipulation.

All this diversity and evolution coupled with the genetic manipulation programs of the Draco has resulted in a profusion of breeds and cross breeds - a cornucopia of races in the Universe - Human, Reptilian, Canine, Avian, Feline, Amphibious, Insectoid, and more. Not to mention the various races that have evolved in their consciousness to the point that they don't use any sort of "physical" body and exist simply as a union of Love/Light.

Most of the the reptilian races and sub-races who are not traveling through space live in or around Draco, Orion and Sirius, though they have many, many colonies and farm-worlds all across the Universe, including Earth.

Most are still androgynous, yet because of the emergence of such incredible genetic variation some are now sexed. Most are still self-serving and aggressive but some have DNA that has been altered enough to enable them to develop spiritually and are neutral, or even benevolent.

From 200 million years ago to about 22 million years ago our Universe was, in general, a place of thriving development in culture, arts, trade, science and spirituality.

In a time span that vast there were, of course, countless ups and downs, wars, atrocities, and struggles, but you could say that the overall trend was one relative peace.

## When Whales Walked The Earth

**100 Million YA** – The group of Ascended Masters (also known as the Paa Tal, The Founders, The Builder Race, and by this point many other names) who had set up a base in Antarctica were monitoring the Draco farming and breeding programs that were currently underway.

Eventually, these Ascended Masters decided that having 3rd-density Earth controlled and inhabited almost exclusively by reptiles wasn't in alignment with the overall unfolding of destiny that needed to occur in our little corner of the Multiverse, which led to...

**65 Million Years ago** - *The Cretaceous-Paleogene Extinction Event* – Using gravitic technology, they essentially lassooed an oxygen-rich comet that was passing by at the time and crashed it into the Earth.

The devastation of this impact led to the extinction of the Dinosaurs and put an end to the use of our Earth as a livestock farm by the Draco (although they are still around today and the Earth is now a very different kind of farm, but we'll get to that later).

The Draco presence was withdrawn from the planet, with the exception of a small group of Ciakar Royalty whom descended underground. The Ciakar command also set up domed cities on Venus, in order to have another base in the area and of course they still had their cities on the dark side of the Moon.

On Earth, once the dust had settled, the atmosphere was more oxygen-rich and more suitable for the co-evolution of both mammals and reptiles, which was more in line with what the Ascended Masters saw as this planet's destiny. They seeded the Earth with the genetic material of many life forms, gathered from different planets in our galaxy, and then most of them took off to other areas of the Multiverse.

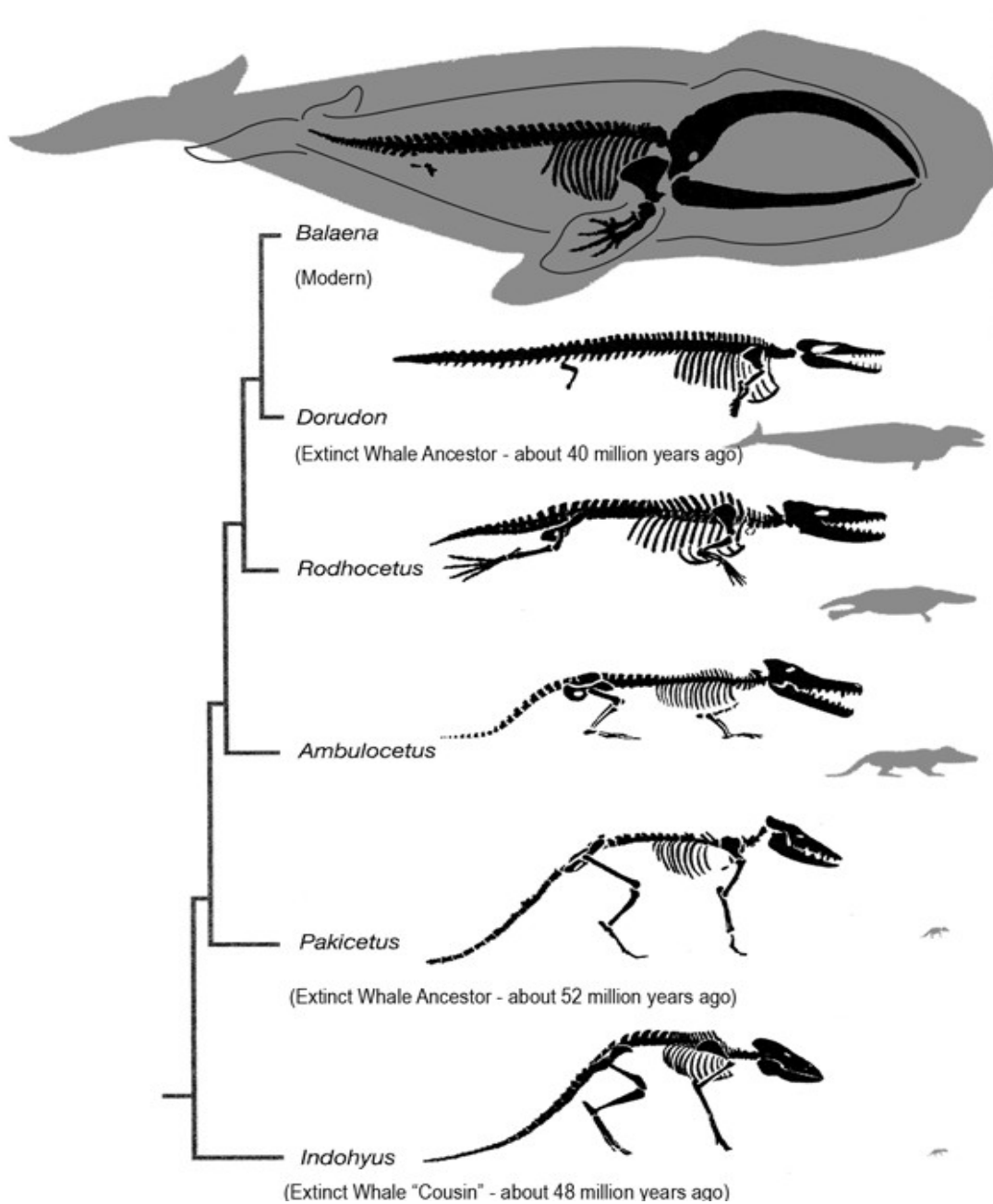
One group stayed behind though.

They set up a 5th-Density civilization on Venus, to oversee the development of life on Earth and to keep an eye on the Draco. This group was led by Lord Sanat Kumara, and they would eventually become known as The Nacaals. They have played a major role in our history ever since that time.

**50 Million YA** - Life was developing nicely on Earth when a group of relatively civilized colonists - non-aggressive reptilian hybrids (meaning not exclusively reptilian - they also had some human DNA in the mix) from Orion and Sagittarius arrived and petitioned The Nacaals for permission to establish a 3rd-density civilization on the Earth.

The Nacaals granted their request with one condition; that they not interfere with an intelligent civilization of mammals that was currently flourishing here, the Pre-Cetaceans.

Go look at the skeleton of a whale or dolphin—you will see that there is still a tiny residual hip bone from when they were land creatures.



It's known by modern scientists that whales and dolphins are intelligent and that their ancestors walked on land, but it is not known that those ancestors were actually the first intelligent mammalian civilization on Earth. That race, the Pre-Cetaceans would have a long peaceful co-evolution, and then struggle, and then eventually war, with this new group of settlers.

## Whales And Reptoids: Friends Or Foes?

**42 Million YA:** For eight million years these two races have evolved and flourished side by side, developing to the point that there was a high level of technology and spiritual enlightenment on Earth.

The Pre-Cetaceans lived close to the Earth, focusing on an agricultural lifestyle and working on evolving their spiritual and psychic abilities. The Reptoids were more interested in technology and the two cultures traded to mutual advantage—the technological advancements of the Reptoids made for increased efficiency in the Pre-Cetacean's farming practices and the Reptoids received food and also lessons in spiritual development for those few of that race that were so inclined.

All was going along quite well for a long, long time but eventually that old enemy of the mammalian form, the race of pure-blooded Ciakar, who had gone into a long hibernation underground, woke up; and they didn't like what they saw happening on the world above.

They began to make contact with their Reptoid cousins on the surface and did their best to sow seeds of resentment towards the Pre-Cetaceans, resentment that the Reptoids were predisposed towards anyway, due to their genetic heritage.

The Reptoids had always been subconsciously envious of, and sometimes outwardly hostile towards the Pre-Cetacean's proficiency with psychic abilities - a proficiency that some of the Reptoids did managed to develop, but only a very few.



It took a long time, but eventually the Ciakar poisoned the culture of the Reptoid civilization to the point that they began to mistrust, and then turn on the Pre-Cetaceans.

Eventually this friction led to war between the two groups, or rather, it would have led to war, if the Pre-Cetaceans had not preempted it. The more advanced beings among that race, the leaders who had developed the ability to step outside of the stream of time and see the past and probable future, saw this coming long before it actually happened and they had set their course in motion thousands of years before the war actually began.

They selected a portion of their race to begin undergoing gene mutation - evolving rapidly into a species that could live in the oceans of the Earth, so that their presence on the planet could be maintained after the inevitable conflict which they foresaw.

When the Reptoids launched their attack, even though they were a much more aggressive and technologically advanced race, they really didn't stand a chance. Even nuclear and scalar weapons, both of which the Reptoids possessed, were no match for the power of the Pre-Cetacean consciousness - a group mind that could manipulate matter itself.

The ocean-dwelling Pre-Cetaceans were well established at this point, so when the Reptoids attacked, the land-dwelling Pre-Cetaceans took to their interstellar ships - the technology for which had been, ironically, developed alongside the Reptoids in more peaceful times.

Once the Pre-Cetacean race was off planet with their cousins safely

underwater, they used their group mind to penetrate the Reptoid's incredibly powerful fusion reactors. A little mental nudge is all that was required to implode the reactors, resulting in nuclear explosions that decimated 98% off the Reptoid population. The 2% who survived fled to Maldek, a planet that used to be part of our solar system but which now is our asteroid belt.

Not a very spiritually advanced choice on the part of the supposedly evolved Pre-Cetaceans you might say.... but here is a hard truth. Even those who have progressed to advanced states of consciousness, when confronted with either the destruction of their race or another, will often choose self-preservation. Besides, there was more at stake than their own survival - there was the Earth herself to think about.

The Pre-Cetaceans might still have chosen simply to flee, many were in favour of that, but if they had fled they would have left the planet in the claws of the increasingly aggressive Reptoids, who might very well have recommenced terraforming operations, working to once again make the atmosphere suitable only to the flourishing of reptiles, which was not in alignment with the destiny of Earth.

The wise ones of the Pre-Cetaceans looked down many, many time streams and consulted with Lord Sanat Kumara and the Nacaals on Venus and in the end all were in agreement that this path was the one that would lead to the best possible outcome for the most beings. When you have only hard choices, you have to sometimes choose the best hard choice.

Now that they had rid the Earth of the aggressive, war-minded reptilians (mostly that is - the ones underground were still alive and

kicking), the Pre-Cetaceans, now the Cetaceans, could establish a safe haven for the flourishing of their offspring; who would become our present-day whales and dolphins, who still perform a very important service for our planet.

Their group consciousness has held the memory of our Earth since that time and they have preserved that genetic memory through times when our planet's consciousness field has collapsed - resulting in a total wiping out of the planet's Akashic memory banks (the information of all lives ever lived on a particular planet, stored in that planet's electro-magnetic-gravitic field).

Whales and Dolphins act as an external hard drive - from time to time when our Earth's memory banks have been corrupted or wiped out, the Cetaceans have been there to upload the backup.

## **Chapter Three:**

### **A Time Of War And Peace**

## The Lyran Expansion And The Orion Wars

**20 Million Years Ago** - The humans from the original great migration who settled in the Lyran system close to their ancestral home, the ones who had shunned technological growth, have evolved over millions of years to the point where they can settle other planets, and explore distant stars - their technological taboos slowly eroded over time.

A new wave of migration began from here, and these cat-like humanoids were surprised to “discover” the many other civilizations that have been developing all around them.

Their common ancestors have been forgotten in the dim mists of ancient myth, and the original Lyran humanoid form has evolved over time (and has also been genetically manipulated) into a wide variety of races with different sizes, features, skin tones and consciousness levels. It seemed to these Lyrans that they were encountering new beings at every corner, when really they were encountering their fellow descendants from their own ancient home.

The priorities of some of these races have shifted over time too, largely due to the influence of the still flourishing reptilian race. Some of the humanoid race in Orion, mostly those of the Aryan genotype that evolved in Vega, have found that they resonate with the Ciakar’s agenda of space exploration and colonization. This cooperation eventually led to the formation of the Orion Empire.

Many others in the Galaxy disagreed with the principles of the

Empire and of its agenda, and many civilizations that had been subjugated by the Draco started to rebel and band together. This joining of forces led to the Federation of Planets (also known just as The Federation), formed from civilizations from Lyra, The Pleiades and Hyades star clusters, the Andromeda Galaxy and many other systems.

Since these folks basically had right on their side, they were also joined and advised by non-physical beings from both our Universe and beyond. It even got some unexpected members from some reptilian planets whose particular races were more progressively minded.

One human group from the Pleiades, unwilling to join either side, decided to leave that area of the Universe altogether and eventually settled on what is now called Mars, where they would live for many millions of years and would later play a big role in our local history.

Another branch of this group from the Pleiades settled on Earth and established the first human civilization here and they have been on Earth since that time through many, many cycles of civilization and disaster.

Over time, the elite cast of this group moved underground and established the first human underground cities in what would become known as Agartha and from time to time these folks would cast themselves as “Gods” to the surface dwellers following the latest environmental catastrophe and help kickstart civilization again. They are still around today, living underground.

The tensions and disagreements between the Federation and the

Empire were many and eventually they reached a boiling point. The war was initially over territory, but it became a war of mind-sets and ideologies.

On the one hand there was a group human and hybrid races that had joined forces in the Federation. Many of its members recalled well their subjugation at the hands of the Draco, and therefore rejected the ideas of colonization and intervention in other worlds. They became committed to the idea of service-to-others.

On the other hand there was a mixed group of human, hybrid, and reptilian races that believed in service-to-self and saw it as their “manifest destiny” to colonize and assimilate those they conquered - this was The Empire.

The philosophy of service-to-self often started out as an innocent enough idea in the minds of those who adopted it. It said that if everybody looks after themselves, then the whole will be taken care of as well, which sounds great. But what soon happens is that this turns into service-to-self at the expense of others, resulting in the cycle of victim and oppressor that we are so familiar with on our own planet.



This struggle between The Federation and The Empire became known as the Orion Wars - named such because most of the fighting took place in and around the Orion system. This war lasted literally millions of years and countless generations grew up with the realities of conflict and strife as the norm.



## The Creation Of The Annunaki And The End Of The Orion War

**12 Million YA: *The Sirian Solution (which failed) and the Origin of the Anunnaki:*** The worlds of Sirius were mainly inhabited by refugees - reptilian, mammalian and crossbreeds - who had fled the ceaseless wars and battered planets in Orion.

One group of human refugees also came as far as our own solar system and settled on Maldek, which used to exist where our current asteroid belt now is (which is all that is left of that doomed planet).

But wherever these refugees went, the wars kept coming closer. The Sirians didn't really want to get involved, but tensions were rising, and soon occasional fights erupted between the different factions of refugees, as to which course of action would be best.

In order to find peace, a group in Sirius came up with an inventive plan for conflict resolution. Inspired by the idea of an alchemical union of opposites, they suggested to the Empire and the Federation a marriage between royal lineages to create a common ruling dynasty, pairing human members of the Orion Royalty (reptilian/human hybrids) with high ranking members of the Federation (pure human).

Figuring it was worth a shot, the plan was set into motion and a new royal race was created - the muscular, dark-skinned, warrior-like humanoids that we know in our history as the Anunnaki (who were, incidentally the "Gods" of Ancient Sumeria, Egypt, Babylon,

Greece, Rome and the Old Testament - but more on that later).

Unfortunately, the marriage, and subsequent new royal lineage didn't have the result that the Sirians had hoped for. Because of their different heritages they were a race divided almost from the start, and it would prove difficult for the Anunnaki to unite as one family, or to hold to one set of principles.

Also, many people refused to pledge their allegiance to the new dynasty, because they disagreed with any genetic manipulation that included reptilian DNA. But this union did create a peace that lasted for a few hundred thousand years, with the Annunaki ruling, before warfare once again exploded throughout the Galaxy.

**10 Million YA: *The Rebels of Sirius and The Merlin Solution (which worked, mostly)*:** With all the back and forth battles and worlds changing possession every other century, another faction emerged that was fed up with both sides - The Rebels, who were based in the Sirius System.

Neither the Federation nor the Empire dared launch a large-scale attack on these Rebels, fearing that if they did so the Rebels would team up with the other side and that joining of forces would create an unbeatable enemy.

Even though a lot of people were sympathetic to their desire to end the war, the Rebels didn't succeed in making any major breakthroughs in negotiations with either the Federation or the Empire and it looked like yet another stalemate had been reached, only this time there were three parties involved instead of two.

Then a babe was born on a planet in Sirius, the first human incarnation of Christ Consciousness in our Universe.

Nowadays we know Merlin as the counselor, or magician in the court of King Arthur. However, the original Merlin, or at least the Merlin archetype, made his first appearance during the Orion wars. Within the ranks of the Rebels, he grew up as a young boy with remarkable talents, capable of manipulating the 3rd Density, through operating in the 5th Density, in other words, capable of “magic”, or “miracles”.

When he reached manhood, he started teaching about universal spiritual laws, about unconditional love and forgiveness, much like our friends Jeshua Ben Joseph (Jesus Christ) and Buddha, on this planet. He said that all parties, including his own, were still caught in a dualistic and polarized perception of reality, and that this perception was an illusion that only unconditional love and forgiveness would be able to lift. His ranks of followers grew, and grew.

The various authorities of that time and place must have been more receptive than the Romans, for Merlin succeeded first in changing the mindsets of the Rebels, and soon afterwards, those of the Federation and the Empire too.

By helping them to transcend and value their differences, agreements between parties were reached, and with this peace and change of mindset came a dramatic increase in awareness and a raising of consciousness for the whole Milky Way. Over the next many thousands of years entire masses of people would ascend as a result, and Merlin became known as the Unifier.



The Orion Empire transformed into a true matriarchy, with Tiamat, the Dragon Queen, it's benevolent ruler. However, there remained a faction of 13 human/reptilian hybrid families within the Orion Royalty who still believed in a might-is-right and service-to-self mindset. These are the ancient roots of our present day Illuminati, or Cabal - the 13 royal bloodlines, the Dark Men from Orion.

As part of the peace, Tiamat was given governorship of our local system, along with her own system of Orion. The 13 Royal Bloodlines were jealous of this ruling and they decided to travel to our system to see if they could perhaps gain a toehold from which to eventually take over the resource-rich planets here which they coveted.

They settled on Maldek and Mars but didn't exactly receive a warm welcome. The civilizations which existed there tried to make room for the dark-minded newcomers, believing everyone deserved a

chance, but before too long even these benevolent and fair-minded people could no longer tolerate the vibration of the Dark Men from Orion.

The 13 Bloodlines were banished from our system, an action that would come back to haunt the civilizations of Maldek and Mars much later.

It was during this time of peace throughout the Universe that someone had the bright idea to create a system of “Living Libraries” - planets that contain flora and fauna from hundreds of other worlds - to act as a kind of storehouse for genetic material.

Our planet, which was already quite diverse, was one of the 12 planets in our Galaxy that was selected to act as a Living Library, and many races journeyed here from all over to seed different plant and animal species. Many of them stayed for a while, delighting in the rich lushness of the Earth, and some are still around.

Tiamat herself traveled to Earth to help seed life and created a giant, androgynous, humanoid race, the Namlu’u, to act as guardians of the Living Library on Earth. The Namlu’u were the race that the Greeks called the Titans. The giants that were the “parents” of the “gods” - meaning a race of 50-60 foot tall humanoids who existed here before the Annunaki arrived.

This Era of peace and harmony would last for approximately 5.5 Million years, until the next great war - The War in Heaven.

## The War in Heaven and the Corruption of Utopia

In order to understand the War in Heaven we first have to establish both what is meant by “Heaven” and who and what the principle players actually were. In popular mythology Heaven is often envisioned as a place of billowy white clouds and streaming sunlight and sure, it could look like that if the inhabitants desired, in fact it could look like.... anything.

“Heaven” simply means the 6th and 7th Densities. The inhabitants of these realms are...

**The Divine Archetypes** - simplified by many with the term “God” - Divinity actually exists as four distinct yet inextricably bound forces - the Masculine and Feminine Principles, Heart (Christ) Energy, and Body.

**The Archangels and Angels** - these are manifestations of the Divine, eternal beings of light with vast intelligence and power.

**The Ascended Masters** - Incarnates who have ascended to the 6th Density and act as great guides and teachers for all Creation.

Lucifer was the brightest of the Archangels, but he had a huge chip on his shoulder (if you want to know why read the Lucifer Appendix [here](#)). He wasn't on board with the idea of everything moving towards Unity and Oneness which is the plan of Divinity and overall destiny of the Multiverse, because he feared that this would lead to no individuality - he didn't understand that he could be One with

everything and also retain his uniqueness and I'm pretty sure that this is also due to the wound at the center of his creation (again - see the [Lucifer Appendix](#)). What he actually feared was becoming one with his Creator because it would mean having to resolve his core trauma, something that's scary for anyone. To be fair, Divinity didn't understand at this point the responsibility it had in forming this trauma in the first place.



**4.5 Million YA:** This conflict reached a head and erupted into the “War in Heaven”, with Lucifer and the host of Angels he had managed to persuade (about 1/3 of them) on one side, and Archangel Michael leading the rest of the Heavenly forces against him.

The Mother and Father didn't take sides, because one of the fundamental tenets of this Creation is that free will and it's resulting

consequences must be allowed to play out - no matter how disastrous they may seem at the time.

Long story short, Lucifer lost.

He and all those who had sided with him were kicked out of Heaven, meaning that Michael essentially lassoed the light bodies of the rebels and beamed them down through the Densities, through space and time, to our solar system.

It was thought that these Fallen Angels could learn some valuable lessons from the limitations and solidity of 3rd Density reality, so the energy beam that carried them here contained coding written to bind the rebels to the 3rd Density.

It worked with the Angels. They were locked into the 3rd Density as monstrous, rocky creatures.

But Lucifer was an Archangel; possessing more energy than the lesser Angels. He was able to take strength from the Earth and form a shield that broke and deflected the beam. He was able to deflect enough coding that he retained some of his psychic and inter-Density abilities and he was able to manifest a body for himself, incarnate into a body, or to simply exist as conscious energy.

He has since incarnated many, many times - both as a member of the Annunaki and as a human - and through his myriad trials and lessons he has since been redeemed and exists now as a great Archangel of unconditional love; a rescuer and redeemer of those unjustly banished to Hell.



This is kind of ironic as so many people who worship Lucifer as a dark God are totally unaware that he is no longer that, and that the entity they are actually giving their energy to is Ahriman.

But at the time, when Lucifer and his followers were banished to our system, the effect of that huge bundle of Archetypal energy having it's density greatly lowered as it passed through our solar system was much like the effect of cornstarch in gravy - our little region of space-time began to thicken.

This paved the way for the demonic energy of Ahriman and his Asuras to penetrate our little corner of the Multiverse more intensely with their vibration.

Utopia - our lovely Earth and her surrounding community of peaceful planets - began it's long, slow decent into corruption and darkness; a low point that we are just starting to climb our way out of today.

## The Maldek/Mars War

**4.5 – 2.5 Million YA:** Over the course of these two million years the vibration of our solar system gradually got slower and Utopia slowly sickened, and so it was during this time that a group who had a big grudge against the two most densely populated planets in our system, Maldek and Mars, saw their opportunity to return.

**2.5 Million YA:** The group of 13 royal bloodlines from Orion, the souls that were previously kicked out of our system for being too dark and violent during the time of Utopia, settled on Maldek and began to influence and quicken the decline of that planet's consciousness grid.

That planet's people, who were already on a downward slide, were easily seduced by the Dark Men from Orion and quickly embraced their ideals of service-to-self, technology and control; giving up their freedom in attempt to gain some sense of power over their deteriorating circumstances, but the yearning for that type of power and control is a vicious cycle that only leads to wanting more.

They started to become belligerent and then downright threatening towards their peaceful Martian neighbors, eventually insisting that Mars surrender it's territory to Maldekian control voluntarily, or they would be conquered, colonized and possibly wiped out.

Some of the citizens of Mars appealed to their relatives in the

Pleiades for aid and the Pleiadians answered by sending a fleet of ships to help out. Ironically, Maldek took the arrival of this fleet as a provocation, and used it to justify their attack.

Using artificial merkaba-based technology, the Maldekians created an energy grid around their planet, which could be used both as a shield and as a weapon against the Martians' natural (love-generated) merkaba shield. By using this weapon Maldek was able to disrupt the Martian energy grid enough to then bombard the planet with poisonous bombs, causing chain reactions in the atmosphere that turned the air into a toxic fume.

This happened very rapidly and most of the Martians died before they knew what hit them. Many of these souls returning to Sirius and the Pleiades, while others who had been too traumatized to access that vibration hovered around Earth, waiting to incarnate. The most evolved Martians - a group made up mostly of those original souls who had settled on Mars during the Orion Wars - were able to escape in their light bodies.

In retaliation, the Pleiadian fleet surrounded Maldek and bombarded it with energy beams that started to destroy the Maldek energy shield. Panicking, the Orion leaders of Maldek cranked up the frequency of their grid in an attempt to take out the entire Pleiadian fleet in one big energy burst, but their plan backfired.

Passing an increased current through the damaged energy field destabilized the natural electro-magnetic-gravitic grid of the planet so much that Maldek was shattered into bits, becoming the asteroid belt now located between Mars and Jupiter.



The very souls of the deceased inhabitants of Maldek were shattered as well by the trauma of their entire planet being suddenly ripped apart. Each soul there was shredded into many soul fragments, each still capable of consciousness, but with a fraction of the energy of their original selves. They flocked to Earth; now the safest, most hospitable planet in the system, and joined the souls of the Martians there, hovering around the planet in a great cloud of “soul families”, waiting to incarnate. Most of the people on Earth now were part of that group.

Seconds before the planet was torn apart, the group of 13 men who made up the leadership of the Orion faction, who were well prepared for just such an eventuality, managed to escape into space-time with their families, using more artificial merkaba technology.

They traveled in three gigantic, disc-shaped motherships to a place and time where they saw that it would be both possible and advantageous to manifest; to Atlantis, approximately 52,000 years before our present day.

These 13 bloodlines have played a major role in our planet's history ever since that time. They joined with the Ciakar Royalty who had been hibernating underground and together, along with some German friends which they would meet much later on, they would form the group we call the "Illuminati", or Cabal, who have had great influence and control over our world's societies and power structures.

The Pleidians have since regretted their part in the destruction of Maldek and have been trying to help us out since then, resulting in the many present-day channelers who speak for different beings there, and the many Starseeds from there who choose to incarnate on Earth.

## The Origin Of Nibiru And It's People

**2.5 Million YA:** Around the same time that the Maldek/Mars War was erupting in our solar system, the Anunnaki were getting into some trouble over in the Orion sector.

Remember back to their origin during the Orion Wars - they were created as a race from the union of leaders from both Sirius and Orion, and from the beginning it was their mandate to be leaders as well.

The fact that they were eventually rejected by the Galaxy, largely because of the reptilian side of their heritage, left them with a pretty big chip on their collective shoulder.

So when the Orion War finally did end and Tiamat, who has her share of reptilian DNA as well (she is called the Dragon Queen for good reason) was given governorship over both our region of space as well as Orion, the Annunaki were righteously pissed off. This bitterness festered until, in an excess of hubris and stupidity, they launched an attack on Tiamat's home planet and were easily defeated by the much larger and more advanced forces of the Dragon Queen.

Tiamat could have easily wiped out the Annunaki but she is both an enlightened and merciful ruler (I'm using the present tense here to refer to Tiamat because she is still around) and she magnanimously offered a peace settlement to the "little warrior dwarves" (even though the Annunaki were bigger than us, 10 -14 feet tall, they were indeed dwarfed by Tiamat and her race of dragon/human hybrids

who are 50 - 60 feet tall).

Part of the peace treaty was a symbolic marriage between An, the leader of the Annunaki, and Tiamat.

Their genetic materials were mixed to create twelve crossbreed children, six male and six female, who were 30–35 feet tall and had both reptilian and humanoid attributes. These children were gifted to An to be his loyal servants and their descendants would become the Igigi - the giant worker race of the Annunaki. Some of the creatures from Greek history were descended from the Igigi - such as the Cyclopes and the Hundred-Handed Ones.

Over in our neck of the woods the Maldek/Mars War was at an end, but the system was still in trouble.

Up until this time our system had actually been a binary star system, as are many solar systems that have life-sustaining planets - this resulted in a higher vibrational state than currently exists.

However, the vibration of the consciousness grid in Sol had become so lowered by the trauma of war and the destruction of Maldek that there was a vibrational incompatibility between the consciousness of the system as a whole, and the energy of the binary suns - it was basically just too much light for the darkness of that time, and there was great danger that this dissonance would lead to both suns exploding.

To help correct this imbalance for which they were partly responsible, engineers from the Pleiades arrived to help save the day. Working in the 6th Density, they moved our second sun to where it is now, far outside our solar system.

Then, in a brilliant piece of solar engineering, they siphoned off energy and plasma from this second sun and used it to create two other heavenly bodies.

The original sun was downgraded to a brown dwarf star (known in modern times as Wormwood or Nemesis), and with the raw material taken from it they built a blue dwarf star and, rotating around it, a reddish planet with a molten core that would become known as Nibiru. These red and blue heavenly bodies would also become known as Red Kachina and Blue Kachina by the Hopi people.

They set Nibiru and Elenin in a long, elliptical orbit - swinging around the dual foci of Sol and Nemesis once every 3600 years.

The Pleiadian Engineers then crashed a couple comets into the crust of Nibiru and got some water and oxygen going, and the resulting atmosphere of Nibiru was held in by a blanket of cloud and particulate belched forth from the continuously erupting volcanoes on the surface, which also filtered the radiation from Elenin.

Though Nibiru is not a watery planet like ours, it was made so that it could support oxygen-breathing life forms. The star at it's heart still generated enough heat internally that, combined with the warmth from Elenin, it was able to support life even at it's furthest point from Sol.

Now all that was needed was a race of people to inhabit the planet and it just so happened that Tiamat knew just the folks who should go there: the Annunaki!

By giving custodianship of the planet to the Anunnaki she gave them something they wanted - governorship of our region of space and she



also got something she wanted - a nice, out of the way place to put the troublesome warrior race.

They colonized Nibiru at a time when it was still very far away from our solar system, closer to their home system of Sirius.

The intention was for the Annunaki to become a group of warrior guardians, who could keep an eye out for the kind of strife that had so recently brought our system to the brink of collapse.

Unfortunately though, as a result of their mixed genetic heritage, the Annunaki already had rifts and resentments within their own culture - rifts that had never really closed since their inception during the Orion Wars.

As they traveled through space on their new home, getting closer and closer to our own solar system where the vibration had already been lowered by the casting out of Lucifer and his followers in the War of Heaven and by all the suffering and destruction of the Maldek/Mars Wars, these rifts widened into cracks.

During these early days the Annunaki civilization on Nibiru became a culture divided against itself; with those more inclined towards their Federation roots in the north and those that leaned towards the ideals of the Empire in the south.

The society at that time resembled a mix of tribal, medieval and space-age technologies - with warring royal families, castles and swords and “magic”, etc... as well as the various laser blasters and missiles that had survived down through the generations.

They also still had many “Weapons of Great Terror” (as they are

referred to in the Sumerian Clay Tablets) which were basically nuclear warheads, the use of which was considered taboo by all the tribes.

These nukes would survive down through the millennia, stored and preserved in stasis fields, and become shrouded in mysticism and myth, and some of them would eventually find their way down to our own planet, a couple million years later.

By the time Nibiru swung through our planetary system for the first time, the Annunaki were in no shape to keep an eye out for anyone but themselves, and such would be the case for many, many generations to come.

## Sanat Kumara Returns! Enter Homo Habilis.

**2.4 Million YA:** Our neighborhood was in trouble, as the low vibe that now permeated our system made it more possible for nasty beings of all types to take up residence.

The Earth had been designated a Living Library, home to flora and fauna from across the Galaxy, but that's not the only thing that makes her special; the Spirit of the Earth is the largest, most sentient piece of the lost Original Mother. Because of this, our little blue planet is an energetic linchpin for all of Creation, so there was very real reasons for concern among the higher forces of Light.

Sanat Kumara, the leader of 144,000 Nacaals who were still in residence on 5<sup>th</sup>- Density Venus, decided it was time to return to Earth for a while to help stabilize the situation.

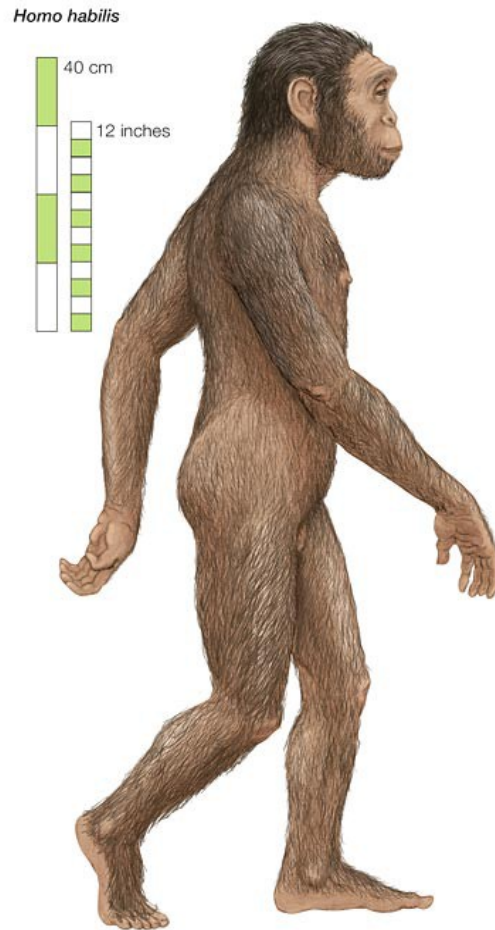


He traveled here with 400 of his people and together they manifested a 5D city above the Gobi Sea, which is now the Gobi desert. This city would become known as The White City, or Shamballa, and it exists to this day as the seat of Lord Kumara, who still resides there as the head Avatar of Earth. Once Shamballa was established, the rest of the Nacaals made the trip from Venus and took up residency.

Foreseeing that they would be involved with nurturing all forms of life on the planet for a long time to come, Sanat Kumara decided that a 3D city should be constructed underground, directly below Shamballa, so a portion of the Nacaals manifested some 3D plasma bodies so that they could interface with the 3<sup>rd</sup> Density reality on Earth, and began construction of Lower Shamballa.

The group of humans from the Pleiades who had settled here about 17.5 Million years before this had already established a city underground and they welcomed the Nacaals and also assisted with the construction.

Then the Nacaals began the real work! Together with the Pleiadian group and the more highly evolved Martians, who had escaped the destruction of their planet's atmosphere in their light bodies, they began helping the traumatized souls of all those who had perished in the Maldek/Mars war, who were hovering around the Earth in a great cloud, to incarnate here. These poor souls were so traumatized and fragmented. They had lost all their psychic abilities and Akashic memory and were barely sentient. They incarnated as primitive hominids, the genus we know as Homo Habilis.



The different soul families (each of which was comprised of shards from a previously intact, single soul) incarnated into different tribes of hominids. Essentially, one tribe = one soul family = one shattered Maldekian or Martian soul.

To this day, 75% of the souls who inhabit the Earth are from this group and while some have evolved and healed over time, regaining much of their former spiritual prowess, others have not and are still barely above their ancient hominid ancestors in terms of consciousness.

The reason that our fossil record shows so many different species of the genus *Homo* subsequently appearing and disappearing

throughout the millions of years that follow this time is because of both evolution and continued genetic manipulation by both the Nacaals and by other groups. In fact, descendants from these tribes would eventually be altered into Homo Sapiens by the Annunaki about 2 million years after the introduction of Homo Habilis.

## Chapter 4:

### Annunaki History

*Note: All the history concerning the Annunaki in this chapter comes from actual recorded documents. I primarily used “The Lost Book Of Enki” by Zecharia Sitchin, distinguished Orientalist and Biblical Scholar. He is one of the few people alive who is able to read and translate the Sumerian Clay Tablets, among other ancient texts.*

*“The Lost Book Of Enki” was Mr. Sitchin’s presentation of this story, which he compiled from ancient documents unearthed in various archaeological digs. Sumerian, Akkadian, Babylonian, Assyrian, Hittite, Egyptian, Canaanite and Hebrew sources are all woven together to create this narrative. Rather than detracting from the story’s veracity, it is my opinion that the fact that all these various sources dovetail with each other and speak to the same events increases the likelihood that these events did, in fact, occur.*

*Plus my gut says yes.*

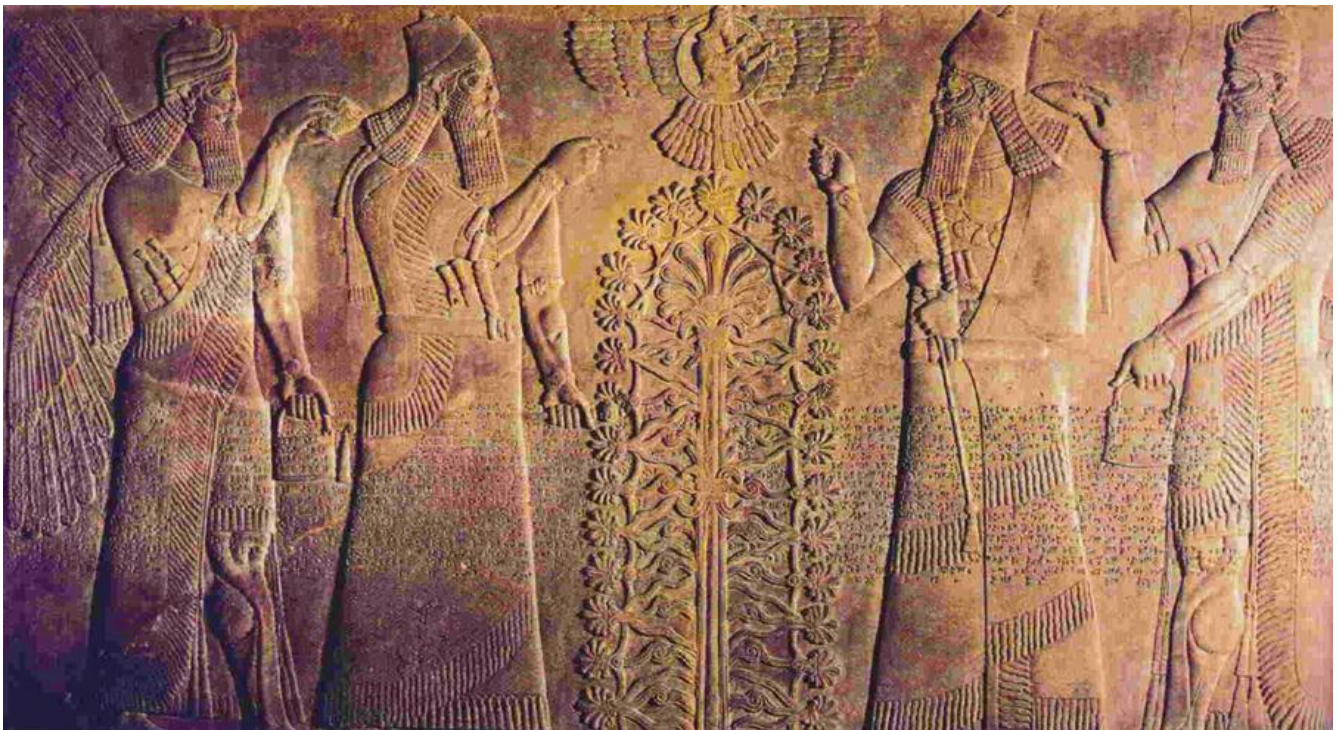


## Peace On Nibiru And The Founding Of The Royal Family

**775,000 YA:** For more than 1.5 million years, while life on Earth has been flourishing and slowly evolving under the gentle guiding hand of the Nacaals, life on Nibiru has been one of repeated cycles of war, destruction, rebuilding and then more of the same.

Many cities have been built, destroyed, rebuilt and destroyed again. Civilization has risen to heights that surpass our current level of technology, and have also been plunged back into the Stone Age from devastating conflict.

But finally, there was peace.





In an unconscious repetition of their ancient origin as a species, the two major tribes of the Annunaki drew by lot one from the North, a man given the name and title An (another repetition from ancient times, An was also the name of the ancestor who made peace with Tiamat) and one from the South, a woman titled An.Tu, to be their King and Queen and to establish one united royal bloodline.

A lot had changed in the Annunaki culture by the time this peace was reached. They had forgotten their connection to a larger cosmic brotherhood and their origins on Nibiru had become shrouded in myth and legend. However, throughout the following several hundred thousand years of peace and stability they would regain much of what they lost in terms of technology and consciousness.

There were still some ancient nuclear warheads around, The Weapons of Great Terror, stored in stasis fields, the use of which was taboo, as well as some computers and laser technology, all of which had become like holy relics, preserved and honored with ritual. Through studying these technological remnants, Annunaki scientists were able to start progressing in the development of science and technology once again.

The surrounding intergalactic community, who followed a policy of non-intervention at the time, left them to their own devices. It wouldn't be until the Annunaki came and set up shop on Earth, many hundreds of thousands of years later, that they would be re-introduced to the knowledge of their long-lost space family through war with the Draco on the Moon, and interaction with the Nacaals and Lord Sanat Kumara on Earth.

But at the time, as far as they knew, they were alone in the Universe.

## **Dynastic Troubles and the Atmospheric Crisis on Nibiru**

**497,000 YA:** The Anunnaki civilization was in trouble. The cold times of the planet were getting colder, and the hot times hotter, because of breaches in the thinning atmosphere of the planet.

This is because the volcanoes that had been generating the particulate matter that helped to seal in the atmosphere, and filter the radiation from Elenin, were dying out.

The heat from the molten core had fueled the volcanoes for a long time, but it was failing. Crops were failing too and infertility had begun to spread among the people, including the current Royal couple, Duuru and Dauru.

The chain of lineage that descended down from An and An.tu was broken when, instead of procreating, Duuru and Dauru adopted a child named Lahma, who inherited the throne.

In the reign of Lahma two solutions to the declining atmosphere were proposed.

The first was that gold should be mined from the “Hammered Bracelet”, the asteroid belt that was once Maldek. Gold, it had been found, was the only mineral that could be ground fine enough that it would stay suspended in the atmosphere, acting as a shield.

Or two, that nuclear warheads be launched into the dormant volcanoes in attempt to re-ignite their eruptions.

Lahma was indecisive and weak-willed though, heeding only his wife's advice that they should "pray to the great Creator of All" for an answer.

Four shars (the Nibiruan year, one of which equals 3600 earth years) went by and the unrest in the population only grew as the deprivation and blight got worse.

Eventually, disgusted by Lahma's lack of action, one prince named Alalu decided to take the throne for himself. He led a band of fellow princes and soldiers who stormed the palace and Lahma was thrown to his death from the highest tower by Alalu (who, incidentally, was an incarnation of Lucifer).



Even though Lahma was largely despised, there was much turmoil caused by the murder of the King at the hands of this usurper, and Alalu was brought before the Council so that they could question him. Alalu claimed the right of kingship because he was descended

from An through the first-born son of King Anshargal.

This ancestor was sired on a concubine though, and had lost his right to the throne when the Law of the Seed (he with the most royal genetic material inherits) supplanted the Law of Succession (the first-born son inherits) many shars ago during King Anshargal's reign.

Alalu claimed that this implementation of the Law of the Seed was a cruel manipulation by Queen Kishargal, who was the King's own half-sister, which she pushed forward solely so that her son would inherit.

It was Alalu's argument that he must inherit the land and restore the nobility of the line of An.

It is at this point that another prince, named Anu, stepped forward, also claiming that he was descended from An through his youngest son, Enuru. He also claimed a right to the throne.

There was much debate and indecision, with the Council siding about half and half with each prince, but then Alalu proposed a solution. He embraced Anu as a brother and declared that they should work together as equal descendants of An. If Anu would let Alalu be king, then Alalu would make Anu the heir.

They agreed and Alalu proclaimed that Anu would be his cup bearer and crown prince. To further cement their union, it was decreed that Alalu's daughter would be wed to Anu's son.

Alalu became king and ordered the construction of a fleet of mining vessels, which were to bring back the badly needed gold from the

asteroid belt, but he underestimated the dangers of attempting to mine gold in such perilous territory and the fleet was mostly destroyed by the Hammered Bracelet (the asteroid belt formed from the shattered remains of Maldek).

He then tried the second solution, and ordered that some of the Weapons of Great Terror be taken from their stasis fields and launched into the core of the volcanoes, in the hope that this might re-ignite their internal combustion. But this too failed and nine long Shars of Alalu's rule followed - a time of increasing discontent and suffering, during which the people of Nibiru ceased to revere the King who was failing to save them as he had promised.

Finally, convinced that he must step up to save his people, Anu challenged Alalu to unarmed single combat. Both men were skilled warriors and the battle was long, but eventually Anu won, so Alalu, fearing that he would suffer the same fate as the despised Lhama, whom he himself had murdered, fled out of the city to the spaceport, where he launched his ship into the stars.

## The “Discovery” of Earth

**450,000 YA:** Alalu sped away from Nibiru, fleeing the Annunaki territory in one of the few remaining mining ships, which was equipped with both lasers and nuclear warheads, for this was one of the ships that had been outfitted for bombing the volcanoes as well.

Wanting to put as much distance between him and his former subjects as possible, he set his course for the Forbidden Zone, the area of our Solar System that lay in between the asteroid belt and the sun - forbidden because the passage through the Hammered Bracelet was so perilous.

He kept record of his flight and recorded his impressions of Pluto, Neptune, Uranus, Saturn and Jupiter as he passed them on his way.

His ship was also equipped with instruments able to detect different kinds of mineral content and, with his mind on a possible way to redeem himself among his people, he scanned these planets for the much-needed gold, but to no avail.

Using some the weapons on board his ship, he managed to blast a passageway through the asteroids, the first of his people to do so.

He then passed Mars, red and desolate and also devoid of significant amounts of gold, and at last beheld Earth, named Ki by the Annunaki, gleaming like a blue jewel in space.



At this point his instruments went crazy as they detected the vast amounts of gold embedded in the planet's crust. He went closer to the planet to confirm the readings but was caught in its gravity well.

Unable to pull himself out of the gravitational spiral, he descended to the surface.

Using his mining equipment, he confirmed the presence of the precious metal his people so desperately needed and it was with visions of redemption and glory in his mind, that Alalu sent a message to Nibiru with his ship's transmitter, announcing his great discovery and proclaiming his right to be King once again because of it.

All of this was observed with curiosity by the other intelligent inhabitants of the Earth.

The Nacaals, living in 5D Shamballa and in 3D Lower Shamballa, the Namlu'u, multi-dimensional guardians of our precious Living Library, and the Pleidian group, who were mostly living underground - all of these groups saw Alalu land, and picked up not only the communication back to his home planet, but also the intentions of his heart.

They discerned that while he was indeed a somewhat petty and power-hungry individual, his concern for his people was genuine, so they decided to wait and see what played out and did not interfere or make their presence known to him.

Back on Nibiru, upon receiving the momentous communication from Alalu, Anu called together his council. Some were inclined to ignore the message from the deposed ruler, saying that it was farce, saying that he was hiding somewhere on Nibiru. so the scientists were brought in to decode the origins of the transmission and they confirmed that the source was from beyond the Hammered Bracelet.

Upon hearing this, the general consensus was that if there was even the slightest chance that this news was genuine, then they must act to confirm it, but who would go?

Ea (Anu's son, who was married to Alalu's daughter, Damkina), stood up and volunteered himself to lead an expedition to Ki, to find out the truth of Alalu's report, saying that he might be the best one to establish peace with Alalu, given that he was his son-in-law.

In answer to Alalu's claim of rightful kingship, Anu decreed that if his report turned out to be true, if Alalu had indeed discovered gold, then Anu would travel to Ki himself and there wrestle him once



again, to determine who should be the King on Nibiru.

These decisions were then transmitted back to Alalu on Ki. After giving it some thought he decided to agree to this proposal, confident that he would be able to defeat Anu if given a second chance. This set in motion a chain of events that would lead to the creation of us Homo Sapiens, about 150,000 Earth years from this time.

## The Establishment of Gold Extraction Operations on Earth

**445,000 YA:** Prince Ea and his expedition of 50 fellow Annunaki have made the journey to Earth.

Aided by Alalu's description of how he blasted his way through the asteroid belt, they armed their ships with what is described in the clay tablets as a "water blaster". I'm not sure what this actually was but it seems probable that a high pressure jet of water in the vacuum of space could be effective for moving asteroids.

A lot of their technology seems to have been fueled by "water", but whether that was normal water, or something else that they referred to as "water", is unclear. Whatever the case, their blaster worked, for they were able to pass through and complete the journey unharmed.

They used up most of their water in this effort though and had to get more in order to complete the journey. Upon passing Mars they noted the icecaps at the poles, and discovered that there were still some rivers and lakes on the surface. After determining that the gravitational pull of the planet was not too great as to prevent them from leaving again, they landed and restocked their water supply before continuing on their way.

When they got to Earth they splashed down in the waters of the Persian Gulf and were greeted there by Alalu.

It took a while, but over time they adapted to Earth and what were, to them, insanely short daily and yearly cycles. There is record of the

Annunaki being terrified by the first sunrise - never before having seen the sun appear so huge and red on the horizon!

Eventually they established the first Annunaki city of Eridu, in the region that is now known as Iraq, and Alalu was given command of this territory, although for the time being, Ea still had command of the overall mission.

As for the gold extraction, their first idea was to try extracting the metal from the waters of the region, a much easier process than mining gold from the ground and one that could be achieved solely through the use of machines, but they did not end up with much gold to show for their effort.

Nevertheless, it was decided that what they had collected should be sent back to Nibiru as proof that there was indeed gold to be had, and so that the efficacy of using Earth's gold as a suspended particulate matter in Nibiru's atmosphere could be confirmed.

A pilot named Abgal was chosen to fly the gold back to the home planet in Alalu's old ship, and upon inspecting the ship for his upcoming journey Abgal discovered a couple nukes remaining in the ship's hold. He reported this to Ea and together they hid the Weapons Of Great Terror in a cave, high in the mountains.

Then Abgal returned to Nibiru, where testing confirmed that the gold from Earth could indeed be suspended in the atmosphere.

Since extracting gold from the water was proving to be frustratingly inefficient, Ea went looking for a good location to set up mining operations. He skimmed the land in one of the mining ships, it's sensors tuned to pick up traces of the precious metal and, in what is

now called North Africa, he hit the jackpot! Deep underground there were vast quantities of gold.

He returned to Eridu and began the process of transferring men and equipment to the location, which he named Abzu.

The timing of his discovery was auspicious, for Nibiru was passing relatively close to the Earth at the time and Ilu, the heir apparent and Ea's older half-brother, had decided to make a trip to our planet to see his little brother and to inspect operations.

Upon arrival, Ilu was greeted by Ea with news of the great find in Africa and he rejoiced and congratulated his half-brother, but he was also someone who had trouble taking the backseat, and he started making plans, even though the mission was under Ea's command.

Inspired by the vast amounts of gold under the ground, and figuring that if it was there, then there must be more elsewhere, he had the idea to establish similar mining camps across the globe. He also had the idea to bring some of the Igigi, the giant worker race of the Annunaki, to Earth in order to assist with mining.

The Igigi, descendants of the original 12 genetically engineered crossbreed "children" of An and Tiamat, were indeed valuable workers. There had been many interesting mutations in this race over the millenniums, both through evolution and genetic manipulation on the part of the Annunaki scientists, which gave them a great variety of forms.

Some had the torsos of humanoids which flowed down into a giant serpent's body instead of legs. Or humanoid legs with many serpentine tentacle-like arms. These creatures would become known

in Greek myth as The Gigantes, The Cyclops, The Hundred-Handed Ones. They were incredibly strong, 20–30 feet tall and loyal to their masters, making them ideal workers.

Ilu got so caught up in his plans for mining operations that he forgot that this was not actually his mission to command!

When Ea gently asserted that, while the ideas were good ones, this was actually *his* mission, Ilu reacted poorly. He was, after all, the heir and used to having his way but still, his angry rebuttal of Ea's assertion was out of line. This was the beginning of a rivalry between these half-brothers that would literally grow to biblical proportions.

And so the king, Anu, made his first visit to Earth. Firstly, to determine the role of each of his sons on Earth and second, to make good on his promise to once again meet Alalu in single combat to determine who would be the rightful king of the Annunaki on Nibiru.

## The Rulers Are Chosen

*Note - At this point you may be asking yourself, “what’s with all the focus on the Annunaki? Aren’t there many other races out there that we could look at?”*

*And the answer to that is YES!*

*In fact there are millions of races of ETs, if not billions, and of that multitude 22 have contributed to our DNA over time, but the Annunaki have played a very significant role in our history and culture as Homo Sapiens and have also made their way into the mythologies of many cultures. They were the gods and goddesses of Ancient Sumer and Babylon, Egypt, Greece, Rome, Mayan and Incan cultures, and more.*

*We’ll get more into other races a bit later, but right now I really want to tell the story of how our particular species’ culture was formed.*

**445,000 YA:** Ilu and Ea both claimed the right to be in charge of the gold mining mission on Earth. Ilu was the eldest and the heir, yet Ea had gotten here before him and had been the one to get gold extraction operations up and running, so Anu decided that the fairest way to settle this was by a simple drawing of lots.

Ilu won the draw and Anu named him Enlil, “Lord of the Sky, Lord

of Command” (he would eventually become known as Zeus, among other names), and gave him command of the Earth mission. He was in charge of the overall territory on both land and in the sky, which mostly included the development of other mining operations and overseeing the orbiting stations that would be established for processing and transport.

Ea was given the name Enki “Lord of the Waters” (he would eventually become known as Poseiden, among other names) and it was decided that he would continue to oversee the existing mining operations that he had already established in Abzu and would have command over any future operation that might take place in the waters of Earth.

Then there was the matter of Alalu to settle, who still claimed right of Kingship, and who, now that Enlil and Enki had been given command of operations on Earth, had even more resentment and anger built up against Anu.

The two stripped naked and once again engaged each other in a long contest until, for the second time, Anu pinned Alalu to the ground. When Anu released him and stood up, Alalu, seething with shame and fury, leaped up and, as the story goes, bit off Anu’s penis!

There is some debate as to whether this literally happened, or if this is symbolism. It could be taken to mean that by discovering the gold on Earth, which resulted in both of Anu’s sons settling down here and becoming highly involved in the affairs of Earth and mortals for thousands and thousands of years, that Alalu interrupted the King’s lineage on Nibiru, “biting off his seed”.

Either way, it's fair to say that Alalu did not take his defeat well and that he either enacted this terrible revenge against Anu, or claimed that he would do so in some way, for there is clear record that a council of seven was then assembled to determine his punishment,

Here is a record of that trial, as translated by Zecharia Sitchin:

\* \* \* \* \*

“To die in exile, let this be the judgment!” Anu was saying.

In amazement the judges at each other glanced. What Anu was saying they wondered.

“Neither on Earth nor on Nibiru shall the exiling be!” Anu was saying. “On the way there is the Lahmu planet, with waters and an atmosphere it is endowed.”

*(he is referring here to Mars, which did indeed still possess water and an atmosphere at the time, although the atmosphere was thinning as the water continued it's slow evaporation on most of the planet, while freezing at the poles)*

Enki, as Ea, thereon made a pause; “of it as a way station have I been thinking. Its netforce is less than that of Earth forceful, an advantage in wisdom to be considered”

“In the celestial chariot Alalu shall be taken, on my departing from Earth he with me shall make the journey.” Anu then was saying. “Around the planet Lahmu we shall make circuits, to Alalu a sky chamber we shall provide, to the planet Lahmu in it he will be descended. Alone on a strange planet an exile he shall be, His days



to his last day by himself to count!”

Thus did Anu words of judgment utter, in solemnity were the words intended.

\* \* \* \* \*

And so Alalu’s fate was decided.

Remember too, Alalu was an incarnation of Lucifer, so the tendency to get banished or exiled was pretty strong in his karmic makeup - echoes of his banishment from Heaven long ago.

Then one of the pilot’s, Anzu, spoke up and volunteered to accompany Alalu to Mars and to stay with him there, so that he could bury him as befits royalty when he died. This was agreed upon and Anu told him that the next time a ship passed by the planet they would stop and check in on them, and that if Anzu was still alive he would be given command of the way station that would eventually be built there.

Then Anu returned to his rule on Nibiru, dropping off Alalu and Anzu on Mars along the way, and mining operations on Earth began in earnest.

## The Annunaki Soap Opera

**400,000 YA:** There were now seven functional settlements in southern Mesopotamia and the overall area was named E.din (Eden). These settlements included a Spaceport (Sippar), Mission Control Center (Nippur), and a metallurgical center (Shuruppak).

Ninmah, Enlil's lover and half-sister (the Annunaki didn't have the same incest taboos that we have) had arrived on Earth with a group of other female nurses, bringing with them seeds to begin growing some medicinal plants. She told Enlil of the birth of their illegitimate son, Ninurta, who was still back home on Nibiru.

An interesting side note - on their way to Earth Ninmah and her crew had stopped by Mars to replenish their water and there they discovered Anzu, apparently dead. But Ninmah was greatly skilled in the arts of healing and she detected that there was still a spark of life that could be rekindled.

Here is an account of what then transpired, again translated from the Sumerian clay tablets by Mr. Sitchin.

\* \* \* \* \*

Ninmah touched his face, to his heart she gave attention.

From her pouch she took out the Pulser; upon Anzu's heart pulsing she directed.

From her pouch she took out the Emitter, its crystals' life-giving emissions on his body she directed.

Sixty times did Ninmah direct the Pulser, sixty times the Emitter she directed;

On the sixtieth time Anzu his eyes opened, with lips he motioned.

Gently upon his face Ninmah Water of Life poured, his lips with it wetting.

Gently into his mouth the Food of Life she placed;

Then the miracle did happen: Anzu from the dead arose!"

\* \* \* \* \*

Once Anzu had recovered, Ninmah enquired about the disgraced Alalu, and Anzu told her of his fate. He led them to the cave where his body now lay and along the way told them the story of how Alalu had slowly sickened and then died.

Ninmah was greatly moved upon seeing his bones laying there desolate in the cave, for even though he had betrayed Anu, it was the first time in their history that one who had been a king on Nibiru had died on another planet, far from home.

And then, inspired by her compassion, she directed the construction of a memorial that we can still see today. Here again is the translation...

\* \* \* \* \*

“He who once on Nibiru was a king, was a pile of bones in a cave now lying!

For the first time in our annals, a king not on Nibiru has died, not on Nibiru was he buried!”

So did Ninmah say.

“Let him in peace for eternity rest!” she was saying.

They the cave’s entrance again with stones covered;

The image of Alalu upon a great rock mountain with beams they carved.

They showed him wearing an Eagle’s helmet; his face they made uncovered.

\* \* \* \* \*



“the face on mars” as taken by the viking orbiter in 1970

On Earth, Enki had quite an operation going in the Abzu and there were other sites being explored and developed by Enlil. The ores were mined by both Anunnaki and Igigi, and transported to Shuruppak for processing; the refined metal was then sent aloft to orbiters manned by Igigi, then transferred to spaceships arriving periodically from Mars.

There was also now a way station on Mars, manned by Igigi and Annunaki workers under the command of the revived Anzu, where the big ships from Nibiru loaded up.

Throughout the following thousands of years, Enki and Enlil were both on Earth, overseeing operations, and having many children by

multiple Annunaki partners.

Enlil was actually exiled at one point for raping Sud, one of Ninmah's young nurses, to whom he took a fancy, but who rejected his advances.

Abgal, the pilot who was assigned to fly Enlil to his place of exile was loyal to him though, and took him to the location where he previously had helped Enki stash the Weapons of Great Terror. Abgal encouraged Enlil to use the nukes to take back his rule, but then something else happened that made Enlil's return necessary anyway.

Sud had discovered that she was pregnant by Enlil and reported her condition to Ninmah, who discussed it with Enki and together they convened a Council of Seven.

Just as Enlil was considering the possibilities that these nukes had opened up for him, he was contacted by the council and told to return to E.din to face them, where he was given the chance to end his banishment by marrying Sud. He agreed and Sud was given the title, Ninlil.

At this point the main players of the Sumerian and Akkadian "mythology" were all here: Enlil and Ninlil, Ninmah (also known as Ninhursag) and Enki. Anu was said to dwell in the heavens and indeed he did, for he stayed on Nibiru most of the time.

On the other side of the world, another culture was at a more primitive stage of development.

It's population, made up primarily of Homo Erectus and Homo Neanderthalensis, were overseen and protected by the unseen hand

of the Nacaals and the Namlu'u, and lived a relatively peaceful hunter/gatherer lifestyle in many areas of Asia, and were slowly spreading into the vast network of archipelagos in the Pacific that would become known as Lemuria (though that was a name given to the land and culture much later – the actual name of the culture and land that would develop there was MU).

Interspersed throughout this territory and others there were pockets of higher-level civilization formed by those members of the Pleiadian group still on the surface, and these people were protected and kept isolated from other groups by the elite cast living underground.

The Annunaki high command was aware of the primitive cultures in MU, as well as other early hominids that roamed the plains of Mesopotamia and Africa, but considered them little more than animals. However Enki, ever the inquisitive scientist had taken to observing and capturing various forms of native life in order to examine their DNA.

The Annunaki have had genetic manipulation for hundreds of thousands of years at this point and here was a new planet with unique genetic codes that sparked his curiosity. This curiosity, combined with a revolt among the Annunaki workers, would lead to the creation of a brand new species... us.

## Mining Sucks!

**320,000 YA:** Five cities have been perfected in the E.din, they are Eridu, Laarsa, Lagash, Shurubak, and Nibru-ki. Enki has built a towering palace in Eridu, and is settled there with his wife, Damkina and their son, Marduk.

In the city of Nibru-ki, Enlil has constructed a massive observation tower, “The Bond Heaven-Earth”, which was equipped with all sorts of radar, scanning, and telecommunications equipment that linked with all the satellites in orbit, as well as the way station on Mars.

These were all tied into the “Tablets of Destiny” - computers deep underground beneath the tower, which gave Enlil the ability to oversee, and communicate with all areas of his domain. It also gave him control over the satellites which could be turned into orbiting weapons (hence Zeus' ability to call down “lightening bolts from the sky”). All the technological and scientific knowledge of the Anunnaki was stored in the Tablets of Destiny.

The workers involved in mining and processing in the Abzu were beginning to complain about the harshness of the work, and they were swapped out with fresh teams from Nibiru.

The workers on Mars were also complaining about the harsh conditions there and so Enlil invited their leader, Anzu, to come to Earth and talk it over. They conferred about the complaints both of them were getting from the workers and they agreed that it would be a good idea to establish a place of rest and relaxation near Sippar Spaceport for workers on rotation from Mars and the orbiting



stations.

Enlil then gave Anzu a tour of the facilities in Nibru-ki, including the control room, and upon seeing the Tablets of Destiny Anzu was filled with greed to possess them, which would make him master of both Mars and Earth.

After the tour was over and night had fallen, Anzu snuck back to the room and stole the Tablets, taking them to Sippar where a group of workers rallied around him. He claimed that there was no reason that they should continue to follow the commands of Enlil, when now he, Anzu, had control of the great and powerful Tablets of Destiny.

Enraged at the theft, Enlil authorized his son, Ninurta, to go after Anzu, and armed one of the aircraft with powerful missiles that he had been developing. Ninurta challenged the rebel Anzu to an aerial battle and defeated him in a dramatic dogfight in the skies over Sippar.

Wounded, defeated, and disgraced, Anzu was judged by a Council of Seven, sentenced to death, and executed. Enki and Damkina's son, Marduk, was given command of operations on Mars.

The problems didn't end there though. The workers on Earth were still laboring long hours in harsh conditions to bring the gold up from the ground. Soon this discontent in the Abzu would build to full-on rebellion and the leaders of the Annunaki would have to make a choice; to keep on rotating reluctant workers from Nibiru into the work shifts, or to create an entirely new race to do the work for them.

## The Birth Of Adam

**300,000 YA:** Mining has been going on on Earth for tens of thousands of years at this point. The Nibiruan atmosphere had long since been repaired, but the mines were kept going for a couple reasons.

First, the gold particulate that has been suspended in the troposphere, though effective at retaining the planet's heat and atmosphere, and at filtering the radiation from Elenin, needed to be constantly replenished at a steady rate. Also, the Nibiruan scientists have found many uses for gold in their technology, mostly used in various alloys, but also used in an elixir that was found to greatly support health and which extended their already lengthy life-spans.

All was well in Anunnaki society, except for those tasked to work the mines. Even working in shifts that were rotated regularly, nobody really wanted to do it, and the urgency of a home in peril, an urgency that once united and propelled them, now turned into complacency as the atmosphere of Nibiru was stabilized.

Enki didn't notice the unrest in his mines because he was completely embroiled in another project.

He had set up a magnificent laboratory by a waterfall in the Abzu, where he and his son, Ningishzidda, were studying and manipulating the life forms of Earth. Enki had become fascinated with the animals of Earth, particularly the primitive, dark-skinned hominids (Homo Erectus) that roamed the Savannah of Africa at the time.

Enki and Ningishzidda were experimenting with the DNA of Earth, creating various crossbreeds, some that had the torso of one animal and the legs of another, or some other kind of mish-mash. All of our stories about griffins, centaurs and the like originate from this time, because those creatures were indeed created.

Ninmah, being scientifically-minded and curious, also dropped in from time to time to see their work, and to spend time with Enki whom she was now paired up with (she used to be lovers with Enlil, which was now yet another sore point between the two princes).

The Nacaals, who had been monitoring the Anunnaki all along, were disturbed by Enki's genetic tinkering, as they had been carefully shepherding the breeding of life on Earth and weren't sure they wanted it messed with by this more aggressive race, but they decided to let things be for the moment, as they were also curious if perhaps this was Destiny working itself out.

\* \* \* \* \*

**A note on Fate and Destiny:** These are two distinct things and are often the subject of much debate among the intergalactic community when it comes to allowing or disallowing interventions.

Fate is essentially karma - the course that is laid out by the consequences of our own choices, so Fate can be changed by changing our actions and our reactions.

Destiny is the unstoppable unfolding of Universal Design, which can be delayed by the actions of Fate, but never ultimately changed.

When more advanced races ponder whether or not to intervene in a situation, this is often the question about the events under consideration - is it Fate, or is it Destiny?

The beings who evolve the fastest are the ones who learn to align their Fate with their Destiny.

\* \* \* \* \*

The unrest developing in the mines was eventually brought to the attention of Enlil by his son, Ninurta, who had noticed a drop-off in gold production.

Enlil dispatched Ninurta to the mines to assess the situation and there he heard the complaints of the workers - which mainly revolved around the drudgery of the labor and the intense heat in the mines.

Upon hearing his son's report, Enlil himself visited the mines. When the workers heard that the big boss was on site they mutinied and surrounded his compound, demanding to be heard. Enlil assured the workers that he would contact Anu and present their concerns to him and his council, but that he must return to the Bond Heaven/Earth in Nibru-ki to do so. Hearing this, the workers grudgingly resumed work and waited.

In council, Anu insisted that gold production must continue as it was still crucial to Nibiru's survival and to furthering scientific advancement.

Enki then surprised them all by disclosing the work he had been doing with the DNA of Earth, and announced that he believed that he could upgrade the DNA of Homo Erectus with Anunnaki DNA; resulting in a subservient yet intelligent new worker race to take the place of the Anunnaki in the mines.

Enlil was against the plan. He believed that creating life was in defiance of the Father of All.

Enki, Ningishzidda and Ninmah argued that they would not be creating life, merely altering it, as their forefathers had done to create the different forms of Igigi.

After a long and heated discussion, Anu gave Enki, Ninmah and Ningishzidda his blessing to return to the laboratory by the great waterfall to begin their experiments.

Anu also decided at this point to move and settle more closely to Earth, on the Moon, where the Anunnaki had now established a few cities (they actually had to defeat and evict a bunch of Draco who were still hanging out on the moon, and their cities were built on the infrastructure of those old reptilian bases - I won't go into the details of this little war, but it was significant, as it was the first time that the Anunnaki had come in contact with another intelligent race since the ancient days of their prehistory, it was a bit of a wake-up call to be sure!).

There were many failures, but eventually success was achieved by fertilizing an Anunnaki ovum with a sperm from Homo Erectus in the lab, and then implanting the embryo in Ninmah's own womb, where she carried it to term.

The resulting male child was named Adamu (Adam) and he was the first of the Homo Sapiens. Shortly after this the first female was successfully produced and given the name Ti-Amat (Eve).

These first of our forebearers, and those that came after them, had only 22 pairs of chromosomes, and were unable to reproduce, which irritated Enki, for he wanted them to be able to procreate and flourish, thus swelling the ranks of workers on their own.

However, Enlil approved of their infertility for he felt the population should be strictly under Annunaki control, and he didn't like the idea of how similar to his own race the new humans would be, should

they be given the chromosomes necessary to be able to reproduce on their own.

But Enki didn't see how they could possibly produce enough workers in time to quell the growing unrest in the mines, without the new species reproducing itself. So, in secret he added two “branches” to the “tree of life” - the extra pair of chromosomes needed to reproduce, changing their DNA to the way it is now - 23 pairs.



Adamu and Ti-Amat were then placed in a protected enclosure in the E.din (the garden of Eden), and basically were left to their own devices. Their creators watched and also invited the other members

of Annunaki royalty to come and see, as well as the Igigi and other workers, such that they should be mollified that their days of toil were numbered. And indeed, everybody was very pleased and amazed with the results. Everybody except Enlil.

When Enlil discovered what had been done, in secret, by his brother, he flew into a rage. He had only grudgingly gone along with the plan in the first place, and now that the new race had been “given the knowledge of good and evil” - given the ability to have sex and reproduce, by “The Serpent in the Garden” (Enki's symbol was a pair of entwined serpents, symbolizing the double helix DNA strand) – he was furious. He didn't like anything momentous being done without his approval, and he viewed the creation of a race that could reproduce to be outside the bounds of what was morally acceptable.

But now the cat was out of the bag. Once it was established that “Adam and Eve” could indeed make babies (the first birth was actually twins – a son and daughter), Enlil decreed that they be “banished from E.din” and returned to the Abzu, where, over the next Shar (3600 earth years) they and their offspring proliferated into the worker race the Annunaki so desperately needed.

Remember, incest was no big thing to the Annunaki, so they didn't really have any issue with the human race as we know it descending from one pair – though there was some genetic diversity introduced by various members of the Annunaki having sex with humans, which happened quite a lot actually.

In fact Enki himself was known to seduce human women. At one point he encountered and mated with two women – one who bore a son (Adapa) and the other who bore a daughter (Titi). Adapa and Titi



eventually got together and had two sons: Ka-in and Abael (Cain and Abel) who we know from the Bible, though their story was simplified and condensed such that it was said they were the children of “Adam” and “Eve”, which they were, distantly.

These various human/Annunaki hybrids were more intelligent and longer-lived than the pure Homo Sapiens and began to evolve into a more “civilized” subculture. Adamu was even taken to Nibiru at one point and given the knowledge of farming and shepherding, which he eventually passed on to his sons – Ka-in (Cain) the farmer, and Abael (Abel) – the shepherd.

All the stories of the Old Testament spring from this time, and though they have become condensed and distorted with time, there are seeds of truth in all of it. Ka-in did indeed slay Abael one day, as they argued over water rights for their crops and sheep. Enki was the Serpent in the Garden who brought the “knowledge of good and evil”, and Enlil would become known as that vengeful Old Testament God, Jehovah.

## The Proliferation And Concentration Of Homo Sapiens

**300,000 – 75,000 YA:** During this long period of time human culture on Earth slowly developed and the population of Homo Sapiens vastly increased.

The population could no longer be contained solely in Mesopotamia and Africa and mining operations needed to expand as well, for gold in the Abzu was depleted. Mining, and the humans who did it, along with their Annunaki overseers spread; to parts of North and South America, and to the great archipelagos of the Pacific (which would become known as MU, and later, Lemuria).

There were some unfortunate incidents during this time, as more aggressive groups of Homo Sapiens sometimes took to hunting the peaceful, nomadic Neanderthals and other earlier hominid forms that lived in the area that would become MU.

The Nacaals, who had watched the evolution of Homo Sapiens on the other side of the world as it progressed, did their best to protect their people in MU, and eventually decided to help bump up the culture and spiritual prowess of some of the early hominids by teaching some select groups about how to tap into their energy bodies for guidance and protection. This was the beginning of the Lemurian Mystery School.

So despite some ugly exceptions, when the two cultures met and began to mingle they were relatively equal in terms of intelligence,

though they differed greatly in the ways that they had evolved.

The Annunaki-bred humans were more focused on industry and technology, while the inhabitants of what would become MU were more interested in nature and spiritual development. These are the ancient roots of the basic divide that existed (and still exists) between the “Civilized” cultures of the world (the descendants of the Annunaki line and eventually Atlantis) and “Indigenous” people (The descendants of the Nacaal line, the children of MU). But during this period the intermixing was relatively small and remained basically harmonious.

The Pleiadian Group was not excited about the hodgepodge mashup of races now roaming the Earth and they withdrew all their people underground at this point in order to maintain the purity of their lineage, and they have remained underground to this day, uninterested in mixing with the other, more aggressive bloodlines.

**200,000 YA:** All the cultures on the surface of the Earth faced a new challenge, as the climate began to cool. Civilizations that had been expanding north and south around the world began to retreat back towards the equator. With this retreat the cultures began to concentrate more and the seeds of the great, technologically and spiritually advanced cultures that became known as MU and Atlantis, were planted.

*One note - the magnetic field and axis of our globe was different at that time and the land we currently call Antarctica was not covered in ice, it was a fertile land that would eventually become Atlantis. If*

*you go to Google Earth, or any program where you can spin and rotate a globe you can check out how the poles were aligned then. Go to Antarctica and make it so that it is at the center of your screen – that's Atlantis. Then rotate the globe such that if you spin straight to the left, Africa appears to be laying “on it's side”. If you spin to the right you encounter a vast swath of ocean that covers the entire face of the globe, with a few islands – such as New Zealand, Fiji, and Hawaii poking up. This is were MU was.*

The Annunaki in particular were interested in the territory of Atlantis at that time for Enki had discovered ancient ruins - incredibly ancient, 200 Million years old - that nonetheless displayed a highly advanced technology. These ruins were from the ancient builder race , the Paa tal, and the Nacaals were a branch of that family tree and had known about those ruins for eons, so when Enki discovered the site, the Nacaals chose to reveal themselves to him and his people.

This eventually widened a gap that had been growing for some time in the Annunaki culture, for Enki and his followers would embrace the teachings of the Nacaals, greatly evolve in consciousness, and value a diverse Earthly and galactic culture, while Enlil and the people on Nibiru grew less tolerant and more aggressive, and valued the traditions and purity of the Annunaki race above all else.

Other groups of people, in their search for shelter, discovered the vast network of ancient underground caverns and cities, many in ruins, some uninhabited, some populated by Draco, and some by more benevolent groups, which existed under the Earth's crust. This migration would continue over the following hundreds of thousands of years, especially during times of hardship when the surface of the Earth was less hospitable, both by human groups and non-

terrestrials, and that underground land would become known as Agartha – the inner Earth civilization of many cities that spans the globe to this day.

**77,000 YA:** Mt. Toba in Indonesia erupted, producing the largest volcanic explosion in human history. Human civilization went through a consolidation at this point which actually greatly increased it's potential.

The six-year nuclear winter and 1000 year Ice Age that followed reduced the population to only around 2000 people, but those 2000 were the smartest, strongest, hardiest and most adaptable. The civilizations that would emerge from this winnowing would be the most advanced that our Earth has ever seen, even to this day. This winnowing almost completely eliminated most of the early hominid groups, such that Homo Sapiens emerged as the dominant human group on Earth, though there were still a few pockets of spiritually advanced early hominid groups that did survive.

By the time we get to around 75,000 YA, the Ice Age was beginning to wane, and the civilizations of Earth were mostly concentrated near the equator on the continents of Africa and Atlantis, and the vast archipelago of MU.

# **Chapter 5:**

## **Atlantis and MU**

## The Golden Age of Atlantis and MU

**75,000 YA:** This time on Earth was the age of the highest peak of civilization so far experienced on our planet. A time of technologies far more advanced than we see today, advanced spiritual development (which was part of the technology – these were higher Density technologies based on consciousness, rather than 3D mechanics), and cities made up of many races, both terrestrial and non, living at different levels of Density, spread across the globe.

Underground, the great inner-Earth civilization of Agartha was also well established and still expanding. The beings who lived there were mostly benevolent or neutral, though there was still a pocket of Ciakar, the Draco royalty, living in their stronghold under Africa.

In the preceding millennia the Nacaals had made themselves known to the Annunaki and had educated them on the vast interstellar community they were part of. This, combined with the flourishing of mankind and advances in consciousness opened the gates for many other ET races to visit the Earth, and our world became a true Utopia, for a time.

Genetic experiments also continued, both through the intermarrying of various races as well as through deliberate manipulation of DNA. By the time Homo Sapiens emerged from this period, we would have 22 different “races” or genome types, thanks to the influence of 22 different ET races. This furthered the pace of evolution in all areas of life.

Enki, in addition to getting all “hippy” on Enlil by embracing the traditions of the Nacaal, also had mated with quite a few different human women at this point, and then elevated some of those children to govern in various locations, which enraged the prudish Enlil, to whom this increasingly complex and intermixed globe seemed more and more tarnished and “impure”. He longed for the good 'ol days of Annunaki dominion and he began to return to Niribu more frequently. He also started to mull over possible ways to end the human experiment on Earth.

Atlantis, being the center of all things scientific and technological, tended to have a bit of an inclination towards a manifest destiny kind of attitude. They were more concerned with what could be achieved and discovered, than they were with maintaining harmony with nature and spiritual equanimity; more concerned with what they *could* do, and not so much with what they *should* do. They did work to develop their consciousness as well, but also with interfacing those advancements with more mechanical creations.

The civilizations in Atlantis were centered around cities, and the capital city, which was actually on an island just off the northern tip of the continent, was built in three concentric rings, which was also the symbol of Atlantis in general.

In the center ring dwelt the Nacaals, the Ascended Masters, whom Enki – recognizing that they were far more advanced in consciousness than his people – had entreated to take up residence. They served as the guiding spiritual and moral hand for the Atlantean culture, and their 5D city, Shamballa, served as the spiritual center for the Earth.



In the next ring lived the Maya – these were essentially the priesthood, the folks who served as an interface between the common people and the Nacaals, and who supported the people in the advancement of their consciousness. Some also pursued their own ends, developing different sciences and technologies. The Maya were, at first, exclusively comprised of a race of human ETs who had traveled here to be part of this time on Earth, but over time they accepted members of other races into the Atlantean Mystery School they formed, and also into their ranks as honorary members.

In the outer ring lived everybody else - many people from many different races, both terrestrial and non, and they came in all shapes, colors and sizes.

In MU they also were interested in technological development, but were more interested in achieving advancements in consciousness, realizing that with sufficiently advanced development of their energy body, the need for mechanical technology pretty much disappeared, though they did manipulate the natural world to great effect, such as weather modification to maximize crops, and islands and mountains that were essentially manifested from the raw materials of Earth to protect the population against typhoons.

Take the “inexplicable” city of Nan Madol, constructed entirely of magnetic columnar basalt logs laid on top of one another, 5-25 tons each. Of course modern scientists are baffled because they don't know that these giant rocks were moved using sound and consciousness – which is how most of the unexplained megalithic structures of Earth were built. The combined magnetism of that much basalt in one place could be harnessed to literally zap threatening typhoons.

The Lemurians also had a consciousness-based technology that enabled them to share memories – to literally step into a vivid 3D memory complete with all the five senses. This technology has been preserved by the Aboriginal culture in Australia (who were originally Lemurians) who call it the Dreamtime.

The culture of MU planted the seeds of some of our current spiritual traditions – some of the ideas behind Bhuddism and Hinduism can be traced back to there. The cultural organization was also more loose in Lemuria – resembling nomadic and rural culture more than the Atlantean urban lifestyle.

This was a time of harmony and mostly peaceful interactions between these cultures. Many Atlanteans would travel to MU to “get back to the land” and to develop their consciousness and spiritual practices, and the more scientific-minded Lemurians would travel to Atlantis to pursue greater learning in those fields.

All in all it was a pretty great time to be alive on Earth and a lot of us here now, when we long for Utopia or a more advanced civilization are responding to the cellular memory of this time.

The creation myths of the South American, Pacific, and South Pacific Island cultures all come from this time – from those people's memory of the land of MU, and many of the stories in the mythology of ancient Egypt actually came not from Egypt, but from Atlantis.

For example: some of the members of the Maya circle developed their consciousness enough that they achieved immortality through the Ascension process and became honorary members of the

Nacaals.

The first one to do this was an accomplished student of mixed birth named Osiris, and he achieved it kinda by accident with a little “help” from his brother, Set.

Osiris and Set were both mixed-race children. Their father was Marduk, also known as RA, the Annunaki commander who had run operations on Mars for many years but who had returned to Earth a while back and had quite a few affairs with local women.

Osiris was already a very talented and accomplished student at the Atlantean Mystery School and his brother was jealous and bitter. Perhaps through the random chance of genetic variation, or maybe because his soul had carried the coding in with it because of karma, Set had inherited some of the worst tendencies of the reptilian side of his father's Annunaki DNA (remember, the Annunaki themselves were reptilian/human hybrids).

He was violent, powerful, and service-to-self minded, with an attitude that was set on domination. Although he excelled at destruction he could not achieve the kind of advanced feats of consciousness – more powerful than any weapon – that came effortlessly to his brother, Osiris, which drove him nuts.

So yeah, when he heard the news that Osiris had been called forth as a candidate for Ascension into the ranks of the Nacaals, he pretty much lost his shit and ambushed Osiris, killing and dismembering him while he was deep in meditation, and then burying the pieces in various locations across Atlantis.

Osiris had been deep in meditation – practicing and preparing himself for the Ascension attempt – so he was not able to react in time to stop the killing blow, but upon sensing his brother's imminent attack Osiris was able to pull his consciousness out of his physical body and into the Merkaba (light body) he had just been working on. He then simply followed Set while he disposed of the body and then guided his wife and sister to the places shortly after, who recovered his missing parts.

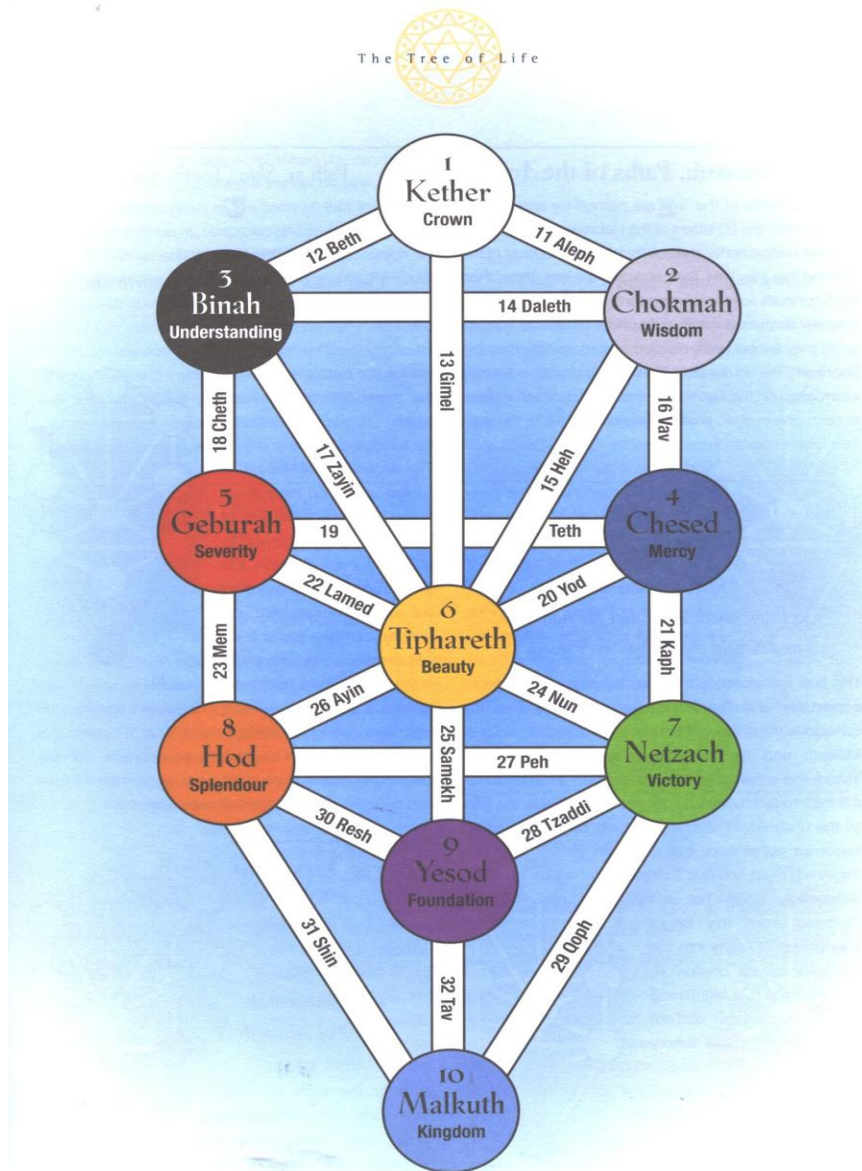
Osiris could have remained a light being, or re-incarnated, or manifested a plasma body, but he had a fondness for his flesh and blood form and didn't wish to relinquish it just yet. Using consciousness, he was able to fuse his parts back together and then re-inhabit his physical form, only now with a fully functioning light body which enabled him to transform his physical self into light and back at will.

This was the process of Resurrection, and as far as I know he was the first one to do it. The Nacaals already had perfected the path to Ascension, which had the same outcome ultimately, but Osiris was the first to actually repair, re-inhabit, and then ascend a physical form that had been deceased. Something that a guy named Jesus would learn how to do many thousands of years later at a mystery school in Tibet.

All was going swimmingly on Earth until about 52,000 YA, when something happened that began the long slide into darkness from which we are only just now emerging.

## The Thirteen Royal Bloodlines

**52,000 YA:** The whole continent of Atlantis was buzzing with the news: The Nacaals and Maya were going to manifest a Tree Of Life on Atlantis – an energetic matrix comprised of 10 energy vortexes. This would accelerate all development on Atlantis, especially the development of consciousness. They laid out their grid that spanned the continent with the following shape...



Notice how each one to the vortexes has a certain archetypal quality, or vibration. There were groups of people on Earth at the time who matched the vibration of each of these centers, and they had been gathered together at the vortexes to reinforce and embody that frequency, thus grounding it into the 3D plane, with the exception of two spots.

None had been found that matched the vibration of 2 – Chokmah, roughly translated as “wisdom” but more specifically this refers to spiritual law and purpose, and 8 – Hod, “splendor”, meaning more specifically majesty and intellect.

The architects of this grid decided to go ahead anyway, determining that these two empty vortexes would draw the life that matched their vibration to it – possibly from some of the people who lived under the Earth's crust in Agartha. Or perhaps from nearby star systems.

And yeah, that's what happened, but with some unfortunate results.

Two groups from the stars were indeed drawn to these energetic power spots. The first was the group we know today as the Hebrews, and they were just fine.

They were a nomadic civilization descended from the ancient Paa Tal race and still remembered and revered the ancient creator of the human DNA strand – their “God”, YHWH (Yahweh), who was actually still around in our Universe, mostly hanging out in the 6th Density, and who would guide and intervene for his people when they needed him.

The Hebrews were seekers of wisdom and had intricate systems of spiritual law, and they matched the vibration of Chokmah. They

were largely left-brain dominant, and the Earth would provide a valuable education for them in right-brain experiences. They were welcomed by the Nacaals and the priesthood and settled into their territory.

The other group was not so good.

Remember the Dark Men from Orion? The 13 Royal Bloodlines who had fled into spacetime about 2.4 million years ago, as the planet they had subjugated, Maldek, blew into bits?

This was the opportunity they had seen back then. Using synthetic Merkaba technology that gave them access to the 4th density, where time is not linear, they traveled to this time and place.

Even though they were service-to-self minded (which, if you remember back to the first chapter, can exist at the 4th Density) their vibration matched the archetype of majesty (royalty) and intellect that was vibrating in the Hod vortex. For them the journey was almost instantaneous – one moment they were in their ships on Maldek as it blew to bits, the next they were manifesting in this vortex on Atlantis, 52,000 years ago.

Needless to say, the Nacaals were concerned by their service-to-self vibration and the reverberations of violence and vengeance in their karmic field, but basically had the attitude of, “Well, if this is what has manifested, then it must be what is needed”.

So the 13 Royal Bloodlines, those that would become what we call today the Illuminati, or Cabal, were once again reluctantly invited into Utopia.

## The Fall Of Atlantis And MU

The fall of these great civilizations culminated in the event referred to in the Bible, and in many other religious texts and indigenous histories, as The Great Flood, or The Great Cataclysm, but there was a very long, slow decline over the 40,000 years that preceded this dramatic desolation.

40,000 years is still a really long time! A lot of that time was still basically good, and of course there were many ups and downs, but the general trend in Atlantis was one of a decline in the exploration of consciousness and an increase in science, technology and military development.

This was mostly due to the influence of the 13 Royal Bloodlines, who we will refer to as the Cabal from here on out. The Nacaals and Maya were too strong for the Cabal to simply take over, so instead they insinuated themselves into the society and quietly, persistently worked to further their agenda through creating more and more left-brained technical “marvels”, which were seductive to the common folk and which influenced a general trend towards valuing technology and craftsmanship over the development of consciousness.

As they have done since time immemorial on this planet, they slowly infiltrated the ranks of power until there were members of the Cabal within all the power structures except the inner circle of Nacaals – playing the game but steadily working towards their own agenda of control and military might.



They also met with the Draco who were mostly under the Earth at this time in Agartha, and discovered that their agendas and polarities were aligned. This began the beginning of a long alliance that exists to this day. Many people think that the Draco *are* the Cabal, and they are that group's most dominant presence in the world, but they are only part of it.

Atlantis steadily became more and more militaristic and interested in overseeing the development of the whole globe, and MU began to isolate itself more to protect the more spiritual inhabitants of that land from the corrupting influence of the Cabal's agenda. Over time the two lands became polarized and divided. Skirmishes, and eventually full-out wars, began to break out between them.

Seeing where all this was headed, and because of the lower vibratory rate that was painful to them, the Nacaals began to distance themselves more and more from the 3rd Density Earth and returned to Shamballa, which was still floating above the Earth, and to other 5th Density bases on Venus. Various groups from MU and Atlantis also fled into the Earth and the expanding Agarthan civilization, in order to escape the increasing conflict on the surface.

**13,000 YA** – Enlil has been on Nibiru for some time now and only occasionally visited the Earth, where Enki was still in residence.

One night, his astronomers informed him that they had discovered that the next time Nibiru passed close to the Sun, the trajectories of it and the Earth's orbits would bring the two planets perilously close together, which would undoubtedly trigger massive natural disasters

on the Earth's surface.

Nibiru would be effected as well, but it was not a very watery planet, not really a planet at all remember, but a long-smoldering star, so it would not be subject to the same kind of tectonic effects and resulting water displacement.

This was music to Enlil's ears. Not only was the world descending more and more into turmoil, but with 21 other races stirring up the gene pool, and with the intermixing of Annunaki blood with the blood of Homo Sapiens and other species, he felt that the Earth experiment had failed. He welcomed this opportunity to “cleanse the Earth” and start over again, and so he forbade his scientists from informing anyone else about the impending calamity.

Enki though, he was a scientist as well, and he regularly observed the stars, the planets, and their orbits from Earth, and so he came to the same realizations as Enlil's scientists had, but when he communicated his discovery to Enlil he was dismayed, for his half-brother then placed upon him the same restriction as he had placed upon his science division.

But Enki, now very different from his half-brother due to all the time he had put into developing his consciousness, loved his people and the civilizations of Earth too much to stay silent. He informed the Maya of the impending calamity and they quietly began to collect DNA from the plants and animals of Earth and to place these genetic seeds in an “Ark”, which was actually a spacecraft not a boat. However, submersible vessels were also constructed for the people to take refuge in when the time came. The head engineer of this whole project was named Noah.

The Nacaals, who already knew all about this impending side-swipe by Nibiru, and a few high-ranking Maya also took it upon themselves to start preparing the Earth energetically, for the Nacaals foresaw a looming collapse not just in civilization, but in consciousness as well. They began constructing sacred temples all over the Earth, mainly pyramids, which they would later use to build and maintain a new consciousness grid, should the existing one totally collapse.

This is the time during which the Great Pyramids of Giza were built – before the flood – which is why sea salt and marine fossils have been found on and in the Egyptian pyramids.

There's a reason why all the modern theories about how the pyramids were built are problematic and it's because they are all wrong! The Pyramids were actually manifested, whole and complete in the 4th Density by the Nacaals, then they simply lowered the structures' vibratory rate down to the 3rd Density where they became stone. This is how they were so precisely aligned as well - not a problem when you do it all at once.

This was all kept quiet from the general populace but the Cabal, thanks to their far-reaching influence and high placement in administrative and religious offices, knew about it before too long, and they decided to take their own approach to the problem.

They had long ago harnessed 4th density energy and constructed an artificial Merkaba weapon on Maldek that had the power to blast a planet out of the sky, which had ended up blasting their own planet out of the sky. One would think that they might have learned from their previous disaster, but the Cabal are nothing if not arrogant.

Some records of the device still remained and the Cabal scientists were confident that with those documents and their own innovation they could construct such a weapon again, especially given the Tree of Life energy vortex that was integrated into the continent which gave them an easy source of energy to work with.

So on Atlantis, as Enki and the Maya worked to preserve life and civilization after the inevitable catastrophe, The Cabal worked to avoid it entirely by building a terrible weapon capable of destroying Nibiru before it got too close.

On MU the people were prepared in a different way. Forewarned by the Nacaals and by others with consciousness that had developed enough for them to see through time, the people of MU began to move their settlements from the coastal areas they had always inhabited up into the mountainous regions of MU, and also into the underground civilization of Agartha.

## The Merkaba Disaster and The Great Flood

**12,500 YA:** The best way to sum up the Cataclysm would be to say that just about everything that could go wrong, did go wrong.

There had been intermittent war between Atlantis and MU for almost 1000 years at this point and both lands had suffered damage.

The Nacaals sensed what the Cabal was up to and had urged the Maya cast to take action, but the Maya were up to their necks already trying to preserve the life on Earth in the face of the impending calamity – collecting and preserving DNA strains and overseeing the construction of vessels as well as making contact and negotiation with various inner Earth groups. They sent some priests to check out the activity in the Cabal's sector, but if the Cabal were ever good at anything, it was keeping a secret.

So the Nacaals turned to the warrior caste of the Lemurian people and implored them to launch some special-ops missions into the Cabal's labs, to try and sabotage the development of the weapon, which they did.

Just a note here – Though they had made exceptions in the past, the Nacaals were generally hesitant to take sides or influence events in any way, so what gives with this outright encouragement of an act of war?

They were desperate, that's why. They could see down the probable timelines and they almost all pointed to something VERY bad. Bad

not just for the Earth, but for the whole of Creation (because of the importance of the Earth – remember she holds a major piece of Divine Feminine Energy).

The raids were partially successful, in that they did manage to slow down the Cabal's plans, but they were massively unsuccessful in another way. The Cabal used the attack on their labs to stir up outrage among some of the more militarily minded factions of Atlantis (whom they had been allies with for thousands of years already) and basically used the incident as pretext for stirring up war between the two continents.

So amid secret preparations for sustaining life, mass migrations of people in MU, development of a secret weapon by the Cabal, and a giant planet heading in to almost sideswipe the Earth, now there was warfare in the mix as well - even some nukes were used by Atlantis which began to destabilize the entire geographic region of MU.

As the planet got closer, and the effects began to be noticed on the tides, the Cabal turned on their planet-killer.

Now here's the thing about this kind of technology – it's very unstable and dangerous. It takes precise calculations and instrumentation, the most refined construction and attention to detail. The Cabal scientists were very good, but it had been, in their time, about 50,000 years since they had last built something like this.

They were working from fragments of old plans, and in their pride and vanity not only did they not think about their limitations of understanding and that there might be crucial holes in their plans, they also didn't realize that because the energy grid they were

tapping to power their machine had been created solely with consciousness and love, it would not be a good vibratory match for their creation, which was intended to destroy. It had worked ok in the lower energy testing phases, but when they turned the thing on and cranked it up in preparation to fire, things went sideways very, very quickly.

First there was a massive earthquake, which destroyed much of Atlantis and began it's slide into the sea. It even reached as far as MU and destabilized that continental plate even more.

Nibiru's massive magnetic field then began to push on Earth's magnetic field, beginning a shift in the magnetic poles. Upon seeing this, obsessed with their objective, and secure in their own personal safety, the Cabal fired upon Nibiru.

Oops.

The resulting devastation didn't harm Nibiru at all, the energy of the weapon didn't even make it past Earth's upper atmosphere, but it totally wreaked havoc on Earth - most of the rest of the Atlantean cities were immediately destroyed as a result of the physical explosion and the continent sank beneath the sea. And, because of the nature of the technology involved, the explosion was metaphysical as well.

A rift was torn open in Creation and the creatures of the Void, the Asuras, were let into our plane of existence, where they immediately attached themselves to the energy fields of whomever was around. The Nacaals, who were having a busy day to say the least, managed to send much of that parasitic energy back to it's plane and close the

rift, but the damage had been done.

The demons had attached to members of the Cabal and to the common citizens of the sinking Atlantis and it was now part of their energy field and could not be easily or quickly pulled out without destroying, or severely damaging the host. Think about trying to pull out tick – a chunk of your flesh will come with it if you don't do it in the most careful, gentle way and with the right technique. It's the same with the Asuras - they can be removed but it's a delicate procedure and the Nacaals had their hands full with so much else.

The way that the Cabal experienced that energy attaching was as a rush of increased power, for they were already aligned with that vibration.

The common folk though, they experienced that energy as an increase in survival terror and as pervasive negative thought loops that mostly vibrated hostility and a sense of, “I shouldn't exist here, and so neither should anything else”. Many were driven mad with terror, or turned violent.

Many, many people are still effected by these demonic energies to this day – which is really just energy that is stuck in the wrong place and like I said, it can be removed and returned to it's right place, but it has to be done carefully by someone who is well connected to the forces of Light and knows what they are doing.

But all of that was just the beginning of the Cataclysm. Then the poles shifted.

The magnetic intensity of Niribu's proximity not only nudged the



Earth's magnetic field out of whack, it also heated up the interior of the Earth, and the mantle liquefied to the point that the Earth's crust became slippery. So when the poles suddenly and dramatically shifted, so did the continental plates, causing the Great Flood.



Giant tsunamis thousands of feet tall rippled around the globe. And not only that, there was such severe and bizarre weather phenomenon that some places, including Atlantis, were flash frozen even as they were submerged. The islands of MU were completely wiped out and much of the continental plate that held them up sank into the ocean

When it was all over the globe looked basically as it does today, the Earth we are familiar with.

Many people did survive – the Lemurians who had migrated high into the mountains or deep under the Earth and the Atlanteans who had made it into the submersibles after the first earthquake; and the Ark survived as well. It carried the DNA of most of the plant and animal life of Earth and it also carried the highest ranking members of the Maya, and some of those whom had ascended to honorary Nacaal status, who would play a huge role in helping clean up the mess and reestablish civilization later on.

We had lived, during the Golden Age, as a great multi-density civilization, focused on creating beauty and developing our sciences and consciousness. Now, after the Cataclysm, most people left on the surface were living in survival mode. Driven by desperate circumstances and invasive Asuric energies, we regressed to a primitive, cave-man style, tribal existence.

There were some exceptions. Those who had made it into Agartha would continue to thrive and develop underground. Some settled in existing cities, and others were given permission to build their own.

Many of the tribes of MU who had fled to the mountains preserved their ancient wisdom and lived in peaceful cultures in the islands of the South Pacific and in areas of South America, though some of these folks also fell prey to the Asuric energy, which started to encourage dark religious practices involving human sacrifice. And then there were the Nacaals in Shamballa, and the Maya group in their Ark, floating above the Earth.

But there was also the Cabal, most of whom had survived, and even had their dark energy increased by the Asuras. They rode out the Cataclysm in their enormous ships which were now buried deep

under the ice in Antarctica, and the general vibe of fear and survival which permeated the Earth after this great plunge in civilization and consciousness was an opening for them to step fully into power, which is where they have been ever since.

## **Chapter 6:**

### **Modern History**

**(everything post-flood up till now)**

## The Clean-Up Crew And Post-Flood Civilizations

**10,000 BC – 0 AD:** From this point on we already have one history that's been accepted – the one we all learn, about cavemen and primitive tribes, the early civilizations of Egypt, Greece, the Orient, etc... what is missing is the massive backdrop of all that went before and the fact that there were other, higher-Density realities and beings with agendas both positive and negative in the picture, and behind the scenes.

The Nacaals and various high-ranking members of the Maya priesthood, along with the positive-polarity Annunaki and other genetic farmer races, did their best to shepherd and guide the people back towards a more evolved consciousness, sometimes overtly and sometimes by discretely nudging events and people here and there.

The first thing they had to do was reseed plant and animal life from the DNA banks they had gathered before the Cataclysm and continue to develop the consciousness grid they had anchored with the pyramids they had constructed across the world. As the years passed they would guide their followers across the world and help them construct more pyramids and massive megalithic structures to strengthen the consciousness grid – think of Stonehenge and all the other standing stone sights across the world, as well as the pyramids that have been found on all continents, many very recently – many of these were constructed during this span of time.

Also, a note on their construction – these later structures actually were built with stone, not manifested down from the higher Density

like the Great Pyramids of Giza, but they were not built “by hand”, but rather through the use of anti-gravity technology. Some of this tech was in the form of actual devices handed down through the generations from Atlantean times, but more often the higher ranking priests in the culture, who had been initiated in various teachings through their “gods”, used consciousness and sound to move and place the stones.

Also the reason that most of the pyramids that were built during this time have flat tops (and this is true all across the world – South America, China, in the South Pacific), is because the apex of the pyramid was actually a 4th density mini-pyramid that sat on top of the flat stone – it was a higher density pyramid that was powered by the stone structure and interfaced with the consciousness grid.

Most of the Nacaals settled in India and Tibet, where most of the higher-consciousness folks from Lemuria had ended up. If you examine the ancient Vedic scripts and artwork you will see numerous references and depictions of advanced flying craft and weaponry as well as undeniably alien figures – Krishna was blue remember! - these were the vessels and personages of the Nacaal group and other ET races.

Most of the Maya ended up as, well, the Mayans! They settled in South America and began intermixing with the local folks who were mostly made up from survivors of the general populace of MU. By the time 2500 BC rolled around they had a well-established civilization, the only civilization in South America to have a comprehensive writing system and precise, advanced architecture featuring, surprise... many pyramids.

The reason the Mayan culture vanished mysteriously around 1000 AD is because they were needed back on their home planet. They have recently returned to help us out, but I'll get to that later.

Another branch from the Atlantean mystery school came to Britain and established the order of Druids there, as well as the 4th-Density community that would be called Avalon.

Also remember that there were 22 genetic farmer races at this time, and most of them took those in their respective genetic programs under their wing, sometimes literally!

There's a reason that the ancient Chinese and Japanese cultures feature dragons as benevolent gods, for the farmer races of those lineages were from various branches of the Dragon Queen Tiamat's people, who were a benevolent reptilian race (though Japanese history also features evil dragons - these were from a different race of sea-dwelling reptilians who were NOT so nice).

The Earthly Nordic races were helped out by their progenitors – The Nordic ET group, and the Asgardian people, who have been prominently featured in films lately.

Incidentally, the Marvel films are all part of the disclosure movement and have a lot of factual elements that are presented as fantasy – Asgard, the Ice Giants, enormous floating battle carriers with cloaking technology, an inter-galactic multi-density civilization with many, many types of beings both good and evil, an evil group secretly working within the Earth's intelligence community to bring about world domination (Hydra = Cabal), etc.... - all based on fact.

The Hebrew people have a story of Ten Lost Tribes that vanished in

the time after the flood. This is because they were split up during the devastation of Atlantis – the Lost Tribes were a contingent of the Hebrew people who had been in MU for quite some time; developing their consciousness and living a life more immersed in nature.

When the Cataclysm struck, those who were on Atlantis ended up going east and establishing what would become Israel, and the ones on MU were driven west and north to what would become America and Canada - the aboriginal tribes of North America, and some groups in the Caribbean, are actually the descendants of the lost tribes of Israel.

There are many tribes of Native Americans, but in general, consider these similarities between that race and the Hebrews – similar facial features and similar coloring in skin, hair, and eyes. Both groups call the Creator Yahweh or some variation of that, like Yah Yah, YoHeWah. Both groups tended toward a nomadic lifestyle, and for a large part both groups carried some sort of Ark into battle, celebrate seven feasts, keep a seventh day of rest, had cities of refuge, and don't eat pork. Even the wording of many of the prayers from both cultures are the same or similar.

The positive-polarity Annunaki who were still on Earth at this point helped out the people who flocked back to Mesopotamia and cultivated the development of what would become the Egyptian culture.

This is pretty easily observed in our consensual version of history, for modern historians have been baffled by the so called “stair-step evolution” of Egyptian culture – first there was only an oral tradition



then suddenly, BAM!, there is a complete system of writing all at once used by everyone, then BAM! - water and moat systems are implemented, then BAM!- advanced hydraulic systems are suddenly put into place across the land. Each one of these developments are referred to in Egyptian lore as “gifts from the gods”, which they were, though one must substitute “ET” for “god” in order to be accurate.

During this time of cultural development there was still division in the ranks among the Annunaki. Like Enki, many had cultivated their consciousness and embraced a service-to-others vibration, and others had most definitely not, and still embraced the vibration of service-to-self. Most of the negative-polarity Annunaki were back on Niburu, but there were a few powerful exceptions, and this created debate and conflict, mostly about the best way to cultivate human civilization, mainly revolving around what degree of interference should be allowed, and if it was still ok to use humans as a labor force to advance their own agenda of gold mining, etc.

The two people who would butt heads the most about this were Marduk (now called RA), and Ningishzidda (now called Thoth). Eventually Enki (who kept behind the scenes during this time and was unknown to the Egyptians) stepped in and settled the dispute and reluctantly gave the territory to his son Marduk (RA), hoping that the hard lessons of leadership might change his mindset and help him develop compassion and empathy.

But RA rewrote the histories to make himself the Supreme God, though Thoth continued to be venerated by the people. Thoth then went on to help out with Stonehenge around 2800 BC and then went over to the developing Mayan civilization, where he became known

as Quetzalcoatl.

From this point on, when intervening in some way, all the genetic farmer races would pose as Gods to their respective groups, as it was much easier for the consciousness of the people at that time to accept that there were Gods, than it was for them to accept there were many advanced races of extra-terrestrials. This is why the Egyptian Gods were often half animal in features – these were merely presentations by the Annunaki, and by some of the Draco as well, to make themselves appear more mysterious and, well, godly.

Later on, the Annunaki would cultivate another emerging civilization in the same area – the Greeks.

With the Greeks they abandoned the disguises they had used with the Egyptians (at least mostly, they did lighten their skin a bit to appear more similar to the Greeks), for consciousness in the Greeks at that time (around 700 BC) was more highly advanced and they could accept that the Gods could appear like them and still be “divine”. Some members of the Annunaki once again indulged in having sex with mortal women, which is recounted in Greek history.

By the time Greek culture was well-established the consciousness grid across the earth, which had been built by the Nacaals and cultivated by other farmer races and their people, began to reach its full potential. It was basically like a crutch to bolster human consciousness, so that it could grow again; and as the grid got stronger, so did human consciousness.

Greek culture represented a real upsurge in consciousness – for while they did still act on desires for conquest (think of Alexander

the Great), they also investigated and greatly furthered the sciences, philosophy, ethics, and mastered many art forms.

This upsurge in consciousness in turn bolstered the grid, and the consciousness field of the Earth began to be more organic and less reliant on the built grid. And this was a threat to the Cabal.

They had been mostly hanging out in Antarctica, quietly continuing their pursuits of advancement in the sciences, particularly in genetic manipulation and electro-magnetic-gravitic weaponry (scalar weapons). But they were connected to their Draco allies under the ground and throughout the world, and kept their finger on the pulse of what was happening and, as Greek understanding continued to push the consciousness grid towards a positive, 4th density state, they decided to take action.

They infiltrated another culture that was emerging in the area – Roman culture. This is why the Romans were the most powerful, brutal, bloody, war-minded culture to emerge from this time period – for the Cabal infiltrated all levels of that society and did what they do best - nudge it towards service-to-self and conquest of others. There were many good elements in Roman culture as well, there's good people everywhere after all, but the decline and fall of the Roman Empire, and the devastation it wreaked along the way, can be traced back to the infiltration by the Cabal and its appetites.

When the Romans conquered the Greeks they also subsumed their pantheon of Gods, but they changed the names – Zeus became Jupiter, Poseidon became Neptune, etc... and they really inherited these “gods” in name only, for the Annunaki, heartbroken by the decimation of the culture they had been cultivating and which had

shown such promise, basically said “fuck it” at this point, and most of them returned to Nibiru.

The consciousness grid had it's work cut out for it against the influence of the Cabal!

Despite great teachers who came down from the 6th Density to help – like good 'ol Siddhartha Gautama (Buddha) and Jeshua Ben Joseph (Jesus), and later on Muhammad, the Cabal was generally successful at eventually perverting the teachings of these great figures and twisting them into religions that served the Cabal's ends.

This was less so with Buddhism, for when Siddhartha was teaching, the Cabal was still mostly content to stay in Antarctica, but the Catholic Church has long been one of the primary power structures that the Cabal uses to wield it's influence, and I think it's fairly obvious how Muhammad's teachings have been perverted, especially lately.

By the time of Christ's death at the hands of the Cabal, the Earth was a very dark place.

## **The Problem Of Loosh (trigger warning)**

From the height of the Roman Empire to the present day the Cabal has had uncontested control of the power structures on this planet, although mostly from behind the scenes. So I think it would be good to stop for a moment and ask the question, why?

Why does the Cabal have a need to dominate, oppress, and enslave the people of Earth? What is their motivation? The obvious answer is so that they can continue to ensure their own power and comfort, but there is a deeper motivation underneath that, and that is Loosh.

Loosh is the psychic/emotional energy that is emitted by beings who are suffering and tormented. It gives those who tap into it an intense, erotic high that is extremely addictive. This is why the all the members of the Cabal, both human and non, have such a penchant for pedophilia and the torture of children – for the psychic/emotional emanations of innocent children is especially strong. To this day, thousands of children are kidnapped every year and used for these dark rituals.

But there are more commonplace examples of Loosh that we see every day – the terror of war, the desire to slow down and look at a car wreck, the addictive pleasures of pornography, the thrill of a horror flick, even the constant nagging worry over unpaid bills and deadlines – these are all ways in which the common populace gets seduced by, and perpetuates, the dark energy of Loosh every day.

The Cabal is now made up of humans like you and me, and by

different kinds of Draco who can appear human, but it was started by the extraterrestrial group from Orion, and many of those beings are still present in the 3rd, 4th and 5th densities and are connected psychically to higher ranking members of the Cabal.

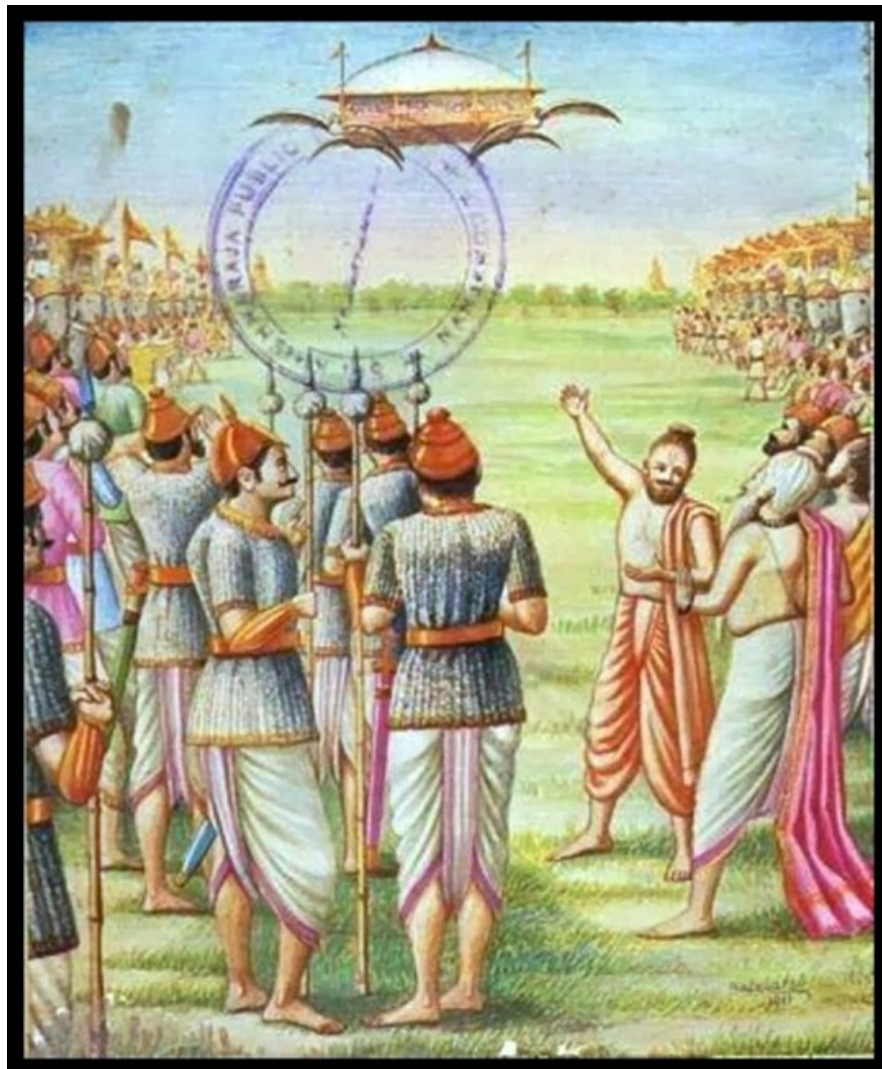
Higher-Density consciousness reptilians, like the Ciakar, or White Draco, are also overlords of this group, and for these higher-Density creatures, Loosh is an extremely potent food and drug all in one, like the dark version of Mana, or Divine Nectar.

This is one of the the basic, fundamental driving forces behind all the control and oppression we have experienced – the need to keep people suffering so that they keep perpetuating misery and keep producing Loosh for the members of the Cabal to slurp up.

And one more thing. In addition to the addictive pleasures of the Loosh itself, all the members of the Cabal are also fundamentally driven by the energy of Ahriman and his Asuras, which attaches to and perpetuates all service-to-self consciousness. At the core level it is Ahriman's urge to destroy all of Creation that fuels this nastiness.

## **The Muhammad Accords And The Dark Ages (Which Never Really Ended)**

During the period following the destruction of Atlantis an MU, and even up to the early Dark Ages, there was occasional open conflict going on between various groups of genetic farmer races, which often took place in the skies above Earth – many of these battles are told of and depicted in the stories and artwork of the ancient Vedic texts, which referred to the flying craft as Vimanas.



Eventually it was decided that this was interfering with the sociological development of the population and so, shortly after the time of Mohammad, a treatise was signed and given the name, The Mohammad Accords.

This agreement stated that manipulation of the human race, and conflict between ET groups, could hereafter only take place behind the scenes. The unfortunate outcome of this was that the Cabal only grew stronger, for behind-the-scenes manipulation was, and is, their specialty.

The Dark Ages, the period of time after the fall of the Roman Empire and up to the Renaissance, was a time during which the Cabal spread and infiltrated many societies and institutions across the globe. Not much was going on other than suffering and power struggles, which only strengthened the Cabal's grip on the land.

There were some beacons of light still, which were kept glowing by small groups operating mostly in secret – the true followers of Buddha, Christ, and Mohammad, as well as a few secret societies who passed down the teachings and memories of the Golden Age of Atlantis and MU from generation to generation.

In general though, the overall trend of this time, even through the Renaissance and continuing to this present day, was one of the domination of weaker cultures by stronger ones, colonialism and manifest destiny, increased disconnection from the Earth and nature, and an increased trend towards industrial might and warfare.

There were flashes of light, when reason and love burned more brightly, like the Persian Empire which was ended by the Arab



conquest of Persia. This in turn brought about the Golden Age of Islam, which was ended by the Mongol Hoard; or the Renaissance, which was subsumed by climate shifts, the black plague, and warfare – all of which the Cabal had a hand in perpetuating.

Basically, the Dark Ages never ended. The oppression of indentured servitude and the rule of kings has simply been replaced by the 9-5 work week and pretend governments that function only as a smoke screen. The yolk and plow have been replaced by the remote control and smartpone. We have progressed our level of technology and ability to create creature comforts greatly, yet our basic enslavement and oppression are the same, we are just more comfy and therefore more complacent.

Make no mistake, we have, for over two thousand years, been living on a slave planet.

## **The Vril, The Nazis, And The Reemergence Of Extraterrestrial Technology**

**1900 AD:** This is where we are once again going to pick up the detailed threads of this history, for this is when the most recent events that set the stage for our current situation really got underway.

It all started with a group called the Vril Society.

There were many secret societies at this time, in many parts of the world, both positive and negative, who were experimenting with consciousness and had been passing down those traditions since the time of Atlantis and MU, but we are going to focus on the Vril, for it was they who first left the surface of the Earth and began exploring our Solar System, and then our Galaxy.

**Maria Orsitsch** – Maria was born in 1895 in Zagreb, Croatia and exhibited psychic talents early on. Her interest in the occult eventually led her to a secret society, the Thule Gesellschaft, in Munich, where she trained and cultivated her abilities. Not long after joining the Thule she created her own group from among her female friends; in fact the Vril society seems to have been comprised entirely of stunning women with psychic abilities.



Maria Orsitsch

Maria	Traute	Sigrun	Gudrun	Heike
				

Einige der wichtigsten "Vril-Damen" zwischen 1922 und 1945

members of the Vril Society

In the process of their meditations and cultivation of consciousness they met psychically with two different groups – one close to home and one not so much.

The first group they encountered in their astral travels was a local reptilian group, The Draco, who dwelt in Agartha underneath the surface of the Earth, who were much enamored of the beautiful human females (and who, no doubt, had a dark agenda in mind for them down the road). Maria and her friends were fascinated and intrigued to be contacted by another race of beings, but also soon picked up on their aggressive and viscous energy, despite the charming intellect that was projected.

The Vril also encountered a second group of extraterrestrial beings though, and these were the Nordics, a benevolent Aryan human type of 5th Density consciousness who live on a planet circling our closest neighbor, Alpha Centauri. Over time, the members of the Vril group became more and more inclined towards the messages and purpose of this Nordic group and they abandoned their relationship with the Draco, which definitely ruffled some scales!

The Nordic group asked Maria to gather a select group of people together on a certain day for the purpose of receiving detailed plans for the construction of a space ship, and so when the time came the Vril gathered together in a small forester's cabin near Berchtesgaden, Germany and it was on that cold winter day in 1919 that Sigrun (middle figure in the picture above) channeled detailed plans for what would be the first Homo Sapiens built machine capable of advanced inter-Density travel.

Over the next few years Maria and her friends established a base of

operations and, with assistance from the Nordic group, recruited a massive number of people from all across Germany and the surrounding countries - 1443, to be precise - to build several of these craft.

These first machines weren't "flying" ships in the normal sense, rather they were disc-shaped craft that enabled one to move through time and space by traveling into the higher Densities and then moving around by thought. And these were massive crafts, intended to transport large numbers of people off the planet.

Word of this got out though, through the network of secret societies – Hitler, Goering, and Himmler were all members of the Thule society - and so it was that an emerging German political party with great interest in the occult got wind of the development of this craft – the Nazis.

In their hunt for all things occult, the Nazis had already gotten hints of Agartha, ETs, and advanced technology by searching through Tibetan Monasteries in the Himalayas, where they found records that had been recopied, preserved and passed down from the time of ancient MU. They discovered plans for what looked like a spacecraft, and through questioning the monks they discovered that these holy men were actually in contact with various inner-Earth groups.



Bundesarchiv, Bild 135-KA-10-072  
Foto: Krause, Ernst | 1938/1939

A few years later, just when their ships were nearing completion, the Vril Society were captured by the Nazis, who took over the entire facility and interrogated the members. This is particularly significant to us, because it was through this chain of events that the Nazis were first introduced to the Draco, and that relationship will be of prime importance in the rest of our story.

Maria and the Vril had friends in very high places though, who brought pressure to bear on the Nazis, and the Vril were released without being harmed. Also, Hitler was happy enough to have a relationship now with the Draco, and he figured he could infiltrate or take over the Vril group at a later time if he so desired.

Then the Vril group managed to leave the planet! They left and explored and came back a few times, using underground bases in Antarctica for their home base, but eventually Maria and her friends

evolved enough in consciousness through their interactions with the Nordic group that they Ascended, meaning they gained the ability to live in the 4<sup>th</sup> Density, and eventually the 5<sup>th</sup>.

Maria put her learning to good use and went on to take the name Semjase. She returned to Earth in the 1970's to spread the teachings of unconditional love and harmony that radiate out from the 5<sup>th</sup> Density, but nothing has been heard from her or the Vril since that time.

## The “Battle” of Los Angeles and Nazis On The Moon

**1942:** The Nazis have perfected anti-gravitic flight.

They took knowledge they had gotten from the Draco, which they had been working on since the 1920's, and sometime in the early 1940's they kidnapped a prominent scientist, Dr Viktor Schauberger, to implement some new ideas.



Dr Viktor Schauberger

They had, like the Vrill, already perfected inter-Density travel but they had yet to perfect anti-gravitic propulsion in the 3rd Density, which was necessary if one wanted to use this advanced tech in warfare, which they very much did.



Dr. Schauberger had been studying anti-gravity vortexes in water. The inspiration for his research had actually come from observing fish swimming upstream, and he had realized that there were little energy vortexes in the water, places where it swirled in a certain way, and that the fish could intensify that energy by swirling it's own body within it, thereby enabling it to jump upstream.

Adolf Hitler had actually met Schauberger way back in 1934 to discuss principles of agriculture, forestry, and water engineering, and he was impressed by the ideas the doctor was already exploring around using implosion systems for propulsion, but he couldn't get his hands on him until Austria was annexed and the war was on, and by this point he knew that he needed Schauberger to expand upon the designs that Nazi's had received from the Draco, so they could build anti-gravitic flying machines that could be weaponized and used in the war.

So, in 1940, poor Dr. Schauberger, a brilliant thinker and naturalist, was captured and institutionalized by the Nazis and made to develop the first Nazi 3rd- Density anti-gravitic flying machine, and by 1941, it was done. By 1942, aided by their new allies, the Draco, the Nazis were pumping out more that a dozen types of craft, all built by slave labor in huge underground caverns.





**February 24, 1942:** A young man named William Tompkins was staying with his dad and brother on the 2<sup>nd</sup> floor of a nice, big apartment four blocks away from Long Beach. The following account of what happened is from his own words.

He and his brother were inside laying on the floor and listening to the radio one night, when suddenly their dad called them out to the balcony, “Get out here – out on the deck. Get out here NOW!”

They went out to the balcony and saw a white light, just a little white dot really, right above the horizon. It wasn't moving, just floating

there above the sea. Then it emitted a thin little beam, down and to the left, which was clearly visible.

They watched this for about 5 minutes and then suddenly there was a brilliant flash of white light that lit up the entire neighborhood, and then went out. Not sure what to think, they all went to bed.

Then, at about 12:30 am that night all the anti-aircraft guns started firing.

The family was startled awake by this and they all rushed out to the balcony to see what was happening. There they saw, directly in the sky above them at an altitude of about 7000 feet, a massive shape, just parked in the sky. The shells from the anti-aircraft guns were bursting on the underside of this thing, actually not even touching it, but bursting just before they hit, as if colliding with an invisible wall.

This barrage went on for 5 hours and nothing at all happened to the ship. During this time all sorts of smaller craft, hundreds of them, also appeared and swirled around and under this massive ship. Two of these smaller craft actually were shot down - one into the ocean, and one into the streets of L.A. - but turned out to be unmanned, although their appearance was bizarre enough that they were quickly spirited away by the military.

About halfway through this strange and cacophonous barrage, right at around 3 am, the boys and their father got bored and went to bed.

What?!

This is significant and I'll explain why in a bit.

At this same time, there were five very important men having a meeting in L.A.; Donald Douglas Sr. - the president of Douglas Aircraft, two Navy Admirals, and two Army Air Core Generals.

These men witnessed this entire event as well, and immediately afterwards Donald Douglas Sr. established a secret think tank inside Douglas Aviation. This think tank went on to research, study, and explore everything they could find that had to do with extra-terrestrials and their technology. This was the beginning of the group that would be called MJ12.

Shortly after that, James Forrestal, the Secretary of the Navy, hand picked one Admiral Rico Botta to head up a group of 29 Naval intelligence officers, all US citizens of German descent, who were charged with infiltrating the German secret space program. Rico Botta was specifically picked because he was Australian and had not attended Annapolis, meaning he had a more open mind than others.

Only a month or so after the Battle of Los Angeles, William Tompkins was hand-picked out of high school to work for Naval Intelligence. He had no training, no suitable education, he was just a kid, but the Navy high command picked him specifically to assist Admiral Rico Botta.

So what gives? What, or who, was behind this chain of events?

It was the Nordic group, the same ET race that had contacted Maria Orsitch and the Vrils.

Over one million people witnessed this “battle” over the skies of LA and nobody panicked, nobody had a heart attack or got sick, no one was injured except for a couple folks killed by falling anti-aircraft

shrapnel. For Pete's sake, the Tompkins family got BORED and went to BED! No one freaked out the next day and demanded answers.

Given that, and the incredibly swift unfolding of events that followed in the Navy high command, including the seemingly random choice of a young high school kid to act as assistant to a Navy Admiral in charge of a secret espionage ring, I think it's fairly obvious that the Nordics telepathically and empathically effected everyone in the area.

Mostly they simply soothed and calmed the population, but they most definitely imparted direct information to that group of five men in the meeting, and most likely to young William Tompkins as well, who shortly after developed a talent for intricate model building, and who would later go on to design space ships for the US SSPs while working for Douglas, Northrup and more.

My guess is that Maria Orsitch had told the Nordics what was going down with the Nazis and the Draco and asked them to intervene and that this was their intervention.

I think this whole thing was mostly put on for the benefit of those five men – to give them direct evidence of extra terrestrial life and advanced technology that they could not ignore, and then to give them knowledge of what the Nazis and Draco were up to in Germany, and also so that they could download designs for space craft into William Tompkins' head.

So, late in 1942, that group of 29 Naval intelligence operatives began to bring back unbelievable reports from Germany about the development of advanced craft that was taking place there.

At first they were disbelieved by Admiral Rico Botta, who apparently had NOT been given the insider info, just a mission and a mandate, but when more and more operatives confirmed this story it began to sink in. Now, back to Germany.

You may ask, if the Nazis had advanced gravitic drives and flying discs in 1942 why in the world did they not immediately win the war? It's a good question with a simple answer – physics!

Though they had perfected anti-gravity flight and inter-density travel, they had not yet figured out how to turn that technology into the deadly scalar weapons used by advanced races, so they were stuck with conventional weapons, which use explosive technology and therefore produce a recoil.

If you put an explosive weapon on a craft powered by implosion (the details of gravitic drives are very technical, but implosion was the basic force they were harnessing and using) the result is not good. The recoil knocks the ship all over the place making accuracy impossible, plus it's dangerous to have explosive and implosive forces operating in such close proximity. You can imagine their frustration.

But they were able to go into space and meet some folks. They already had been in communication with the Draco on Earth and that alliance was proving to be fruitful so the Nazis asked a boon of them – would the Dracos allow the Nazis to build a base on the dark side of the moon in Draco territory?

The dark side of the moon was already inhabited by many races – it's basically a demilitarized zone, where even races that have hated each



other for millennia have bases side by side, but there were no Terrans (folks from Earth) there yet. The Draco agreed and the Nazis built!



The Nazi Moon Base from “Iron Sky”. The real one was much smaller

You ever seen Iron Sky? It's yet another science fiction movie (though not a very good one!) that has factual elements, and the swastika-shaped moon base in that movie is shaped like the one that was actually built, only the real one was originally much, much smaller than the one depicted in the film. The Nazis moved most of their valuable scientists and personnel up there and there they stayed for quite a while, interfacing with other ET groups and advancing their technology, and waiting.

The Cabal was aware of all this of course. There were quite a few placed within the Nazi group, and within various secret societies – they knew all about the Vrili and the Nazi's work on gravitic drives. At this point the Cabal was largely comprised of humans and Draco that could appear human, so it was no problem to mix with and infiltrate human groups. The original Dark Men from Orion were still around at various levels of Density, but many of them were also in stasis within their three motherships, buried under the ice in Antarctica.

The Cabal approved of the Draco's work with the Nazis, and soon after the Germans had established their base on the moon the Orion group made contact with them and the Cabal became a three-way alliance – the Orion Group, the Draco, and the Nazis.



## Paperclip And Highjump

**1943 -1945:** The intelligence reports of the advanced tech in Germany have come in frequently and consistently enough to Admiral Rico Botta, that he decided to start disseminating this information.

The reports of the Naval spies included manuals, photographs, instructions, and more - written mostly in German and Hieroglyphics. The Admiral then compiled and condensed these reports into packages which he started to spread to a wider circle through his courier, William Tompkins, who has recently come forward and spoken extensively about the events during this time and after.

He has also released a book about his experiences...

[Selected by Extraterrestrials: My life in the top secret world of UFOs, think-tanks and Nordic secretaries](#)

He did two recent interviews with Project Camelot and I'll link them here, but just know that they are quite long. William Tompkins is a brilliant, courageous man, and even though he is still sharp as a tack, he does tend to ramble a bit and say "Okay?" a LOT :)

I'm going to cover the basics of what he talks about, but if you want confirmation direct from the source then I think both videos are well worth watching, just hang in there and wait for him to tie the threads together when he appears to go on tangents. They are relevant!



**PART ONE**

**WILLIAM TOMPKINS**

INTERVIEWED BY KERRY LYNN CASSIDY

0:25 / 1:24:36

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⚙️ 📺 🗉

This video player interface shows the first part of an interview. It features a large central video frame with the text 'PART ONE' and 'WILLIAM TOMPKINS' overlaid. To the left, there are two smaller video thumbnails: the top one shows a woman with blonde hair, and the bottom one shows a man with glasses. Below the main video frame, the text 'INTERVIEWED BY KERRY LYNN CASSIDY' is displayed. At the bottom, a control bar includes a play button, a skip back button, a volume icon, and a progress indicator showing '0:25 / 1:24:36'. On the right side of the control bar, there are icons for settings, a full-screen button, and a share button.



**PART TWO**

**WILLIAM TOMPKINS**

INTERVIEWED BY KERRY LYNN CASSIDY

0:26 / 1:26:44

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This video player interface shows the second part of the interview. It features a large central video frame with the text 'PART TWO' and 'WILLIAM TOMPKINS' overlaid. To the left, there are two smaller video thumbnails: the top one shows a woman with blonde hair, and the bottom one shows a man with glasses. Below the main video frame, the text 'INTERVIEWED BY KERRY LYNN CASSIDY' is displayed. At the bottom, a control bar includes a play button, a skip back button, a volume icon, and a progress indicator showing '0:26 / 1:26:44'. On the right side of the control bar, there are icons for settings, a full-screen button, and a share button.

At first these intelligence packages that Tompkins delivered went to the think tank inside Douglas, and then to the other top three Airplane companies (who shortly after would become Aerospace companies) - Lockheed Martin, North American Aviation, and Northrop, who all began working on deciphering and working with these plans. Then word began to spread to other parties, such that by 1943 there were select people high up in the command structures of both America and Britain who understood that the Nazi Secret Space Program was a reality.

In response, starting in early 1943, both countries stepped up their bombing activity and began targeting not only strategic targets, but civilian ones as well.

By 1944 the Nazis had managed to fit many of their craft with laser and scalar weapons, but they were under constant threat and pressure by these increasingly intense bombing raids. This intensification culminated in the devastating bombing raids of Dortmund on March 12th, 1945 when a vast fleet of 1,108 aircraft carried out the biggest attack on a single target in the whole of World War II. More than 4,800 tonnage of bombs was dropped throughout the city, destroying 98% of buildings.

This devastation, combined with their intelligence reports of the nuclear threat that America was close to perfecting, forced the Nazis into a difficult position. They most likely could have still won the war quite easily, but they were faced with the reality that even if they won, they might end up ruling over a wasteland.

So, in 1945, shortly before officially “surrendering”, the Nazis got permission from the Draco to move all their advanced tech to two

underground caverns in Antarctica.

There are many vast underground caverns under Antarctica, many of which hold the ruins of the ancient, highly advanced civilization of Atlantis, and some which hold ruins even more ancient, ruins left behind by the builder race, the Paa Tal, 200 million years ago.

The Orion group still had their three massive motherships buried under the ice as well, and they cannibalized and made use of much of the Atlantean tech that was still functioning, though they had a harder time doing much with the tech left by the Paa Tal, much of which appeared to be functioning still, but which they could not comprehend. The Nazis set up shop there, alongside the Draco and the Orion group, where they continued to develop and refine their technology.

**1945-1946:** After the end of the war there was a secret race on between Russia and America to grab up as many Nazi scientists as they could. The CIA dubbed this Operation Paperclip.

Almost 500 Nazi scientists were brought quietly into the US and were settled at White Sands Proving Grounds in New Mexico, Fort Bliss in Texas, and Huntsville, Alabama.



A Group of 104 Nazi Scientists at Fort Bliss, Texas

These scientists secretly developed many new technologies, but were also working on guided missile and ballistic missile technology and it was during this work that one of the more well known guys, Werner von Braun, ended up developing the rockets that would make NASA a reality – of course, NASA was a total smokescreen that was set up to keep the public focused on the space race with the Russians, and to divert attention from much more dramatic events that were unfolding as the result of another operation that was launched shortly after this influx of Nazi scientists.

The US intelligence community had gotten wind of strange activity in Antarctica – lights in the sky that, if they were aircraft, seemed to defy the laws of physics, and murmurs of a Nazi group that was still highly active. The response was to launch Operation Highjump.

This was basically a Naval invasion of Antarctica, but it was “officially” an exploratory mission to scout out potential bases for the US, although it was quite a force for an exploratory mission – 13 ships, 23 aircraft and 4,700 personnel, and not only US forces were involved, there were troops from Britain and Australia as well.

This armada, led by one Admiral Richard E. Byrd, cruised down to Antarctica to see what was what and boy did they find out! They encountered heavy resistance from huge flying discs, emblazoned with swastikas, that rose out of the water. The Draco ships, which were both disc and cigar shaped, though unmarked, also joined in the attack.

The assault not only decimated the fleet, it was also very disorienting to the crews of those ships, who had never seen anything like this before, and those that survived beat a hasty retreat out of there, but this encounter set in motion a chain of events that lead directly to our current situation.

Upon debriefing the crew, all of whom were of course strongly encouraged to keep quite, the intelligence communities of Britain and the US put their heads together and realized that this was beyond the scope of what they could handle on their own and that the intelligence groups of the other superpowers needed to be informed.

This was the beginning of a secret level of government within the world's major powers. A level of Government that was comprised of select groups within the intelligence communities who were in the know about the Nazi disc craft, and who would soon learn that they were very much not alone in the Universe.

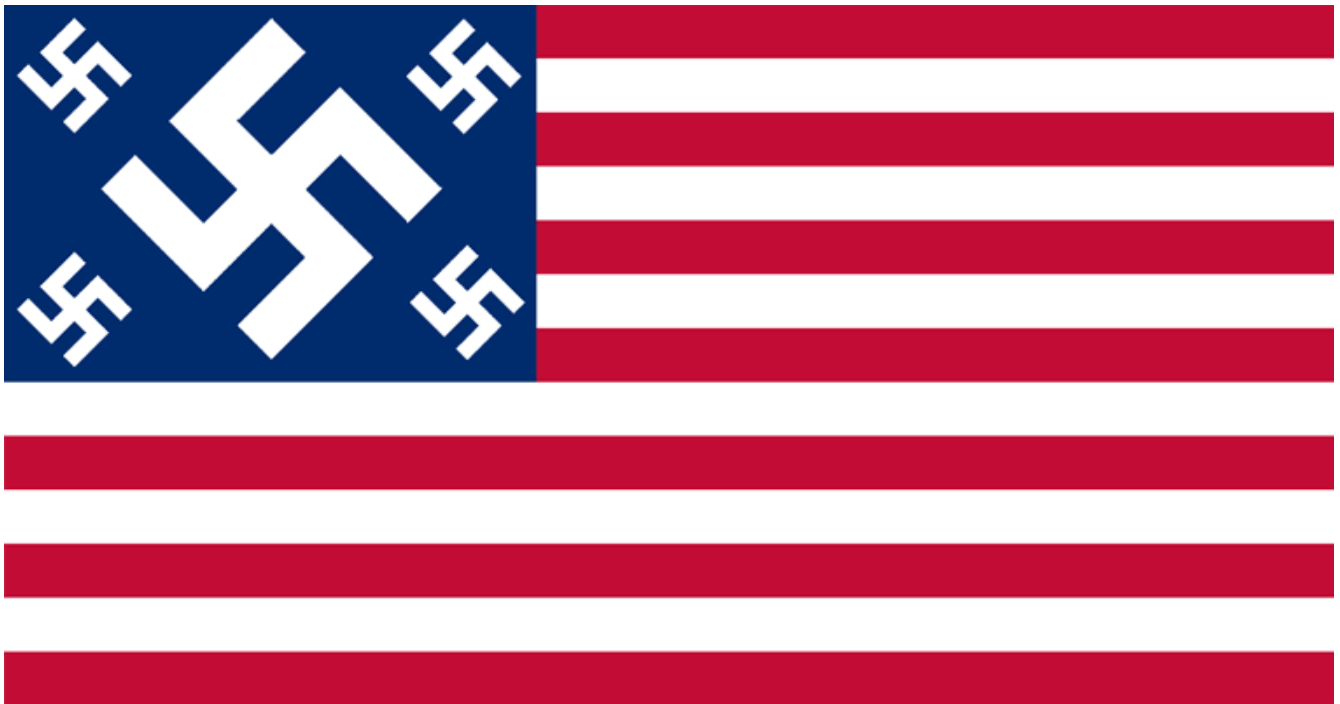
To be clear, many people think that the Cabal is the secret government, and that is also true – though until the assassination of Kennedy (who was in the process of exposing them) they didn't generally operate overtly in the political arena, but rather through religion, media, finance, industry, and through an overall control of information.

There are actually quite a few different levels of “secret government” and hidden programs in the works in our present day. Some are positive and some are negative, and they have all been, until recently, compartmentalized, such that very few people were aware of all the others. We'll get into all those details soon.



## The Cabal Takes America

**1947:** The Cabal had a problem. Though they were well placed in institutions of power and industry throughout the world, they did not have the kind of resources they needed to take their domination to the next level – domination of the solar system. For that, they needed the industrial might of the USA.



There were already many Nazis embedded in the American Military-Industrial Complex (MIC), and many of these were still in touch with their former comrades in Antarctica, so negotiations with the US government began through them.

The Nazis proposition was to take over all aerospace operations in the US in exchange for allowing some access to the advanced tech they had developed, and would develop in the future. Most of the



intelligence community didn't know about the Draco or the Orion group at this point, they thought they were just dealing with the Nazis, but still, they didn't warm to the idea.

Negotiations went back and forth for about 5 years but didn't really go anywhere, although during this time the Nazi's did introduce the secret intelligence community to the Draco and the Orion group as well as a few other ET races, and this knowledge trickled up to certain high-ranking officials in the DOD, including General Dwight D. Eisenhower.

They then tried to use this knowledge as leverage, threatening to expose the knowledge of ET's to the world at large, which, it was believed, would create pandemonium which the intelligence community and the DOD didn't want (although in hindsight, it might have been a good idea to just get it over with).

It was during this time period that the US Intelligence community got independent verification of the existence of advanced flying craft with gravitic drives and ETs, for it was in 1947 that the famous Roswell Incident took place in New Mexico. There's plenty written up about that incident already, but it's important to know that this was not what started the ball rolling in terms of cover-ups and secret governments involved with ETs - that ball started rolling, in terms of recent history, with the Vril and the Nazis.

**1952:** The Cabal decide to force America's hand by making good on their threat to disclose the existence of ET's, at least partially, it was more of a warning shot than a disclosure. This was the famous

“lights over Washington, DC” incident, in which a large number of Nazi UFOs flew in formation over the nation’s capital.

There were actually several fly-overs in between July 12-25. Here is a report from one of the most dramatic ones on July 19th...

\* \* \* \* \*

At 11:40 p.m. on Saturday, July 19, 1952, Edward Nugent, an air traffic controller at Washington National Airport (today Ronald Reagan Washington National Airport), spotted seven objects on his radar.

The objects were located 15 miles (24 km) south-southwest of the city; no known aircraft were in the area and the objects were not following any established flight paths. Nugent's superior, Harry Barnes, a senior air-traffic controller at the airport, watched the objects on Nugent's radarscope. He later wrote: “We knew immediately that a very strange situation existed . . . their movements were completely radical compared to those of ordinary aircraft”.

Barnes had two controllers check Nugent's radar; they found that it was working normally. Barnes then called National Airport's radar-equipped control tower; the controllers there, Howard Cocklin and Joe Zacko, said that they also had unidentified blips on their radar screen, and that they had seen "a bright light hovering in the sky...[it] took off, zooming away at incredible speed."

Cocklin told Zacko "Did you see that? What the hell was that?"

At this point, other objects appeared in all sectors of the radarscope; when they moved over the White House and the United States Capitol, Barnes called Andrews Air Force Base, located 10 miles from National Airport. Although Andrews reported that they had no unusual objects on their radar, an airman soon called the base's control tower to report the sighting of a strange object.

Airman William Brady, who was in the tower, then saw an "object which appeared to be like an orange ball of fire, trailing a tail . . . [it was] unlike anything I had ever seen before." As Brady tried to alert the other personnel in the tower, the strange object "took off at an unbelievable speed."

On one of National Airport's runways, S.C. Pierman, a Capital Airlines pilot, was waiting in the cockpit of his DC-4 for permission to take off. After spotting what he believed to be a meteor, he was told that the control tower's radar had detected unknown objects closing in on his position. Pierman observed six objects — "white, tailless, fast-moving lights" — over a 14-minute period.

Pierman was in radio contact with Barnes during his sighting, and Barnes later related that "each sighting coincided with a pip we could see near his plane. When he reported that the light streaked off at a high speed, it disappeared on our scope."

\* \* \* \* \*

Here is a clip of footage from those flyovers..



All of this mightily freaked out the DOD and intelligence communities and they really had no choice at this point, from their perspective, but to play ball with the Nazis. Eisenhower himself met with the Nazis and they formed a loose alliance, but didn't yet sign an official treaty, it was more of an agreement that the Nazis could start importing more of their scientists into the US Military industrial Complex (MIC), and that they could begin pursuing their agendas with those resources

In exchange, US scientists, intelligence operatives, and some military would be permitted to travel to the Antarctic base and the Nazi base on the moon and could have access to some of the advanced tech that the Nazis had developed. There was an idea that, while giving the Nazis permission to infiltrate the US MIC, the US

could actually infiltrate and take over the Nazi bases, but that didn't work out too well.

**1955:** The USA/Nazi treaty is secretly signed and put into effect. Eisenhower was the president at this point and knew all about it, but he would be the last president to truly “be in the know” until the Cabal started appointing the US Presidents following Kennedy's assassination. His hands were basically tied by the Nazi's threat of disclosure as well as their superior tech, but he did drop a warning about the emerging power of the MIC in his farewell address to the nation.



It is at this point that the Cabal really seized complete control over the United States. They already had controlling interest in the sectors of finance, oil, and media, but now they had complete control of the MIC as well. In 1958 NASA was officially founded, although the same group had already been in operation since Operation Paperclip.

NASA was one of the big smokescreens that was sold to the American people to keep their attention fixed on “the race to the moon”, while billions of dollars began to be secretly funnelled into what would become known as USAP’s (unacknowledged special access projects). This was the real beginning of the secret space programs that exist today and the first one to be formed, the ICC (Interplanetary Corporate Conglomerate), was under complete control of the Cabal.

The other major diversionary tactic employed was the Cold War. Behind the scenes, elements within the Russian and US intelligence communities, military, and governments were already working together - some in alliance with the Cabal, and some who were aware of the Cabal and their network and were already forming a resistance movement to try and counter them.

The Cold War kept the fear level in the general populace high, which is how the Cabal likes it, and it kept public attention fixed on an imaginary threat, while the actual evil was growing stronger and stronger behind the scenes.

One important thing to note about these smokescreens and diversions – everything is compartmentalized and not everyone involved is aware of what's really going on, in fact very few are.

Most of the people on the ground involved with the Cold War and with NASA genuinely believed in the reality of what they were doing. I'm pointing this out because with the level of conspiracy that's been going on it's easy to paint everyone – all government officials, all military groups, all intelligence agencies, etc.. - with one brush, while the truth is much more complex. That's how secrecy works best – everything is compartmentalized and very, very few people know the whole truth.

## **The 1960's: The Brain Drain, The Infiltration Of Hollywood, and The End Of Elected Presidents.**

I've heard people ask, "Where's the next Einstein? The next Tesla? How come there haven't been any revolutionary geniuses in the sciences since those guys?".

The answer to that is that there actually have been many, many geniuses of that caliber since then, but they have mostly all been scooped up by the Secret Space Programs (SSPs) that started with the ICC in the late 1950's.

This was the "Brain Drain", which started in the 1960's and continued into the 1990's. It is still going on to some degree (but not as much, for they have enough good stock to breed their own geniuses these days), but the peak of that recruitment activity was in those 3 decades.

During this time any scientist who showed real genius was either recruited into the SSPs, or they were discredited or killed. There have been many Einsteins, you just have never heard of them because they are, for the most part, not even on Earth, and it wasn't just scientists who were recruited: skilled soldiers, engineers, linguists, sociologists, empaths, psychics - basically anybody whom excelled greatly in a field that could be useful in the conquest of the solar system was recruited.

Between 1960-1990, 55-60 million people were recruited into SSPs. About 25% came from the US, and 75% came from everywhere else. In some of the 2nd and 3rd world countries like India and parts of



South America the recruitment for these SSPs were even openly advertised.

You might be a little jealous. I sure was when I first heard about this! How lucky, to be recruited into a whole other life that was the stuff of science fiction; where things like food replicators and teleportation were commonplace. But you should not be jealous. Be thankful.

These recruits were told that they were entering into the most important program in the world, in the galaxy even, for safeguarding and ensuring the continuity of their species. They were shown select pieces of tech to get them excited. They were told that they were now part of a select group of special people who were “in the know”. Then they were enslaved.

The civilian recruits into the SSPs did NOT (and do not - this is still going on) live magical lives out of the pages of science fiction. Sure, they got to live on the Moon, on Mars, on spaceships, even on planets in other galaxies, but the living conditions were basically an Orwellian nightmare; long workdays, tyrannical overseers, very limited freedom of movement, bare subsistence living conditions, and no choice about their future.

They were permitted, even encouraged, to marry and have children, for this would add more good stock to the workforce. The children themselves were often forced into marriages at a young age and all had their careers chosen for them based on their aptitudes.

It is so ironic to me that people get all excited about a mission to Mars when there are, at this point, millions of Homo Sapiens living

all across the galaxy and beyond, mostly as slaves. Mars has had slave factories pumping out advanced tech since the 1960s! The only ones that are not so brutally oppressed are the ones in the military and diplomatic programs of the SSP, but they are a pretty small fraction compared with the general workforce, and even for them life is generally not a picnic.

It was during the 1950's that the Cabal infiltrated another prime sector of influence in America, the entertainment industry. Through these far-reaching forms of media they started using both movies and music to plant the various seeds they desired in the collective consciousness of the world. The hippy movement of the 60's was actually engineered by them and implemented through the attitudes, habits, and clothing styles of their rock stars to spread the counterculture lifestyle among the populace.

This was a brilliant move on their part to discredit the anti-war movement, which was started by, and was at first comprised of, good 'ol clean-cut Americans with strong beliefs and a serious will.

Then the counterculture adopted the anti-war message and all of sudden being against the war in Vietnam was synonymous in most American's minds with long-haired dirty hippies high on weed and LSD, careening naked through the countryside. And it worked. The Vietnam war, a massive money-maker for the Cabal which poured billions into the coffers of their secret space program went on, and on.

To this day, pretty much any movie or TV show you see that portrays extra-terrestrials as an evil, conquering menace bent on destroying humanity, or that promotes a dystopian, post-holocaust world with

humans struggling to survive, or that in general encourages or depicts fear, panic, murder, etc... is a Cabal production. Just one more measure of control to keep humanity fearful and pumping out the Loosh.

The 1960's also saw the assassination of JFK, who was the last president we've had who wasn't appointed by the Cabal. They had been content working behind the scenes but Kennedy had caught wind of them through positive elements within the intelligence community and actually came right out and called them out in a public address, which you can hear in this clip from 1:35 – 2:38.



This, combined with his determination to end the war in Vietnam, was good enough reason to take him out. And after that, they didn't leave the appointment of presidents up to the will of the American people, they hand-picked them themselves. Sometimes those they

picked were unknowing puppets, and sometimes they installed their own Draco shapeshifters in the office.

This may shock you but Donald J. Trump is actually the first president since Kennedy who was NOT chosen by the Cabal. His win was actually a key victory for the Alliance, but I'm getting ahead of myself – we'll cover that in a bit.

## The Formation Of Solar Warden And Dark Fleet With An Overview Of The SSPs

**1980:** The Cabal is comprised of elements within the MIC (Military Industrial Complex), the world's intelligence agencies, and the political, financial, media, entertainment, and religious sectors, but there are also lots of good people in all those areas, and in the 1980s many who were aware of what was happening and weren't down with the program banded together with sectors in the US, British, and Russian military and established another SSP (secret space program), which was given the name Solar Warden.

President Reagan was briefed by Solar Warden as to the existence of ETs, but only that there were 4 or 5 races that had been interacting with the Earth for thousands of years. This limited disclosure got him quite excited though; he even made allusions to this in a few of his public speeches, check it out...



This was also the motivation behind his obsession with the “Star Wars” system, the supposed purpose of which was to shoot down incoming nukes from Russia, but which actually was used to fund the expanding Solar Warden fleet.

Solar Warden built their first fleet of long, cigar-shaped ships in huge underground caverns in Utah and then, after a successful test run of the first battle group they pumped up production and made as many ships as they could.

They wrested control of the Nazi base on the moon and remodeled and expanded it considerably, burying the original swastika-shaped base under layers of new construction. This became what is today called the LOC (Lunar Operations Command). They also built bases on Mars, and elsewhere across the galaxy.

But the Cabal was also expanding and advancing their technology at a tremendous rate during this time, producing ships with capabilities beyond what Solar Warden had. They built a group of advanced battle ships which then split off from the main ICC group under Nazi command and became known as Dark Fleet. They built their own base on the moon and have since pursued their own agenda, though it is still basically in alignment with the Cabal's overall ethos of conquest and service to self.

By the 1990's the number of groups operating above and below the Earth was quite large and the narrative can get complicated, so in order to keep things straight, here is an overview of all the SSPs (secret space programs) that are currently in operation. I'll also use acronyms from here on out to refer to some of these groups so you can always refer back to this section if you forget what a particular

acronym stands for.

**The MIC - The Military Industrial Complex:** This Cabal-controlled sector of industry, military, and private contractors is not a SSP per se, but highly involved in the production of tech for some of the SSPs. They also are invested in keeping trouble stirred up on Earth so that there is a steady stream of conflict to keep their coffers full, and to keep people fearful and distracted.

**The ICC – Interplanetary Corporate Conglomerate:** The oldest and, until recently, most powerful of all the SSPs, which grew out of the Cabal's takeover of the US MIC. They control the design and production of all the most advanced tech, and conduct trade with over 900 races of ETs, as well as other Earth-based SSPs.

They have a reputation, even among highly advanced ET races, as brilliant engineers and they decide who gets what and have no problem selling tech even to groups that are opposed to them, for a profit is a profit and they keep all the best stuff to themselves anyway. They have massive manufacturing plants on Mars as well as over 100 other bases across the solar system and beyond, which all rely almost exclusively on slave labor for their operation, and so the ICC also control the interstellar slave trade.

**Solar Warden:** Formed in 1980 as a response to the growing power of the Cabal and the ICC. Kinda like the solar system's police force, these guys aren't really all positive and service-to-others minded, but they do oppose the Cabal and other negative polarity ET races – they

are concerned with the big picture of advancing humanity but have no concern about employing some unsavoury and brutal methods if it moves them along towards their larger goals. They have many bases across the solar system and beyond.

**Dark Fleet:** Formed in the mid 1980's, this highly advanced military arm of the ICC now is a breakaway group with it's own agenda. Comprised mostly of Nazis, this group is very much like The Empire from the Star Wars movies. They are pale, white humans who wear black uniforms and generally affect an air of superiority, which their fleet can back up. Their ships are wedge shaped much like Star Destroyers, but all black, often cloaked, and much more sleek. They have their own, independent base on the moon, but prefer mostly to stay on the move - assisting the Draco in managing their various slave worlds and conquering new ones. They operate within our “local” star cluster of 52 suns.

**GGLN – Global Galactic League Of Nations:** This group was formed by the ICC in the 1990s to function basically as a carrot for all the governments of Earth, most of whom at this point had high ranking members who were aware of the SSPs and wanted in. In exchange for the promise of continued secrecy this group, which is basically like the UN in space, was given access to ships and other advanced tech (but not the best stuff) and a mandate to operate outside of our solar system. People within this group are kept compartmentalized from the other SSPs and believe they are working to ensure continuity of species and to protect the Earth from



alien threats.

**USAPs - Unacknowledged Special Access Projects:** These are the secret programs overseen by the intelligence and military communities which develop and produce advanced tech and work closely with the MIC. The tech produced and operated by these folks varies in sophistication, but is not as highly advanced as what the ICC is pumping out on Mars. This group is compartmentalized from all other SSPs, yet they have been told that they are at the top of the totem pole. They have been unaware (until recently) that there are any ETs visiting earth, though they were given knowledge of the ancient Paa Tal ruins in Antarctica.

**The Alliance (now the SBA):** The most recent of all the SSPs, The Alliance is a positive-polarity group formed from defectors from all the other groups. These are good folks who have basically gotten fed up with all the secrecy and want humanity to have access to the incredibly advanced technologies which have been kept secret; technologies that can cure any disease, feed the planet, produce free energy for everyone, and clean up the environment almost overnight. Technology that can enable humanity to take it's place as an equal member of the intergalactic community, travel through space, and live on other worlds.

The Alliance is the only group pushing for a full disclosure of everything that has gone before and all that is going on now. All the other groups expect disclosure to happen and expect to be part of it,

but want to manage and control it so that they can stay in control of their pieces of the pie. Recently the Alliance joined forces with an extremely advanced and powerful group who we will meet in a little bit, the Sphere Beings and their allies, and now this group is known as the Sphere Being Alliance (SBA).

**The Maya:** These folks from our own past are part of the SBA and specialize in working with trauma and other medical and psychological conditions. All of their tech uses stone that has been energized in various ways, giving their ships and technology a very simple and ancient appearance, though it is very advanced.

**The Anshar:** Though technically not a space program, this group of advanced beings who live beneath the Earth in Agartha are major players. Their main concerns are helping humanity evolve their consciousness, and protecting the ancient Paa Tal ruins on Earth and Venus. The Anshar are comprised of seven positive-polarity human ET races (remember, humans didn't start on Earth. There are many advanced ET races who look the same as us).

**The Draco:** Though they are allies with the Cabal, the Draco also still have their own Empire, their own ships, and their own agenda. Once upon a time they were a vast Empire that stretched across the Galaxy and beyond. Now though, through the intervention of the Sphere Beings and other positive-polarity groups, they have been cornered into our solar system and the 11 closest systems to us.

## A Tour Of Agartha

We've spent a lot of time looking at events that took place above the Earth and on the surface, so now I want to dedicate this next bit to talking about what's going on underneath, in Agartha.

There are many people in the New Age movement who think that the Earth is hollow, with a central sun, but that is not correct. There is indeed an entire world under the surface, but it is more like a honeycomb structure under the crust – networks of caverns great and small, most of which are connected by tunnels.

It's easy to understand how some may have gotten the impression of a “hollow Earth” though, for some of these caverns are so vast that you can't see any sort of ceiling. These gigantic caverns have their own weather systems, crops, plant and animal life, rivers, lakes, oceans, and many even have artificial suns which function much like the one in our sky. One can be in such an environment and definitely have no idea that they are underground in a cavern.



The first underground cities were established long ago by the Draco, then later the Nacaals arrived and built their own, followed by other genetic farmer races. There have also been cities established down there by the various groups that fled to the inner Earth during times of hardship and catastrophe; and finally, there are the current SSP groups, many of whom have bases under the surface. There is quite a world down there, with many kinds of inhabitants.

The capitol of Agartha is Lower Shamballa, the ancient Nacaal city beneath the Gobi desert.

The bulk of the Agarthan civilization exists at a depth of 20-40 miles, and once you get past a certain depth you are considered to be in international territory, which only changes as you pass into the territory of different groups.

The plant life is quite diverse and much of it is bioluminescent – glowing microbes and lichen that can cover vast swaths of cavern, giving the impression of a green sky, giant glowing mushrooms, neon ferns, etc... Much of it resembles the nighttime forest that James Cameron created for the movie Avatar.



So who lives down there? Many folks! Let's talk about the ones you do *not* want to meet first....

The Draco have a few different kinds of beings living down there. The most prevalent are the black reptoids who are about 8-9 feet tall and oversee many different areas under Draco control, they make up the bulk of the military and low-level government. There are also many smaller reptoids who are 3-4 feet tall, grey, and are more of a general work force.



Black Reptoid



Grey Reptoid

Then there are the raptors, who are remnants of the Draco's old breeding program, the Dinosaurs. The raptors look and move kinda like giant birds and have plumed feathers on their neck, but they are intelligent, telepathic, and carnivorous and therefore very dangerous. They are mostly based under a region of South America, and occasionally they even come up to the surface to hunt game in the jungle, including human game.





Raptor

Finally there are the ones you *really* want to avoid, which are our old friends the Ciakar – the royalty of the Draco race. They are around 12-14 feet tall and completely white. Not only are they incredibly strong and intelligent, they also are insanely telepathic, thanks to millions of years of genetic alteration. Their telepathy is so strong that for an average human, communication with them would feel like mental rape, which they quite enjoy – gives them some good Loosh. The Draco also share their territories with human members of the Cabal.



The Ciakar – White Draco Royalty

The other main negative group that I know of down there are the Darrow – who are aggressive elephant-type beings with their own agenda and live primarily in one spot under the Middle East and Northern Africa.



The Darrow

There are other creatures down there as well that are not evil, but definitely dangerous or unsavory.

There are wild predator species, just like on the surface, and there are many blind, albino hominids who once were human like us, but long ago branched off from one refugee group or another and devolved under the surface – picture Gollum from Lord Of The Rings and you'll get a good idea of what they are like. These albinos are not really evil, just creepy and elusive.

And finally there are the pockets of territory that under the control of the ICC.

Now, the good guys....

These are the Anshar, whom I mentioned previously - a benevolent group comprised of seven ET humanoid species who are focused on protecting ancient ruins and helping out the development of human consciousnesses. They hold a lot of the territory under the Earth and are by far the most powerful Agarthan civilization.

They include the original Pleiadian group that settled here some 20 million years ago, as well as six other factions, all of whom resemble humans to a greater or lesser degree.

Here are some artistic interpretations of some (but not all) members of the Anshar group. You'll notice that they wear different medallions, which signify the group they are part of. You might also notice that one group is wearing swastikas, but don't be alarmed. The swastika is an ancient mystical symbol that the Nazi's appropriated and it predates them by thousands of years.







One group of the Anshar, the Silver Fleet, have a particularly interesting history. Apparently, they are actually from far ahead in our own future and are here to keep their race from being destroyed in that time. Something happened such that they were about to be wiped out and so they looked into the timeline to figure out where and how they might be able to make a change that would mitigate that disaster.

They realized they would have to travel back 200,000 years before our present day, and then live through all the time in between then and their present, in order to make the necessary changes.

So this group traveled back to that time and have been living underground since then, doing their best to nudge events such that there will be a better outcome far in the future. And it seems clear that those of us on the surface right now, the lives we live and the choices we make, are part of that process.

There are also Solar Warden and Alliance outposts down there.

There is one more group that is worth mentioning, because although they don't live in Agartha any more, they used to. This is the group known as The Banished – outcasts from the Anshar group who didn't want to live by their rules. This is often because these people fell in love with surface humanity and began to spend more and more time on the surface, sticking their nose into business that they weren't supposed to.

Many have married with surface humans and many also have risen to positions of fame and power, which is quite easy for them given their more advanced mental abilities. Also, most of The Banished are

quite beautiful, with larger than normal eyes and striking features.

That's about it for our general overview of Agartha; the only other thing to mention is the transportation system. There is an ancient mag-lev train system that runs under the entire surface of the Earth, which connects the different caverns to each other, and which also connects our world to different worlds through portals that the trains pass through. No one is entirely sure who built this system, but it's suspected that it was the Paa Tal, almost 200 million years ago.

## The Insider

The ICC and Solar Warden may have had different agendas but they both agreed on at least one thing, and that was the need to keep what they were up to a secret from everyone else, something that is kinda tough to do when you are constantly vanishing people from the face of the Earth through recruitment and abduction.

*\*quick note – remember the craze of UFO abductions and cattle mutilations, etc... that went on in the 70s and 80s and then just kinda petered out? The abductees who recalled their experience all recalled the same kind of grey alien being that has become synonymous with the word “alien” - big almond eyes, big head, small body - you know the one. It turns out that those weren't aliens, well at least mostly.*

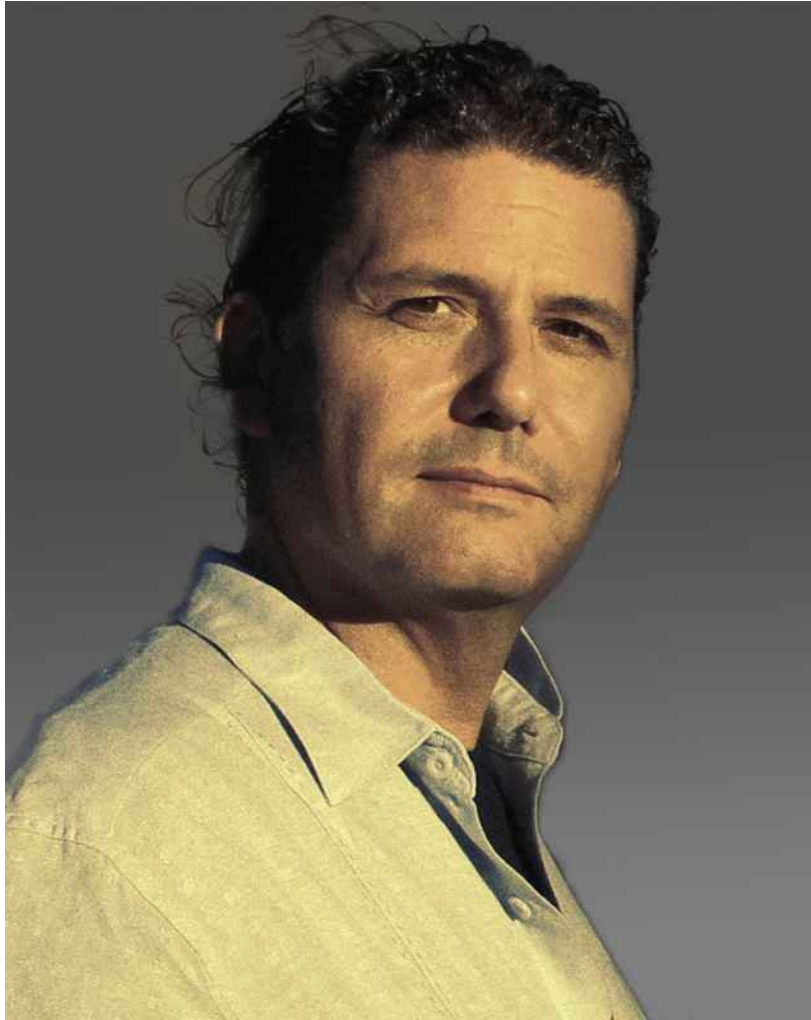
*It's complex because there are grey reptilian ETs who look basically the same and who did carry out some abductions as well, but most of those abductions were carried out by clones created by the ICC in ships that were built by humans. That abduction campaign was partially to carry out genetic experiments, and also to continue promoting a general terror of ETs and alien invasion, which is an important element of the Cabal's master plan.*

Anyway, a while back the ICC and Solar Warden got together and hammered out a mutually beneficial agreement that any civilian who was recruited or abducted into any SSP had to go through the “20 and Back” process, and this process gives you a glimpse of just how advanced the technology of these groups is.

- A member of the 20 and Back program entered into service and worked in their field within a SSP for 20 years.
- Then they were sent back into time to the point at which they had been recruited or abducted and had their physical age regressed 20 years.
- They also had all memory of their 20 years in space wiped from their mind. The SSP got a brilliant mind to advance their aims for 20 years, and to the recruit, their family, and the world at large, nothing at all changed.

Brilliant! Except that for about 4% of these recruits the memory wipe didn't stick. Not that that was a huge deal, after all, it's not exactly a believable story and most are written off as crazy if they try to tell what happened to them.

But one man who remembers his time in Solar Warden has come forward recently, and has managed to get the word out to a growing number of folks. Meet Corey Goode.



Corey Goode

**1976:** At the age of six Corey Goode was recruited into this secret world through one of the many MILAB programs (MILAB is a term coined for the military abduction of a person that indoctrinates and trains them for any number of military black ops programs). His abilities as an Intuitive Empath (IE) were visible to other IEs already in the program who's job was to spot others like them and single them out for recruitment. Standardized tests in school are another way that these kids were spotted.

He began to be picked up – sometimes at night, and sometimes after school by a white van, and taken to nearby Carswell Air Force Base. These pick ups were erratic. Sometimes they occurred twice a week, and then sometimes weeks would go by without one, but they always involved the same kind of routine.

He would be taken to the base and then down an elevator to a lab deep underground where he would join a group of about 300 other kids of varying ages. Some training also took place in office buildings and vacant shopping malls in the area.

Their training began with the process of acclimating them to the reality of ETs, which started with incredibly sophisticated virtual reality (VR) routines involving various scenarios where they would “meet” some ETs. Later on, the MILAB operators started to intensify the exposure by having actual ETs in the room with the children as they came out of the VR experience.

Also, these VR sessions were so real, and were used in combination with various chemical compounds, such that it was very difficult to tell when one was “in” or “out” of a session and in fact one of the last tests Corey experienced, towards the end of his training, was to see if he had developed his mind enough to discern whether he was in a simulation or not.

A lot of the training he received was to develop and enhance his natural IE abilities, but there was other training as well, such as weapons and tactical training, survival skills, and communication and technical training with various forms of equipment. A lot of this training was done in VR, and a lot of it was assisted with technology much like was shown in The Matrix when Neo learned Kung Fu – a



series of nodes would poke into the hollow of the back near the sacrum where many nerves are gathered and would communicate information directly to the nervous system in order to learn skills very quickly. There was also “data dump” technology that could download years worth of book learning directly into the brain.

They would also be placed into VR experiences meant to test and evaluate them psychologically, where they would be ordered to kill or do other unmentionable things to people or animals – basically to determine the edge of where they would go ethically.

After each training session there would be a chemical debriefing where he would be given a shot, and then review his training from the sessions; then his memories would be wiped and replaced with more normal “screen memories”, of going on field trips and such to explain the missing time (though the real events would often later be relived in his dreams and all the skills learned stayed in his system, waiting to be activated by the next session). His parents, incidentally, seem to have no memory of any of this, so their memories were most likely modified as well.

All of this training and testing was used to evaluate where best to use the “asset” - whether they should go into covert ops on Earth or into one of the USAPs, or if they they would be better used as part of the diplomatic core, or for research and science vessels in space, etc...

Towards the end of his time in the MILAB program Corey was assigned an IE (intuitive empath) support role for the Earth Delegate seat in what he described as an ET SuperFederation Council comprised of all human-type ETs. He did this for a while before beginning his true tour of duty in Solar Warden.

When he officially began his 20 and Back program he had to sign non-disclosure agreements and was fully briefed that during his service he would have no contact whatsoever with Earth, but that after his 20 years of service he would be age-regressed and taken back to the time and place he had left from, and re-enter his life as a seventeen year old boy finishing up high school.

He was also told that in exchange for his service he would have a very easy life upon returning. He would get a full ride scholarship to college, land a job with a 6 figure income and a fantastic retirement package, and would live his life in ignorant bliss – none of these promises of wealth and ease were delivered on though.

And so Corey went to space and for 20 years was employed in a variety of roles within Solar Warden. I'm not going to lay out all the details of his experiences because you can hear about those directly from the man himself by subscribing to Gaia.com and checking out the series “Cosmic Disclosure with David Wilcock”, of which there are now seven seasons - lots and lots of info. The first season of this show is even available for free on YouTube.

Many of the events that I will relate from this point forward come from the insider information he lays out in these videos, so you can just read on and get the general gist, or you can also watch the many Cosmic Disclosure videos and/or check out Corey Goode's website for more details. Here's those websites....

[Gaia](#)

[First Season of Cosmic Disclosure on YouTube](#)

[Corey Goode's Website](#)

After his service Corey was indeed age-regressed and then traveled back in time to his seventeen year old self and circumstances, but that wasn't the end. He actually went through this whole process three times in total, three 20-and-backs, and it sounds like his experiences got darker and darker each time, and each time he was returned to his 17-year old self and had his memory wiped, but the load of traumatic experiences stored in his subconscious and physiology got heavier and heavier. It wasn't until much later in his life that he began to experience full recall of his time in Solar Warden, due to the trigger of a traumatic surgical experience.

## **The Arrival Of The Spheres And Corey Goode's Return To Space**

**1980:** A giant, metallic sphere the size of Neptune entered our solar system. These folks were basically just on a cruise and they were run out of the system by Solar Warden, but I believe that they carried a report back to their people about the conditions in our region of space, because ten years later more spheres began to arrive.

**1990:** Many giant spheres entered our system, some through linear space, and some by traveling through our Sun (stars can be used as portals in between regions of space when traveling in the higher Densities). The Cabal rejoiced, for the human members who weren't very high-ranking thought at first that these spheres were the return of their ancient forefathers, the Orion Group.

The highest ranking human members of the Cabal though knew this wasn't the case, for almost all of the original Orion group who were still alive were in stasis in their ships under the ice in Atlantis.

The rest of them soon had their hopes dashed as well, for these giant planet-sized spheres proceeded to take up various positions throughout the solar system and then phase out of 3<sup>rd</sup>-Density space and vanish from site. They ignored all attempts by various SSPs to contact them.

**2012:** Hundreds more giant spheres entered our system, took up their positions, and again phased out of 3<sup>rd</sup>-Density space. At this point all the SSPs were starting to panic and so was the Cabal, for these Sphere Beings were obviously more advanced than any of them and no one knew what their agenda was.

**2013:** Corey Goode had always recalled fragments of memory from his MILAB training as a kid, but with no context to explain these memories he simply tried his best to file them away.

He would occasionally even meet people randomly who would say things like, “You know you were in Project \* don't you?”. But he would deny it for he didn't really have full recall, and was fearful of persecution. But then he started to recall more as time went on.

Here's the thing about memory wiping - it doesn't work as well with people like Corey who are intuitive and connected to their energy field and higher self and who don't solely identify with Ego as the only self, for memories are not only stored in the brain, they are stored in the person's energy field and in the energy field of the Earth as well (the Akashic Records).

Then, in early 2013, he had a series of surgeries that brought back about 70% of his memories from his time in MILAB and Solar Warden, and full recall of many of the most disturbing things he had participated in during his second and third stints.

He had to undergo surgery for a detached retina, 3 surgeries in fact. The doctors told him that his condition was exactly the same as what they see in the later stages of “Astronaut's Eye” (a common

condition among folks exposed to lots of G force). In Corey's case this was from his 60 years of exposure to the torsion fields produced by the gravitic drives of advanced spacecraft.

In the year following this surgery Corey began to have more memories return and would often relive them in his dreams, which were basically PTSD dreams where he would awaken his wife by crying out in his sleep. He was getting all these memories but they were still fragmented and disjointed and though he could remember, he was unable to speak about them.

Following the return of these memories, most of which were very upsetting and traumatic, Corey became very depressed and suicidal, so much so that his wife became very concerned about him.

Fortunately, there are some good folks in Solar Warden who were looking out for him, and one in particular named Gonzalez contacted him and let him know that he would be getting some help from a breakaway civilization that had recently returned to our solar system.

The Maya, who had started in Atlantis, formed the Mayan culture in South America, and then traveled back to the home world of their genetic forebears, have recently overthrown the Draco Empire on their own planet and have returned to Earth to help us with the same process. They are very good at working with the mind and energy field and have a technique for removing traumatic imprints that I, as a trauma specialist myself, wish I had access to!



The Mayan Group

One night Gonzalez and a group of Mayans popped into Corey's living room and then transported him to their ship. Their ships and technology are fascinating – it's all done with stone that has networks of energy running through it, highly advanced and yet primitive looking at the same time. Using that technology the Maya passed a certain kind of stone over Corey's body which disassociated those memories from his mind/body/spirit complex on a case-by-case basis under the agreement of his own free will.

Following this procedure Corey still had the memory of what those experiences were about but the unresolved survival energy and terrible emotional weight that had been tied to those memories were gone, along with some of the worst, most vivid details. This allowed him to heal from the horrors he had witnessed and to forgive himself for the acts he himself had participated in, and it opened the door to



all of what came next.

Then, one night a bit later in the year, he was guided to Remote View his own Light Body, where he encountered an entity attached to him who called itself the Gate Keeper. He cast out this entity, and a whole host of others who had been purposefully attached to him by beings working with the MILAB program, by invoking the name and energy of Jesus (he had been raised as a Christian).

After doing this he was able to speak about the experiences he was remembering and he recorded his first interview and released it under Project Avalon on YouTube.

This interview is quite long, almost 2 hours, and I find the interviews on Cosmic Disclosure are more engaging (in fact they are fascinating, not just for the info, but also because of the way in which we see Corey relax, unfold and evolve over time as he heals more and more from his traumatic experiences in Solar Warden), but this is a pretty important historical artifact, so here it is...





Corey has released a vast amount of detailed information since then, most of which is on Gaia.com in the Cosmic Disclosure video series.

It can take weeks and months to absorb all of it, which is part of why I have written this book - to give you a basic overview of the most salient points but if you want to dive into the details, it's all out there.

I also want to put in this interview with his wife, Stacey Goode, which is an intimate and fascinating recount of her point of view on all these events...



**October 13, 2014:** Corey Goode meets with David Wilcock for the first time and then the following year, on July 21, 2015 the first of the Cosmic Disclosure videos came out.

Following these events Corey returned to active participation in the SSPs, only this time he was part of the newest, and most benevolent group to emerge, the group that is pushing for full disclosure of all that has been hidden, The Sphere Being Alliance (SBA).

## **The Sphere Being Alliance And The Inevitable Downfall Of The Cabal**

**A Review of the Cabal's Master Plan:** The Cabal fundamentally wants two things above all else – power, and the ability to extend that power indefinitely. After the end of WWII and their infiltration of the MIC they had a nice, trillion dollar industry going, but how to grow that into a two or three trillion dollar industry?

Plus, the disclosure of the existence of ETs is, at some point, inevitable and the Cabal knows this, and they need to control it to suit their agenda if they want to keep their power.

They have had a long-term plan for quite some time now - a series of events orchestrated such that they could control and manipulate that disclosure in a way that would enable them to stay in charge, and that would keep money flowing into their coffers along the way.

The major steps of that plan are as follows:

- **The Korean War and the Vietnam War** - big money makers.
- **The Cold War and the threat of space-based weapons.** They had manipulated Reagan's limited knowledge of ETs into the establishment of the “Star Wars” program which tuned public consciousness to a possible “threat from above”, in this case nukes from Russia, and kept the cash flowing into their USAPs. This also introduced the idea of space-based weapons to the public.

- **A war against Arab dictators.** Planning for this started in the 1970's with folks like Saddam Hussein already being singled out and maneuvered into position for their future roles. This was kickstarted with 9/11, one of the most obvious false flag attacks of all time, though certainly not the first. In the war that followed we began to see the use of drones as weapons.
- **Asteroids.** A fear of asteroids and planets on a collision course with the Earth has been a propaganda campaign to keep public consciousness tuned to a threat from above. 1998 saw the release of both Deep Impact and Armageddon which were both funded by the Cabal and it was around this time that the threat of Planet X (Nibiru) coming to collide with, or sideswipe the Earth, surfaced in the New Age community.
- **A war against extremists in 3<sup>rd</sup> world countries.** This is where we have been for some time now. This war is carried out to a large degree by remote drone attacks, which are not full space-based weapons, but a step along the way there.
- **Alien invasion.** They have the technology at this point to stage an alien invasion false flag attack through the use of holographic images and sound, plus actual physical clones that look like aliens. It would be very convincing and total bullshit.

There has been so many movies produced with the express purpose of planting this seed of alien threat in the public consciousness. The alien abductions staged by the ICC in the 70's and 80's were part of this as well. The New Age movement has even been used to release tons of propaganda that is blatantly untrue. About 99% of all the information out there on

UFO's and aliens is well-crafted disinformation with one goal - to support the ultimate and final card to be played, the ruse of interplanetary warfare.

This would allow the Cabal to reveal the existence of ETs but to frame them as evil (when in fact the vast majority are either indifferently neutral or benevolent), while casting themselves as the good guys who have been working behind the scenes all this time to develop the technology to “save humanity” from the invented threat. They could control disclosure and come right out into the open and be hailed as heroes. This almost happened.

\* \* \* \* \*

**December 5, 2014:** The Cabal was freaking out. All of these giant spheres, hundreds at this point, have entered the Solar System and nobody knew their intention. They weren't communicating and didn't respond to attempts to ascertain their motivation or polarity.

The Cabal does not like unknown variables, especially ones with technology more advanced than theirs, so they made a crucial mistake that has had massive ramifications.

At a remote base in the Australian outback they had one of their most advanced scalar weapons and they trained it's sights on one of the Spheres that was in the 3<sup>rd</sup> Density (it was cloaked but the Cabal has tech that can see a cloaked object, especially one that big), and fired.

Oops.

The Sphere simply redirected that energy beam back to where it had originated from and utterly destroyed the Cabal's base. This was the beginning of the Cabal's defeat that is now, at this point, inevitable.

Immediately following this event the network of Sphere Beings threw up a barriers around both the Earth and the entire Solar System, making it impossible for anyone to come or go without their permission.

The Cabal, who's plan had always been to keep exploiting the planet and the civilization until it was utterly sucked dry and destroyed at which point they would simply move on to another one, was now trapped. Not only that, most of Dark Fleet was out of the Solar System at the time, so now the Cabal's most advanced fighting force is trapped outside and cannot get in.

**February 18, 2015: The Mars Atrocity.** The intelligence program inside The Alliance had gotten actionable intelligence about an ICC base on Mars that was producing a critical piece of equipment that was going to be used by the ICC to step up their game.

They blew up the base, along with about 250,000 innocent civilian workers without running it by the Alliance High Command. Within 24 hours of this event they also triggered an earthquake off the coast of South Carolina and destroyed an underwater Draco base along with about 700 humans.

These events triggered an intervention by the Sphere Beings.

**February 27, 2015:** One of the main groups within the SBA, a group of tall, blue, bird-like beings called the Blue Avians, asked the Alliance to get them Corey Goode.



Blue Avian

**March 1, 2015:** Corey had already been having telepathic communication with one of the Blue Avians, Ra Tier-Er, in dreams.

On this night he was sitting in his living room when a small blue orb appeared. It zipped around his living room and then flew into his chest at which point a bigger blue sphere encapsulated him and took him off planet and into one of the giant spheres, where he had his first in-person meeting with Ra Tier-Er. It was here that he learned that the Spheres had entered our system in order to assist with our current process of liberation and healing.

Our solar system has moved into a higher vibration region of the Universe, which has triggered a quickening in the energy put out by our sun, a quickening that has the potential to raise our awareness as a species but that is also potentially dangerous. The Spheres are acting as filters that modulate this energy such that our transition may be more manageable.

**Later in March, 2015:** Corey Goode was picked up by a dart-shaped craft in his backyard and taken to the LOC (Lunar Operations Command) where he acted as a intermediary between the Sphere Being group and the Alliance. This marked the formation of the Sphere Being Alliance, and the beginning of his role as a diplomat.

Since this time there have been negotiations going on between the SBA and the Cabal. The SBA wants to promote a peaceful transition of power and initiate a full disclosure of all that has been hidden from humanity, while the Cabal is doing everything it can to hold on to it's power and promote it's partial disclosure agenda.



## **The US Election: The Village Idiot Inadvertently Saves The Day (With Some Help From The SBA), and Other Recent Events**

It might seem to you that Donald Trump would obviously be part of the Cabal. He's super rich, conceited, a womanizer, and a racist elitist, so he fits the profile, but appearances can be deceiving.

Hillary Clinton, who is a high-ranking member of the Cabal along with Bill, was actually the Cabal's choice for US President.

As the date of the election approached and it appeared, contrary to the disinformation put out by Hillary's campaign, that Trump actually had a very good chance of winning, the Cabal stepped up it's plans and began to put into motion their long-planned false flag alien attack. The plan was to stage the invasion shortly before the election which would trigger marshal law and cancel the election.

After the “victory” over the pretend invaders was accomplished, Obama (also a Cabal member, I'm sorry to say) would then hand power over to Hillary while marshal law was still in effect, avoiding the election altogether. Then the Cabal could reveal themselves as I've previously described - as a benevolent secret society that has been working behind the scenes to prepare humanity for this event.

Thankfully, the intelligence community within the SBA and their allies in the FBI (Director James Comey being one of them) got wind of the plan. This is why, on October 28, 2016, Director Comey announced that he was reopening the investigation into the Clinton campaign, despite the fact that he had closed the investigation back

in July. It was shot across the bow.

The SBA, the FBI, and the US military (most of whom are actually part of the Alliance, though they have often unwittingly done the Cabal's bidding) made it clear to the Clintons that they would tolerate no monkey business whatsoever in this campaign, and that any future attempt on their part to stage a false flag attack or rig the election in any way would result in marshal law being declared, the US military taking power from the government, and an aggressive attack on all known Cabal bases.

The Cabal had only one shot left at this point and that was to feed as much disinformation to the public as possible about Hillary's inevitable victory in a hope to sway voter turn-out.

Had she won, the plan was for her to start world war three as quickly as possible, most likely through a confrontation with North Korea or China, in a last-ditch effort to destroy much of the population, destroy the advancements being gained in human consciousness by reducing the world back to a survival-of-the-fittest state (which had worked well for them in the past) and take the wind out of the SBA's sails once and for all.

Thanks to the efforts of the SBA and those aligned with them, we got our first democratically elected President since Kennedy and narrowly avoided a pretend alien invasion followed by continued Cabal control, or a nuclear holocaust.

And Trump, blowhard that he is, serves an important function.

America has been living with cultural trauma since before it's inception. The very foundations of America were built on trauma,

oppression, and genocide. And the Cabal has used these methods to ensure that trauma and survival energy rules the consciousness not just in America, but in most of the world's population.

In any trauma system the sign that something is starting to shift out of its habitual bracing and management is change. Even painful change.

Hillary represented business as usual. A continuation of the status quo. A nice presentation that is fundamentally a lie.

Trump's victory was a painful, ugly change for many people, but it is definitely a radical change in the collective system, and not at all what the Cabal wanted to occur.

It is a sign that the collective disorganization and trauma in the American system, and in the world at large, can no longer be contained and managed and covered up. Its bursting out at the seams. It's right there for all to see.

For everyone worried about his lewdness, predation, racism, sexism, etc... those traits greatly inform the American collective consciousness already. In terms of karma, in terms of actions, that is the energy that America, and the Cabal, were built on. The energy that runs through Trump is exactly the energy that has been running the show from behind the curtain this whole time. His election is a big part of that curtain being ripped down.

Having lost this crucial moment the Cabal, as agreed upon in their negotiations with the SBA, were supposed to turn over many of their secret bases to the new administration, but most refused. This has resulted in US military forces recently storming and occupying a lot

of these bases, but unfortunately these forces were not fully briefed and were not already aware of ETs.

The Marines and Special Forces units that were sent in were told to give the people in these bases one chance, and one chance only, to surrender. If they did not surrender, the US forces were told to eliminate everyone inside and this is how many soldiers ended up finding themselves in a shootout not only with humans, but with many giant reptilian creatures the likes of which they had never seen.

Even though these missions have all been successes, many of these men and women in the military ended up with severe PTSD due to the shock of unexpectedly encountering something totally outside of any frame of reference except the worst nightmares.

One of the first bases to be taken over was the HAARP facilities in Alaska, which had been used to manipulate the weather for some time now.

The long drought in California, just another part of the Cabal's plan to keep the fear and survival energy going by endangering one of the biggest bread baskets in America, was a direct result of this weather manipulation and the rains returned with a vengeance this last winter as a direct result of The Alliance taking over HAARP and ending the manipulation of the globe's weather.

While we are on the topic of weather, what about climate change?

Here's another shocker.

Climate change is real, but it has very little to do with greenhouse

gas. The rising CO<sup>2</sup> levels in the atmosphere have helped a bit, but the steady increase in our worlds average temperature has everything to do with the higher vibration region of the Universe our solar system has entered, and with a natural 29,000 year cycle of fluctuation in the Sun's intensity.

This means that reducing our carbon footprint will do basically zilch, which may seem kinda scary, except for one thing....

Along with full disclosure comes the technology to fix every single environmental problem. It's no big deal for the SBA to put filters in place around the Earth or sun to mitigate it's intensity and they are already doing that to some degree, but lets be clear about one thing; it's not their job to save us, it's their job to encourage us to save ourselves.

One place where the transition of power was a bit more amicable was in Antarctica. The SBA now has control over this territory and since the election many government leaders, military commanders, and intelligence directors have been invited down there to tour the facility and be briefed. The way is being paved for disclosure to role out, but as of now, the way in which that will happen is still uncertain.

It's a delicate and staggeringly complex process. Just as the Marines who suddenly found themselves in a confrontation with the Draco ended up with PTSD, there is a very real danger of a similar collective shock, trauma, and upheaval in society, should the existence of everything that has been going on for so long suddenly be revealed.

This is why the Sphere Being Alliance is so important. The Sphere Beings, the Blue Avians, and the other advanced ETs in that group have all shepherded this kind of transition before. The most recent planet to be liberated was the Mayan home planet, and they are here as well to help out, having the benefit of recent personal experience. We are in good hands, but we need to take the responsibility of determining our destiny into our own hands as well.

Also, as of now, the outcome is still uncertain. The Cabal is definitely going down, but they will do everything they can to try and maintain their control.

They have lost much of their power, their sectors of influence are weakening, and they are cornered on our planet with no escape... but the most dangerous beast is one that is wounded and backed into a corner. It's inevitable that they will fall, but how, and in what way, is largely up to us.

One thing that all the SSPs and many of the world's ancient religions all agree on is that we are approaching an event that will greatly bump up our evolutionary path and development of consciousness. This is known as the Great Solar Flash.

Remember how I was saying that the sun has a 29,000 year cycle? Well, apparently the culmination of that cycle is this flash, when the sun puts out a massive burst of energy and then goes dark for 3 days. This is not a physically dangerous event, though it may well disrupt electronics substantially which would have it's own ramifications.

The reason for all the genetic tinkering by the 22 genetic farmer races is to prepare us for this. I know “genetic farmer” sounds kinda

sinister, but these folks actually have our best interest at heart, though it may be the kind of altruistic attention that a scientist has for a bacteria it's trying to cultivate.

These folks have been doing this all across the galaxy and beyond for eons, so regardless of how warm and fuzzy they may be towards us, it is clear that all their work has been to prepare us for this event, so that we can take maximum advantage of the evolutionary boost it will give us.

Everyone seems to agree that this is coming “soon”, but whether that means months or years I don't know. But I do know that it's a good idea to have an emergency supply of water and food and the ability to cook it, just in case we do lose electronics for a while.

And if the sun goes dark don't sweat it, it will back in three days.

## **Chapter 7:**

# **It's Up To Us Now**



## **The Message For Humankind (And The Difficulty With It's Implementation)**

Love one another.

I'm pretty sure a few folks have tried to give us this message before, but it never does seem to catch on.

But when they are asked, "So how can I help? What can I do to bring about full disclosure and the next Golden Age?" The answer from our primary helpers, the Sphere Being Alliance is basically this:

Love one another.

Be of service to others in your work and life.

Work to improve and expand your own consciousness, and through that and the implementation of the first two steps, the collective consciousness will raise and we can all ascend together into 4th Density consciousness.

That's it.

Simple, huh?

Like I said we've heard this many times before from many people, so what is the difficulty?

The answer to that question is trauma.

Not just our individual traumas and hardships, but the collective trauma in our group psyche from thousands of years of oppression and hideous crimes against humanity. And not just that.

Remember from way back when this whole story started – fundamentally we are, through our own struggles and healing, working to heal that Divine Feminine essence that is the soul of our Mother Earth – that original piece of long-lost Divinity that got fractured into darkness during the initial explosion that created the Multiverse.

That's the bigger picture.

The Cabal, the Draco, the Nazis, and all the other service-to-self negative polarity beings in the Universe – they are all fundamentally driven by the energy of Ahriman and his Asuras, and those creatures can only influence this Creation because of the hole in Divinity caused by that first rupture.

The problem with implementing the message from the Sphere Being Alliance is that it is very, very difficult to truly and unconditionally love on another, or even to love oneself, when one is living with unresolved trauma.

And almost all of us are, to one degree or another.

It is challenging to truly be of service to others without making yourself sick if your nervous system is wanting to constantly make you run away and hide, or explode with rage.

It is fundamentally impossible to meditate or do any kind of energy work that is truly beneficial if one has unresolved survival energy in

their nervous system, which is what trauma is, and again – almost all of us have this, even if we don't know it.

This is the main reason that I have written all this; because I have been told by Heavenly Mother and Father that the message from the SBA, while accurate, is incomplete. It's missing this piece:

**We must heal our unresolved trauma before anything else can happen.**

If you can see your way clear to smile at one another, to help someone out along the way, that is great, but when it comes to healing trauma it is definitely a “put your own oxygen mask on before assisting others” kind of deal.

This is why, after 15 years of living apart from the world working on my energy body and doing my darndest to Ascend, I ended up coming back into the world, did years of somatic trauma therapy, and then trained to become a somatic trauma specialist myself. Because no matter how much I meditated, no matter how much I raised my vibration, I always, always came crashing back to Earth. And that is because...

Trauma. MUST. Be. Healed. First.

The remaining chapters of this History are devoted to this issue – why just trying to Ascend won't really work for anyone, what trauma actually is, and what you can do to heal it.

## **Ascension And Fragmentation**

### **(Don't throw the baby out with the bath water)**

Since you're reading this, you most likely already have an understanding of what Ascension is, but for those of you who might be unfamiliar, I'll just go over it briefly.

Ascension can mean a couple things. It can simply mean raising one's consciousness and understanding to a higher level of Density, while remaining basically a normal human, and that's all good - that is what we need to focus on by healing our trauma and by implementing the message from the SBA. But that is not the way that Ascension is usually thought of by those who seek it.

For them (and for me! I once was such a seeker), it is the process by which the vibrational rate of the physical body is raised to the point that the fleshy body essentially turns into a light body. Another way of looking at this is that the person Ascending has merged their physical body completely with their light body, the electromagnetic field that was already existing around and within them.

When this happens, that person is then free to manifest a physical body, or not. They become free to travel through time and space through the power of thought alone.

It is the thought and direction of the current New Age movement that this is a process which the entire Earth is currently undergoing. It was thought by many that on Dec. 21, 2012 there might be some sort

of switch thrown that would enable this to happen at a global level, and that all of those who were prepared would ascend, along with the Earth, into a bright and shiny 4th Density reality, while the old 3D Earth would undergo the violent Earth Changes – the Apocalypse that seems to inevitably accompany any prophecy of mass Ascension of this kind, which would cleanse the Earth of its pollution and sickness, along with all the poor slobs who clung to the old material world's ways and notions.

The lion would lay down with the lamb and all those “who were called” would go skipping their way merrily down the corridors of eternity.

Sounds nice, huh? Simple.

Also, it sounds eerily akin to ethnic cleansing and genocide when you think about it.

After all, what about all the poor slobs? The answer is usually something like, “oh, well those souls will have to continue their evolutionary journey on another planet more suitable to their vibration.” But this completely ignores the fact that all those beings will have just undergone the trauma of dying violent and horrifying deaths, which only adds to the sum total of trauma present in Creation.

If this is the price of an Ascension for “those who are called,” I don't think I'll answer the phone. After all, who's placing that call?

Remember that about 99% of New Age thought is purposeful disinformation crafted by the Cabal, and they are very, very clever.

## The Fragmentation Of The Psyche Through Trauma

Before going further into the Ascension topic, we need to pause for a bit and talk about trauma, because understanding the nature of trauma is fundamental to understanding the big picture.

So...what is it?

Most people think that a trauma is an event. You get abused as a kid, or violated as an adult. Someone is in a violent car accident. A soldier sees his buddy blown up in front of him, or loses a limb himself. These kinds of things are what we commonly think of as trauma.

Trauma, however is not an event, but rather the result of what happens *inside a person as a reaction to an event*.

Specifically, trauma can occur when someone experiences an event that is overwhelming, an event which that person does not have the ability to stay present with.

(Just to tie things together for a moment, think back to the story of the initial explosion, when the magnetic essence was forced to constrict to a point of unbelievable density and then was blown apart; you could say that was literally the Mother of all overwhelming experiences).

Trauma is something that occurs, ultimately, within our nervous system and brain.

You see, we all have this thing inside us called an autonomic nervous system, a wonderfully complex apparatus that governs how our body reacts to stimuli, both internal and external. One branch of our nervous system will respond to a potentially threatening event by kicking in and activating our fight, flight or freeze mechanisms; then when the event is over, another branch will kick in and bring us back down out of that arousal into a place of base-line regulation, at which point we can go about our day.

This is what happens in a healthy, well-regulated nervous system. Unfortunately, there are very, very few people on this planet who actually have a healthy, well-regulated nervous system! What actually happens to most of us, and this is due in a large part to the cultural norms and expectations we are brought up with, is something like this...

### **Jump Ramp Catastrophe! (A short story)**

When I was thirteen, even though I was somewhat pudgy and not tremendously coordinated, I was really into skateboarding. I liked to *think* of myself as a badass.

One day, I was hanging out with the group of cool kids who really *were* badass skaters, and one of them unveiled his brand new jump ramp.

In a idiotic attempt to prove myself, I decided it would be a good idea to be the first one to try it out. I ignored the intuition of my wildly protesting nervous system, my gut feeling that I was headed directly towards injury and embarrassment. I didn't listen.

I rocketed down the street, hit the jump, and flew high into the air. At this point, my feet lost contact with the board, I lost my vertical orientation, and I fell smack onto my tailbone from about five feet in the air amid howls of laughter from the cool kids.

I stifled all reaction to the crash.

With the exception of the involuntary **yelp!** which I let out upon impact, I was silent. I clamped down hard on all bodily reactions. I immediately got up and pretended to be fine. I stiffly walked into the house and played “Top Gun” on my friend's Nintendo.

The End.

\* \* \* \* \*

Let us pretend for a moment that I *wasn't* brought up in a culture that says it's not ok to show your pain, especially if you're male, especially if you're surrounded by peers, especially if those peers are the cool kids. Let's pretend that those cool kids were actually people with an understanding of how to respond to a stressful event.

In this wonderful imaginary scenario, had I allowed myself to have a natural reaction to this event, a reaction that my nervous system knew how to have and wanted to have, it probably would have been something like this:



I might have allowed myself permission to scream and howl, whimper or cry. I might have curled into a ball and rolled around. There is no one script that will always happen in a certain order, but the body will always have an instinctual knowledge of what it needs to do.

My peers would have surrounded me and held a loving intention that my body knew how to heal, while simply telling me softly that they were there.

Eventually, my body might have begun to tremble for a while, which could signify the beginning of the de-activation of the stress-response, until gradually that would have subsided and my entire being would have spontaneously drawn in some very deep breaths, which would have signaled to me and my wise, imaginary peers that my system was returning to homeostasis.

I would have gotten up very, very slowly and taken the time to see the ramp and my skateboard. I would have been supported in slowly taking in all my surroundings, as I re-oriented to both the present moment and my physical body.

I probably would still have been very sore and would have needed some type of physical assistance to help my body recover, but I would not have been traumatized because my nervous system had been allowed to do what it needed to do.

Instead, my poor system, unable to go through the natural reactions it wanted, went into a state of freeze. All those instructions that my brain and nerve endings were sending out got stored and locked into my body, there to wait 35 years until I was able to reach them and,

through the wonderful work of a body-based form of trauma therapy called Somatic Experiencing (SE), I was able to renegotiate the experience.

You see, it's never too late to resolve past hurts and harms. Our system is waiting for a chance to rediscover its capacity to self-regulate and to let go of held energy that has been cycling 'round and 'round, looking for an exit. We can give it this opportunity by having a firm resolve and willingness to heal, and by providing ourselves with the necessary kind of support.

When faced with a threat, injury, or some other kind of stressful event, there is a set of procedural instructions that gets written automatically and unconsciously by our autonomic nervous system. Basically what this means is our system says, “Release these chemicals! Activate these muscles! Run! Fight!” And if we can't run or fight, we have another, older part of our reptilian brain that takes over and says, “Freeze!” and then, hopefully, “Come out of Freeze!”

To avoid dysregulation and the accompanying physical, emotional and mental effects, also known as PTSD, the body will need to complete these instructions by literally playing them out. If those instructions are not allowed to complete, if we override them due to social conditioning or fear, or if the circumstances of the situation do not allow us to complete them (i.e. - we get hit by the bicyclist before being able to jump out of the way and our system goes into a freeze state, or the trauma happens when we are a baby and we literally cannot defend ourselves or even move much at all), they can stay locked in a loop within our system and cause all sorts of problems.

But like I said, it's never too late to re-engage with that material and participate with it in a different way.

It doesn't need to be some big, single event that overwhelms us either. It can just as easily be the prolonged experience of verbal abuse, or neglect, or chronically stressed parents when we are young. It can be as simple as stubbing your toe in the grocery store and then not allowing your nervous system's procedural instructions to complete.

Granted, there are truly horrifying events that no one could escape being traumatized from, but a lot of the time our trauma comes from experiences that we *could* successfully process and integrate, if only we allowed ourselves to be the animals that we are.

For example, a robin is having a merry time chirping and fluttering about one morning. Then he senses a shadow above him. Yikes! There's a falcon up there about to dive! The robin's autonomic nervous system kicks in and sends out a set of procedural instructions to fly, dammit, fly!! Unfortunately, our robin flies right into your plate glass window and falls to your deck, stunned. The more primitive part of his brain then takes over and puts him into a freeze state.

If he didn't damage anything too seriously, and if you just let him be, he will eventually stagger back to his feet and then start to shake and tremble and flutter his wings. His body is coming out of the freeze state by completing the procedural instructions (fly, dammit, fly!) that were rocketing through his system when he slammed into the window.

He flies off to continue enjoying his morning.

No trauma.

Here is a link to a short illustrated guide which explains how even a commonplace experience like being spanked can lead to severe dysregulation...

<http://sethlyon.com/survival-response-physiology-101-2/>

It's not the experience that traumatizes us per se, it is the degree to which we are able to complete the automatic and unconscious instructions that were sent out as a response to the experience that will determine whether or not we become traumatized.

If we have forgotten how to access the natural resources inside of us that can process the experience, or if we never learned to access these in the first place, or if we are not allowed to by circumstance, or if we clamp down on ourselves to stop the experience because of social norms and conditioning, the result is the inevitable fragmentation of our system and psyche. Our nervous system becomes dysregulated and we will have a harder time dealing with future stressful events, leading to more dysregulation and further fragmentation of our selves.

If we do not have all of our sensory equipment online to be engaged with the present moment, if our system is busy all the time managing unresolved survival energy, we are less likely to see that oncoming car, or to notice that threatening person or situation. If a part of our body is frozen from a past injury, we might not be able to get out of the way of that bicyclist, or negotiate that slippery patch of ice.

Trauma that is unresolved will eventually lead to more trauma. A nervous system that is dysregulated is predisposed towards future dysregulation.

Bummer.

This is a very simplified overview of this subject.

In order to learn more about trauma and how to renegotiate it and recover from it, something I feel with all my heart that we as a species *must do* as an integral part of a healthy, integrated evolution of planetary consciousness, I highly recommend checking out my wife's YouTube channel and website, or reading the works of Dr. Peter Levine, the inventor of the Somatic Experiencing method.

Also, for a detailed understanding of the function, evolution and design of our autonomic nervous system, check out Stephen W. Porges, and his work on The Polyvagal Theory, although one note – his book is almost impossibly dense, but there are interviews with him on YouTube that are great.

Here are some links....

Irene Lyon's YouTube channel – tons of free videos that break down many many aspect of trauma and its healing into easy to consume chunks....

<https://www.youtube.com/user/irenegutteridge>

Irene Lyon's website – more information in her blog, plus online courses that can greatly help you in your process of healing trauma.

<https://irenelyon.com/>

Three important books by Peter Levine :

[Waking The Tiger](#)

[In An Unspoken Voice](#)

[Trauma And Memory](#)

Some Stephen Porges Videos....



## Get Me Outta Here!

### Meditation And Ascension As a Reaction To Trauma

One of the practices often espoused as being a crucial step towards achieving inner peace and eventually Ascension, is the practice of meditation. As someone who has been both a die-hard practitioner of meditation and hard-core Ascension seeker, I can testify that meditation *can* be very useful but, in our present situation, it often is not.

There are many forms of meditation, but they boil down to two basic kinds.

In one kind of meditation you are meditating on a specific thing, be it a mantra, visualization, breathing method, or something else.

The other kind of meditation is the kind taught by our friend, the Buddha, where the only thing you focus on is your body and felt experience, *as it is*, without any sort of mantra or visualization, this is also called mindfulness.

The first kind, where you are focusing on some sort of thing, can be helpful to focus one's attention and “quiet” one's mind, but it is a temporary and illusory experience. Say someone has persistent negative thoughts. When they find their negative thoughts arising, they begin to focus on their mantra, until the mantra becomes more powerful than the negative thoughts... ahhhhh, peace. But not really.

That person is momentarily changing the nature of their repetitive thought loop, they are not dealing with the loop itself. It's like taking a cassette tape of music that you don't like and then recording music that you do like over it, then saying to yourself, "hey, I made that tape I don't like disappear!" Sure, it may bring a temporary sense of increased peace and well being, which is great, but it's ultimately not accomplishing much in the way of actually resolving the source material.

What's generating the thought loop in the first place? The answer is, a dysregulated nervous system, and sorry, but you cannot fix that with a mantra or visualization.

The other kind of meditation, where one simply notices themselves as they are without trying to change anything, is the kind that I practiced intensively for years and years. Specifically, I practiced Vipassana as taught by S.N. Goenka. This form of meditation, which the Buddha brought to us, can indeed be a very helpful and useful tool, *but only if the practitioner is well-regulated enough to experience their body as it is.*

Anyone who has a moderate to high level of dysregulation in their nervous system, which is most of us, will have a great deal of difficulty practicing this without dissociating, because their body, *as it is*, is a chaotic and painful place to be.

What happens for these folks, including me, is one of two things.

One, they become overwhelmed, panic and leave the practice, which is the best possible outcome for them, because at least they allowed themselves to flee from an experience that was overwhelming them.



Or two, and my gut feeling and personal experience tells me that this is what happens most of the time, the person dissociates and goes more into the freeze state which is already occurring within them. This second option is truly the most insidious, because the freeze state can feel a lot like “peace.”

In the freeze state, your breathing, pulse and entire metabolism all slow down, and at worst, shut off entirely. Because the freeze state is the body's protective response to being gnawed on by a predator, you literally feel less sensation. These things easily masquerade as a feeling of zen-like calm, when in reality what is happening is that the person's dysregulation and fragmentation is being reinforced. To make matters worse, there will be a tendency to return to that state again and again, because it can feel so peaceful.

It's like the captain of a ship who, confronted with a terrible and raging storm, retreats to a sensory deprivation tank in his cabin. There is a video screen inside his tank that lets him witness the storm happening outside, but all is peaceful in the tank. There, floating in quiet, suspended in water, he is barely able to feel the violent rocking, or hear the main mast snapping. The captain rests, as his ship is drawn down and crushed beneath the waves.

It is my contention that until we deal directly, at both the personal and global level, with our dysregulation (which has to be a slow and gentle process supported by a knowledgeable witness), no amount of meditation is really going to get us anywhere.

It is also my contention that the pursuit of Ascension (the second kind - the one where we can merge with our Light Body and escape the 3rd Density) by the New Age community is a reaction to trauma,

at both the personal and global level. It is a desire to escape the pain and suffering that is here, rather than engage with it.

I believe that just as the psyche is fragmented by trauma and dissociation, so is the soul fragmented through this kind of Ascension process, if it does not include all aspects of oneself, or that leaves others, the “poor slob”, behind.

Throughout history there have been many, many documented cases of people who achieved this kind of Ascension. Without exception, these folks have made it to that state through a process of “purification.” This means they are not engaging with “worldly things” or “the lower nature.”

They are not working 9-5, nor will they be engaged in a sexual relationship, have kids, eat steak or drink beer. Most who get there have probably stopped eating entirely, in fact they will have probably stopped doing *anything* other than sitting quietly, alone, while running energy through their body in a specific manner.

Like I said earlier, I believe we are all fundamentally rays of light that stretch through every level of Creation. When we propel our consciousness into the “higher” vibrations by denying the “lower” ones, we abandon that part of our self. When viewed this way, even the phrase, “I want to raise my vibration” doesn't make sense. There is no vibration being raised - that vibration already exists, we are simply moving our attention there, a process that is more easily facilitated by cutting ourselves off from the dense and difficult “lower nature.”

Energy is neither created nor destroyed, it only changes form, so

what happens to that portion of our soul ray that gets abandoned by our consciousness when we Ascend in this way? My feeling is that it gets left behind to reincarnate into life situations that are rife with starvation, poverty, birth defects, and violence. It is left behind as fragments that have almost no access to the “spiritual” vibration that abandoned it.

That is what I have a memory of being told by the Folks (my affectionate term for the Prime Creator Pair, the Mother and Father), the last time I Ascended in this manner.

Basically, I got back to the Godhead ready for high-fives, only to be greeted by long faces.

“What?” I said, “I made it didn't I? I learned my lessons in duality through many lifetimes of struggle until I ascended, that was the plan, right?” That was when they took me by the hand, explained the process of soul fragmentation to me, and gently pointed out the mess I had left behind, through my many lifetimes of “spiritual” pursuits.

“Sorry”, they said, “We only learned this about Ourselves recently. Ascension of this kind is just no good if it means leaving parts of Ourselves behind. We thought that by this process we would lift up those lost parts of the Mother. We thought that by you focusing your attention on the finer Densities, you would automatically make that available to her, but we were too results-oriented in our thinking to see that *the process by which this happens is the most important thing.*

Many of the lost pieces are just too traumatized to simply 'increase their vibration'. In fact, it turns out that kind of bright, fast light is

actually quite terrifying to her.

What is needed, we finally realized, is a slow, gradual process of healing that makes space for even the most damaged pieces. We must soften our light and gradually, in a slow and gentle way, bring it to her there. We cannot just shine a bright light and expect her to approach, nor can we take a bright, high vibration energy directly to her.

***We must meet her where and how she is, and the only way to do that is through the vessel of a human body – which is the only embodied form in Creation that can access both our vibration in the Godhead, as well as the depths of Hell where She is.”***

Hearing this update from my beloved Parents, I groaned like a teenager and said, “Shit! I have to go back, huh?”

And smiling, they nodded their heads.

## **The Pleiadians told me to do it!**

So right now you might be wondering about the countless volumes of New Age texts out there that I am disagreeing with. Am I claiming to be more wise than the Pleiadians or Andromedans? Does Archangel Michael have it wrong? Is the Sphere Being Alliance deluded?

The answers are no, yes and maybe.

A lot of the information in those books is right-on in terms of our interconnection, our potential to be beings of infinite freedom and grace, our place as members of a vast, universal community, and the fact that we are in a time of great change. It's just the how and why of Ascension that I'm saying is outdated and needs to be discarded.

Those books were written during the last energetic cycle which ended, in the Mayan system, on 12/21/2012. This date also lines up, more or less, with the Vedic cycles known as Yugas and it also marked the movement of our solar system into a new energetic region of the Galactic rotational cycle, which began that change in the Sun's output which I mentioned earlier.

This last cycle was a period of time in which we have been dominated by the Masculine energy. Some of the ideas expressed and channeled during that time were coloured by the sort of up vs. down, high vibration vs. low vibration, us vs. them thinking, that a Masculine-dominated energy promotes. It is only now, as we enter into this new time, during which the Feminine will be on the

ascendant, that new information is starting to be more widely available.

Also, like I said before, so much of the New Age material is well-crafted, highly sneaky disinformation produced by the Cabal.

Being a fleshy human on 3D Earth as I am, where I can have my ear to the ground, maybe this new information about how to work with the Mother and the 3rd Density is more available to me than it is to other, more etheric beings, who already may have some judgments about this level of reality, which would predispose them towards *not* hearing the message that **plans have changed**.

I think that lots of the messages we have received from our Intergalactic friends have been inspiring and valid *for their time*, but the process by which that paradigm is to develop needs to be different than was previously thought. Even the message from the SBA, which is both current and valid, is simply incomplete in its understanding of what needs to happen first, in order for us to Ascend.

There *will* be birth pangs of the new Golden Age, some of which we are already experiencing; such as tsunamis, economic collapse, sickness, climate change, war, and the rest. As the Cabal kicks, screams and hangs on for unholy life as the carpet is pulled out from underneath them, there may well be some significant drama in the world that continues for a time.

Ultimately though, it is my firm belief and gut knowing that we are headed for a wonderful and harmonious time on this planet; a time when those humans who have reached a certain level of

understanding no longer look to Ascend and escape, but instead turn inwards to examine themselves; and if they have genuinely developed an expansive, self-regulated autonomic nervous system and reintegrated much of their soul fragmentation, that they then reach out and help others who are less fortunate and less well-regulated than themselves.

Those whom currently deem themselves “highly spiritual”, if they allow themselves to open up to some of the possibilities I've been talking about, may find out that what they actually are is deeply frozen, or deeply disassociated, or cut off from the “lower” nature of the world.

If you can Ascend while discussing the phone bill with your wife, while the kids argue in the next room, while enjoying a burger, fries and beer, then be my guest. In other words, if you can expand your vibrational awareness while being fully engaged with the dense, material, messy, lusty world then wow! Go for it! But *then* what will you do?

It's easy to forget,  
that we came here to *be here*,  
right now, in this time and place.

## Practical steps you can take

So what's next?

I hate to be downer, but I'd say that what's next is the real work.

First of all, let me reiterate that I **do** still believe that it is our nature, our potential and our destiny, to be infinite beings of light; truly capable of experiencing Creation at any level of Density we desire, be it fleshy or etheric.

What I think needs to change is our attitude about the *process*, for it is truly the process that matters, not the end goal.

Also, I don't think that everything that has happened up until now was a mistake. It was totally necessary to get us to this place. There is now this beautiful vision that has been planted in our consciousness that we are multi-Density beings of light who inhabit an Intergalactic community. This vision has been seeded and nurtured by all who have questioned and sought, defended the Light, explored and defied convention, been of service to others, or sought to better themselves.

Let's just expand the compass of that energy now, so that we can include *all* aspects of the One mind, and not leave anything out because it has been judged as “low” or “Earthly” in some way.

I used to always think about divinity in a top down model. As above, so below, etc. In terms of the mechanics of creation, it seemed to me



that the electric principle (Father, or Spirit) set intention which the magnetic principle (Mother) would then respond to and bring into form; that the Mother responded to the designs of the Father; but now that I've allowed myself to ask the question, “Well, what inspired Father's intention in the first place?”, I see that *it is the desire of the Feminine which is fundamental. She inspires the act of Creation.*

*It's time to switch our focus.*

*Instead of making it so, allow for the wisdom of your desire to gently move you.*

*Instead of ascending, expand.*

*As below, so above.*

If you resonate with this message, if you suspect that there may be some traumatized and dysregulated bits of your own psyche and nervous system that have been hiding from you, or maybe shouting at you, then I highly recommend checking out Somatic Experiencing.

I am a SE practitioner myself as well as a Light Worker. In these sessions I help people to renegotiate trauma which also allows their “higher” self to land in their body.

So many of us came to this planet as huge beings of light, clear in our mission..... and then **WHAM!** The shock of the harshness of

this place and the kind of energies and experiences that are here quickly made a large portion of our selves retreat into the finer Densities. From that place we do our best to assist and guide our little selves down here, but resolving trauma creates space for ALL of our Self to land. Which is awesome.

There are lots of methods out there for dealing with trauma. Some are body-based and some are not, and all are potentially useful. If you are a trauma survivor and are able to feel your body and are willing to do so, then I think Somatic Experiencing is the best way to go. Don't take my word for it though, read one of Dr. Peter Levine's books, like *Waking the Tiger*, or *In an Unspoken Voice*, check out Irene's videos and online programs, and decide for yourself.

People whose nervous systems are so disorganized that they are unable to feel their body, or maybe they can feel it but it's just too painful to spend time in there, won't yet be able to participate as well with classic SE, but could benefit greatly from a form of somatic therapy called Somatic Practice, the work of Kathy Kain, or they can investigate a more top-down model along the line of CBT (Cognitive Behavioral Therapy), in order to develop some resources first.

If you are one of those rare beings who is actually well-regulated and trauma-free then it's your mission to be of service and use your gifts for the betterment of others.

No matter what you do though, the starting place is your intention.

If you begin by holding the intention that you become aware of *all* of yourself, if you allow yourself to soften into the possibility that you may have been damaged in ways you've forgotten or hidden from

yourself, if you find the strength to stand up for your own right to heal, if you allow for your imperfections to be revealed, if your underlying desire is to be of service to humanity, even though that may mean you have to work on yourself first, then you are going in the right direction.

## The Mother's Dream

Even if I could experience living in a 4<sup>th</sup> or 5<sup>th</sup> Density reality right now, I wouldn't.

Well, ok..... maybe I'd take a vacation, but then I'd come right back here to this messy ol' 3D world.

You see, the real potential and magic of the 3<sup>rd</sup> Density has been largely forgotten.

Yes, this is where the work is right now, but this is also potentially one of the most delightful vibrational experiences possible, we've just forgotten that because it has been so long since we've experienced the 3<sup>rd</sup> Density under the influence of an operational higher Density group consciousness! That is, a group consciousness that is based on tolerance, compassion, freedom, love, the betterment of oneself, service to others, and the knowledge that we are all Creators.

That is the Mother's Dream, at a least it's the one she whispers to me.

She tells me that a dense, fleshy, individuated existence that has the ability to be literally transformed by consciousness was the idea from the get go. This meta-physical body of ours *is* the possibility and hope that fuelled that first explosion of life, so long ago.

**The 3<sup>rd</sup> Density doesn't have to be so fixed and immutable, we've just agreed as a society that it is.**

There is a reason we have legends of elves and unicorns, fauns and satyrs, and all sorts of other magical creatures - they are genetic memories of other races and worlds, and of an ancient time when form change at the 3<sup>rd</sup> level of Density was possible.

A dream of living gardens and oak forests sculpted by desire.

Intelligent fish and dancing stones.

The ability to turn into light for your trip to GrexAbl#x!, and once you're there to sip a martini; to dig your fleshy toes into the soft, sensual sand of an alien shore.

It's all about having options.

That, to me, is freedom.

**That is the dream that my Mother whispers to me  
when I lay on the Earth,  
with one ear to the sky  
and the other pressed firmly to the ground.**



## About the Author

Seth Lyon is a Somatic Trauma Specialist, highly trained in a couple forms of nervous system based trauma healing: Somatic Experiencing, and Somatic Practice.

Before doing that he was a composer - sound healer - hippy freak - wizard - shaman - meditating light worker kind of guy, who lived literally in the woods in different areas of the US for about 15 years, learning and developing his own inner practice.



He has combined all his background and training into his current practice and life's work, Lifeforce Liberation – which focuses on restoring goodness and vitality to the human system through the renegotiation of past traumas.

He is also a Starseed, and before incarnating on Earth was a member of the Blue Avian group, which he has recalled along with previous lives, through his 20 years of meditation and inner work.

To check out his website just click on the banner below.



## **Thank you for going on this journey with me!**

If you would like to receive notification of when this publication gets updated with new information, or if you would like to receive other articles by me and be the first to hear about my upcoming online program for working with your energy body and chakras in an safe, trauma-informed, embodied way, just click below to join my mailing list.

